

# Endocrine Disorders of FGF23

Michael T Collins, MD

Skeletal Disorders and Mineral Homeostasis Section

National Institutes of Health



National Institute of Dental  
and Craniofacial Research



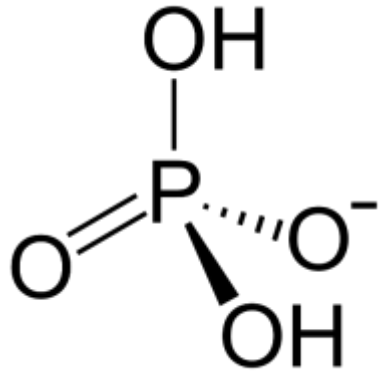
**CONGRESO**  
DE LA

SOCIEDAD CHILENA DE OSTEOLÓGIA  
Y METABOLISMO MINERAL - SCHOMM

26 y 27 DE ABRIL 2024

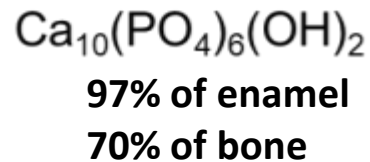
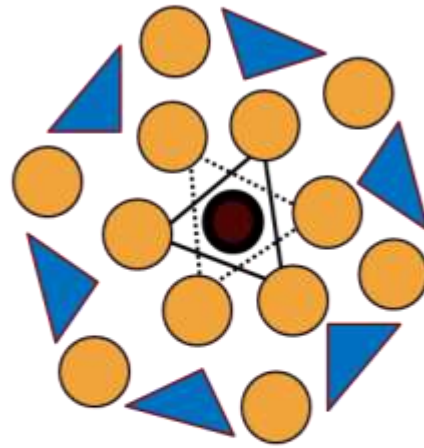
# FGF23 is the Primary Regulator of Phosphate

## Why do we care about phosphate?



- Energy: ATP
- Nucleic acids: DNA, RNA
- Membranes: phospholipids
- Signaling: cAMP, phosphorylation

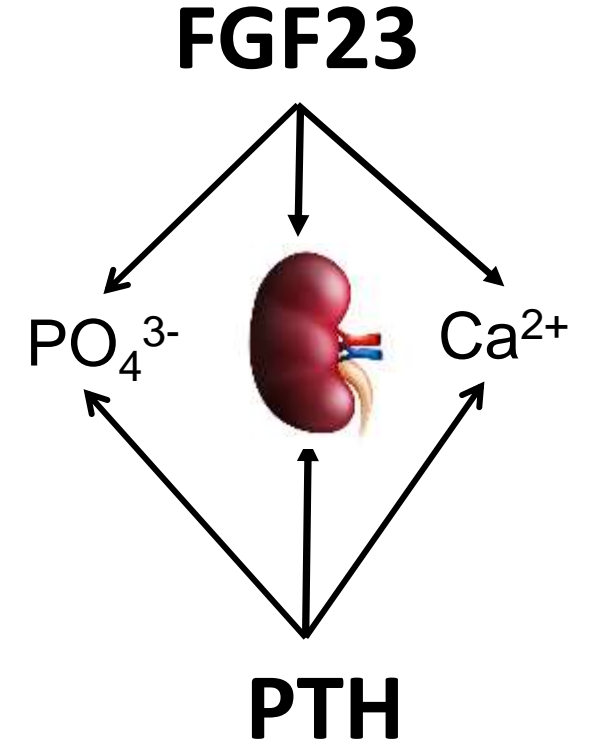
Hydroxyapatite



Mineralized tissues

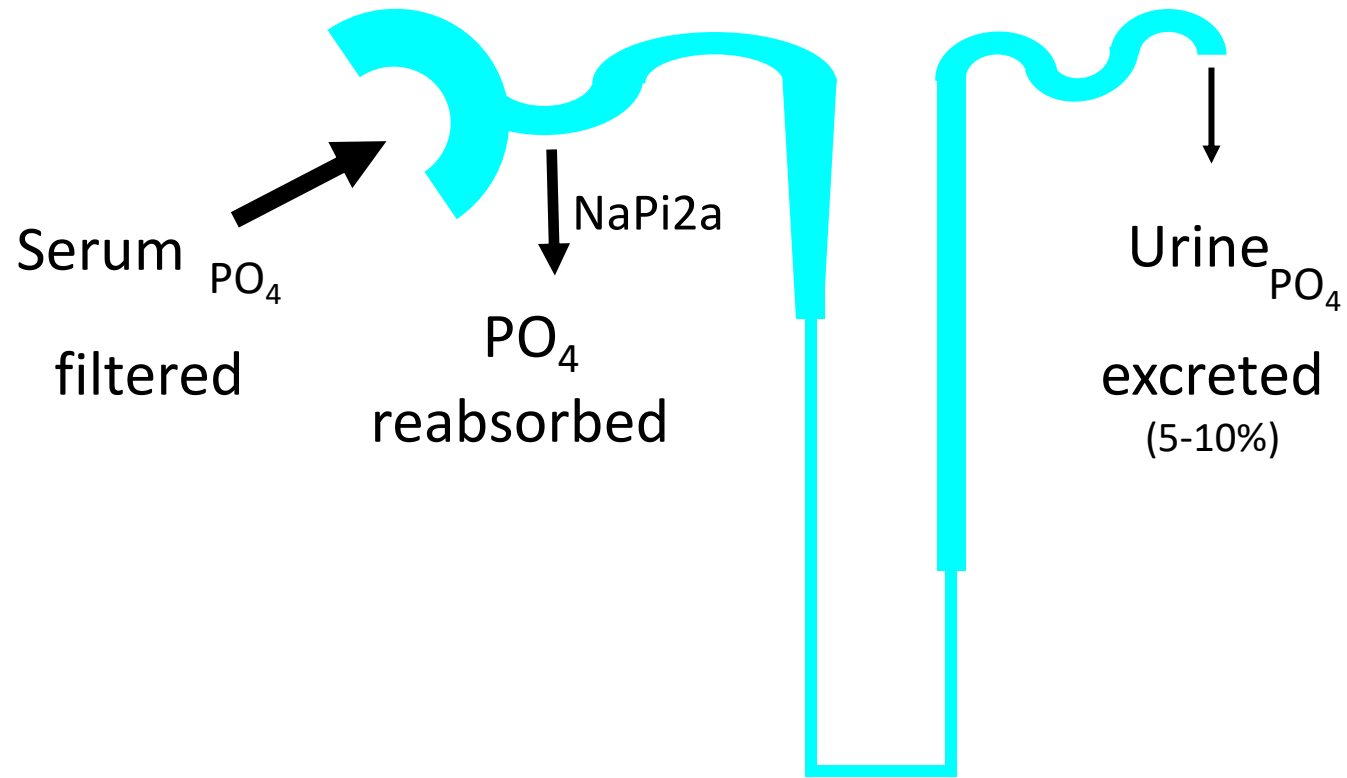


Mineral homeostasis

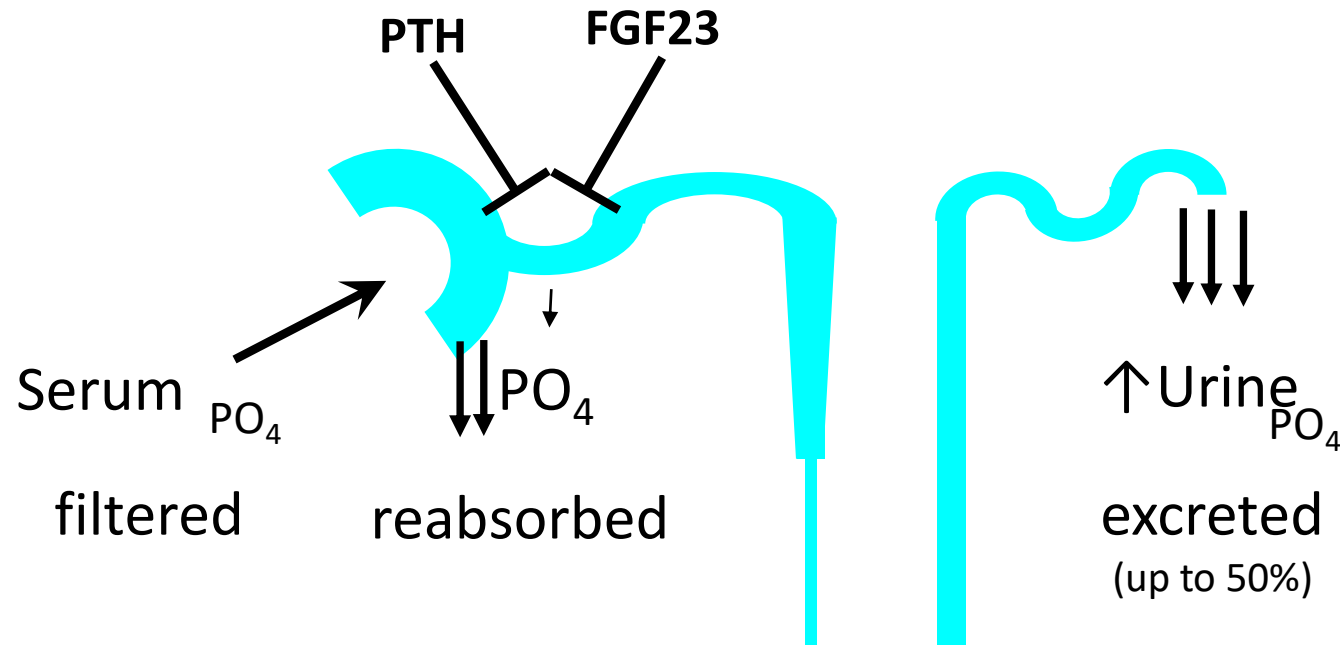


PTH= parathyroid hormone  
FGF23 = fibroblast growth factor 23

# Mineral Physiology – Phosphate



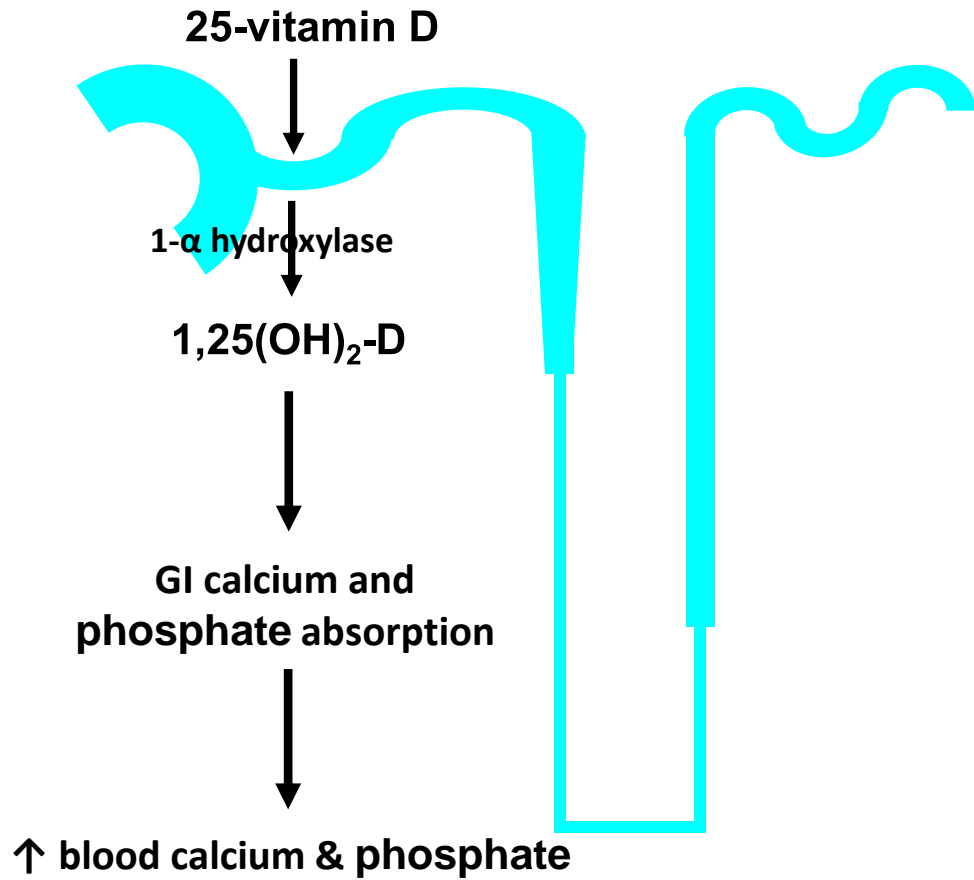
# FGF23 & PTH protect against hyperphosphatemia; synergize to increase urinary PO<sub>4</sub> excretion



**FGF23 and PTH actions are mutually dependent**  
(for either to fully work, both FGF23 and PTH must be present)

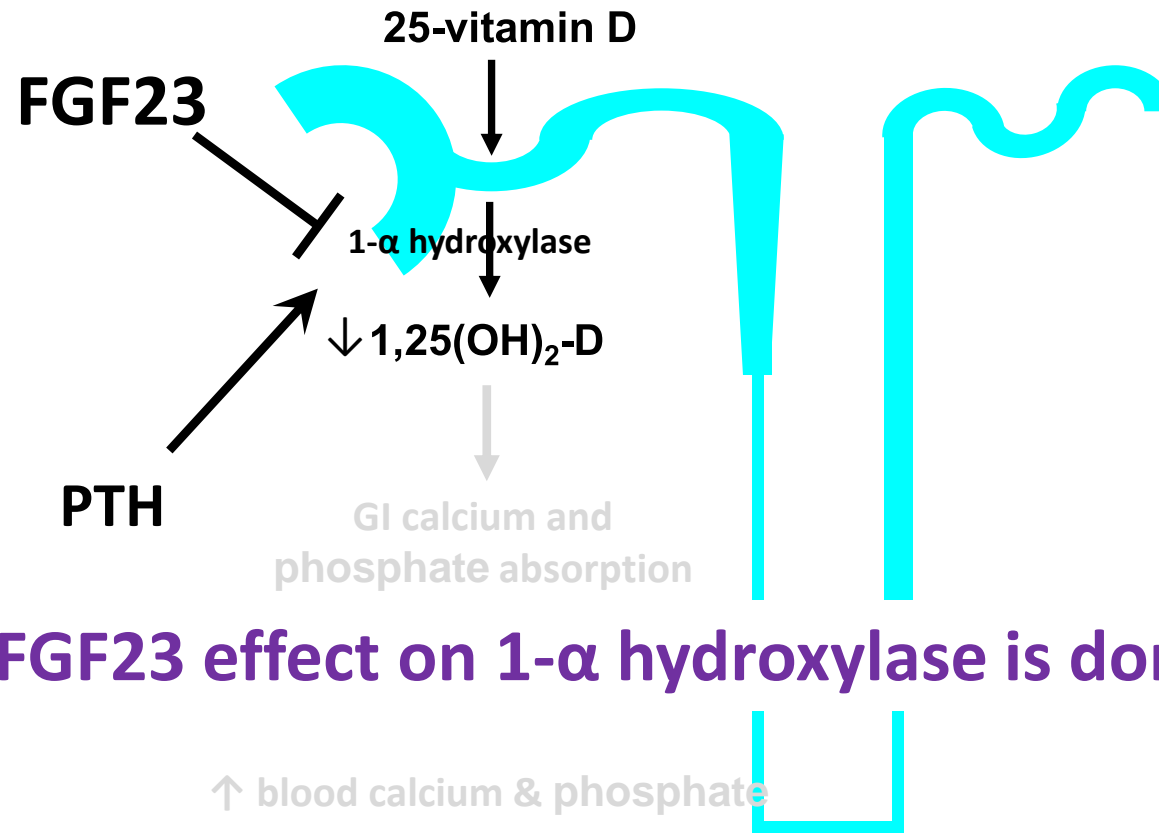


# Vitamin D Physiology



# FGF23 Inhibits 1,25-D Production

## PTH Stimulates 1,25-D Production



**FGF23 effect on 1-α hydroxylase is dominant**

# FGF23 Action and Regulation

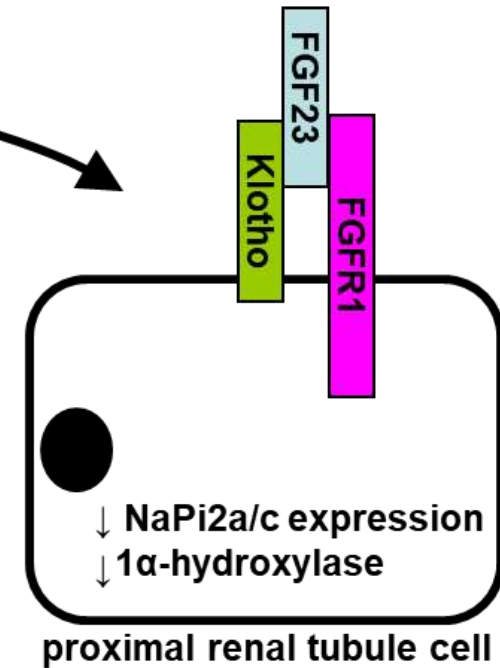
FGF23 is made by bone cells



- Collins, JBMR, 2001
- Riminucci, Collins, J Clin Invest 2003
- Sitara et al, Matrix Biology, 2004
- Mirams et al, Bone, 2004

regulates renal phosphate and vitamin D metabolism

FGF23



↓ serum phosphate

↓ serum 1,25-vitamin D<sub>3</sub>

phosphate

Shimada, JBMR, 2004

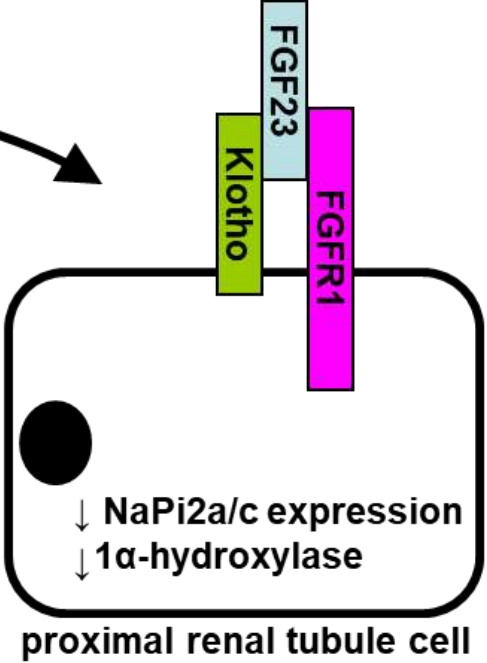
# FGF23 Action and Regulation

↑ Phosphorus  
 ↑ 1,25-Vit D  
 ↑ Ca<sup>2+</sup> + Pi  
 (HIF/Epo/Fe)

regulates renal phosphate and  
 vitamin D metabolism



FGF23



↓ serum phosphate  
 ↓ serum 1,25-vitamin D<sub>3</sub>

phosphate

**Phosphorus**

- Ferrari JCEM 2005
- Antonucci JCEM 2006
- Burnett JBMR 2006
- Dilorio CJASN 2012
- Roszko JBMR 2020

**1,25-vit. D:**

- Collins JBMR, 2005
- Kolek A J Gastr Liver Phys 2005
- Barthel J Ster Mol Bio 2006
- Liu A J Soc Nephro 2006

**Phosphorus + Ca:**

- Quinn AJPEM, 2012



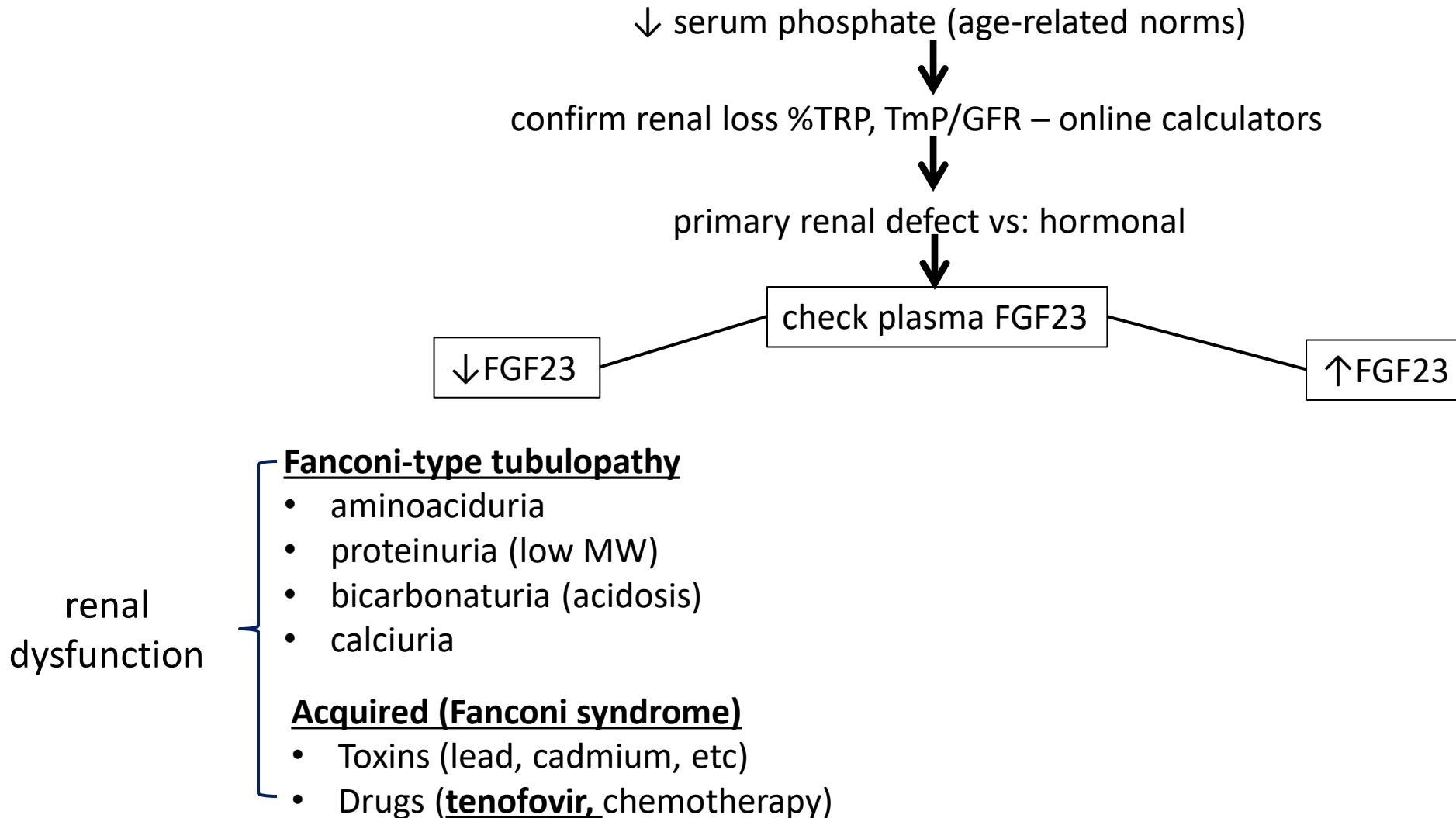
# FGF23-Mediated Diseases

	Condition	Abbreviation	Gene(s)	FGF23
FGF23 Excess	Tumor-induced osteomalacia	TIO	<i>FN-FGFR1</i> ( <i>FGF23</i> -secreting tumors)	↑↑
	X-linked hypophosphatemic rickets	XLH	<i>PHEX</i>	↑
	FD/McCune-Albright syndrome	FD/MAS	<i>GNAS</i> ( <i>mosaic</i> )	↑
	Autosomal recessive hypophosphatemic rickets	ARHR1	<i>DMP-1</i>	↑
	Autosomal recessive hypophosphatemic rickets/ENPP1 Deficiency	ARHR2/ENPP1 def	<i>ENPP1</i>	↑
	Cutaneous skeletal hypophosphatemia syndrome	CSHS	<i>RAS</i> ( <i>mosaic</i> )	↑
	Autosomal dominant hypophosphatemic rickets	ADHR	<i>FGF23</i>	↑
FGF23 Deficiency	Hyperphosphatemic familial tumoral calcinosis	HFTC (1,2,3)	<i>GALNT3; FGF23; Klotho</i>	↓
	Autoimmune tumoral calcinosis (FGF23 resistance)	ATC	FGF23 Autoantibodies	↑↑
	Renal Failure	CRF	N/A	↑↑

# FGF23-Mediated Diseases

	Condition	Abbreviation	Gene(s)	FGF23	
FGF23 Excess	Tumor-induced osteomalacia	TIO	<i>FN-FGFR1</i> ( <i>FGF23</i> -secreting tumors)	↑↑	←
	X-linked hypophosphatemic rickets	XLH	<i>PHEX</i>	↑	←
	FD/McCune-Albright syndrome	FD/MAS	<i>GNAS</i> ( <i>mosaic</i> )	↑	
	Autosomal recessive hypophosphatemic rickets	ARHR1	<i>DMP-1</i>	↑	
	Autosomal recessive hypophosphatemic rickets/ENPP1 Deficiency	ARHR2/ENPP1 def	<i>ENPP1</i>	↑	
	Cutaneous skeletal hypophosphatemia syndrome	CSHS	<i>RAS</i> ( <i>mosaic</i> )	↑	
	Autosomal dominant hypophosphatemic rickets	ADHR	<i>FGF23</i>	↑	
FGF23 Deficiency	Hyperphosphatemic familial tumoral calcinosis	HFTC (1,2,3)	<i>GALNT3; FGF23; Klotho</i>	↓	←
	Autoimmune tumoral calcinosis (FGF23 resistance)	ATC	FGF23 Autoantibodies	↑↑	
	Renal Failure	CRF	N/A	↑↑	

# Evaluation of FGF23-Mediated Hypophosphatemia

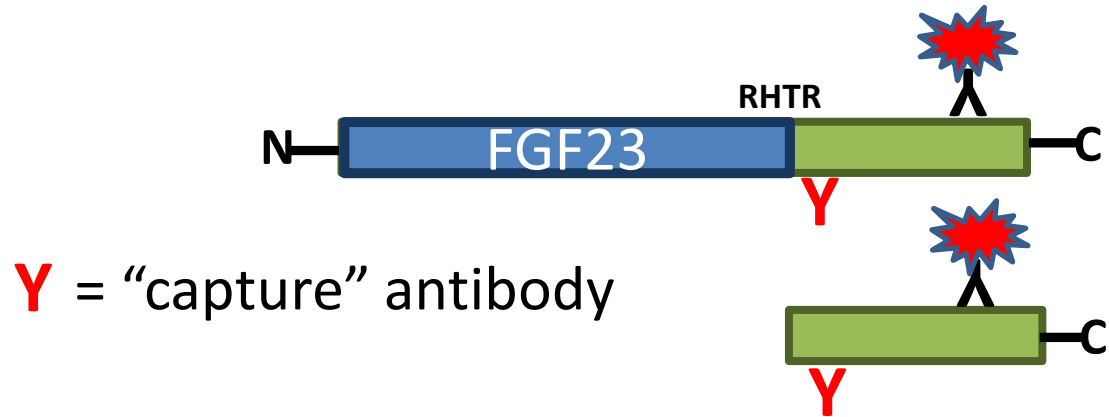


TRP = tubular reabsorption of phosphate

TmP/GFR tubular maximum reabsorption of phosphate

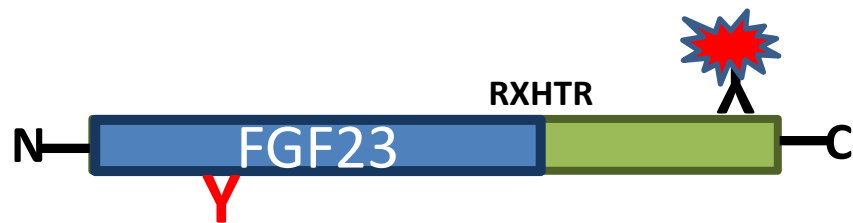
# FGF23 ELISA assays

 = “signal” antibody



## “C-terminal” assay:

detects intact and C-terminal FGF23  
reported in RU/mL (Immutopics, others)  
(normal <180)

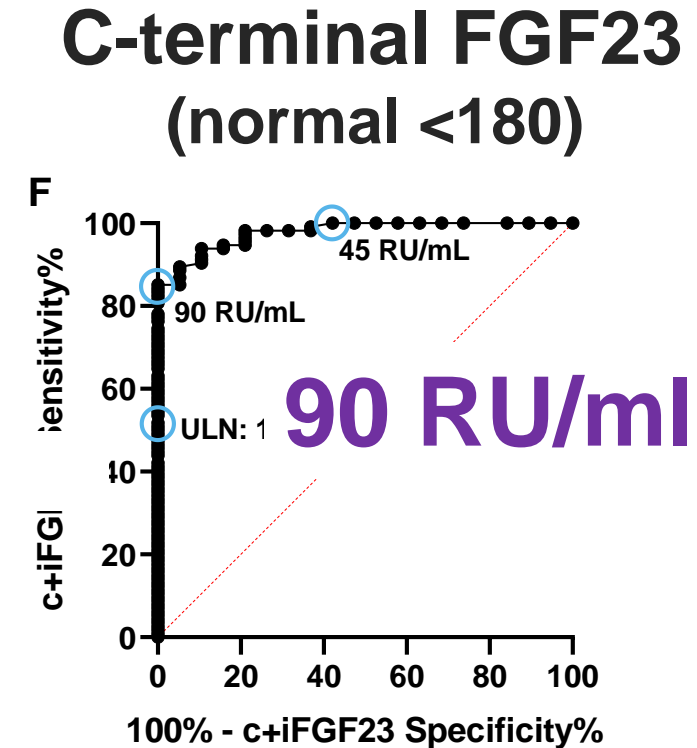
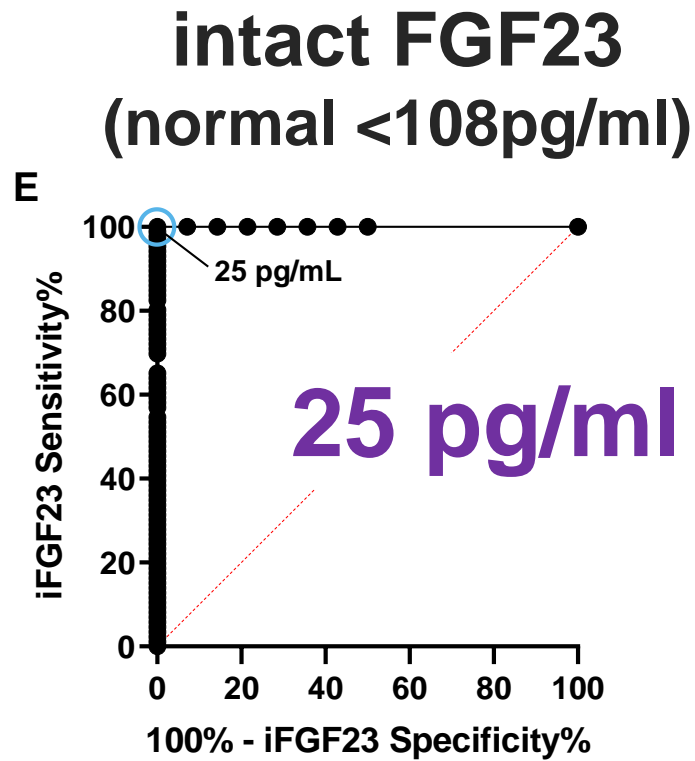


## “Intact” assay:

detects only intact FGF23  
reported in pg/mL (Kainos or Immutopics, others)  
(normal <108pg/ml)

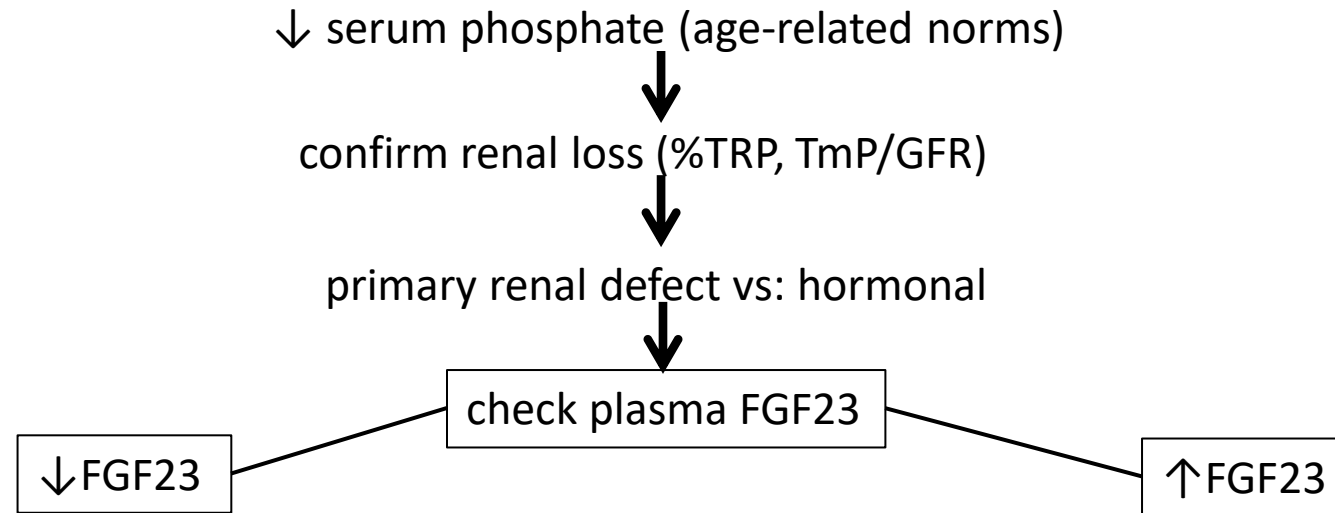
“C-terminal” assay measures both C-terminal *AND* intact molecule

# What is the FGF23 Upper Limit in Hypophosphatemia?



**In hypophosphatemia**  
25 pg/ml = upper limit intact FGF23  
90 RU/ml = upper limit C-terminal FGF23

# FGF23 Excess - Evaluation of Hypophosphatemia



## Fanconi-type tubulopathy

- aminoaciduria
- proteinuria (low MW)
- bicarbonaturia (acidosis)
- calciuria

## Acquired Fanconi syndrome

- Toxins (lead, cadmium, etc)
- Drugs (**tenofovir**, chemotherapy)  
tenofovir alafenamide fumarate

## Genetic

- same treatment
- X-linked (*PHEX*)
  - MAS (*GNAS*)
  - ARHR1 (*DMP1*)
  - CSHS (*RAS*)
  - ADHR (*FGF23*)
  - ARHR2 (*ENPP1*)
- start in childhood

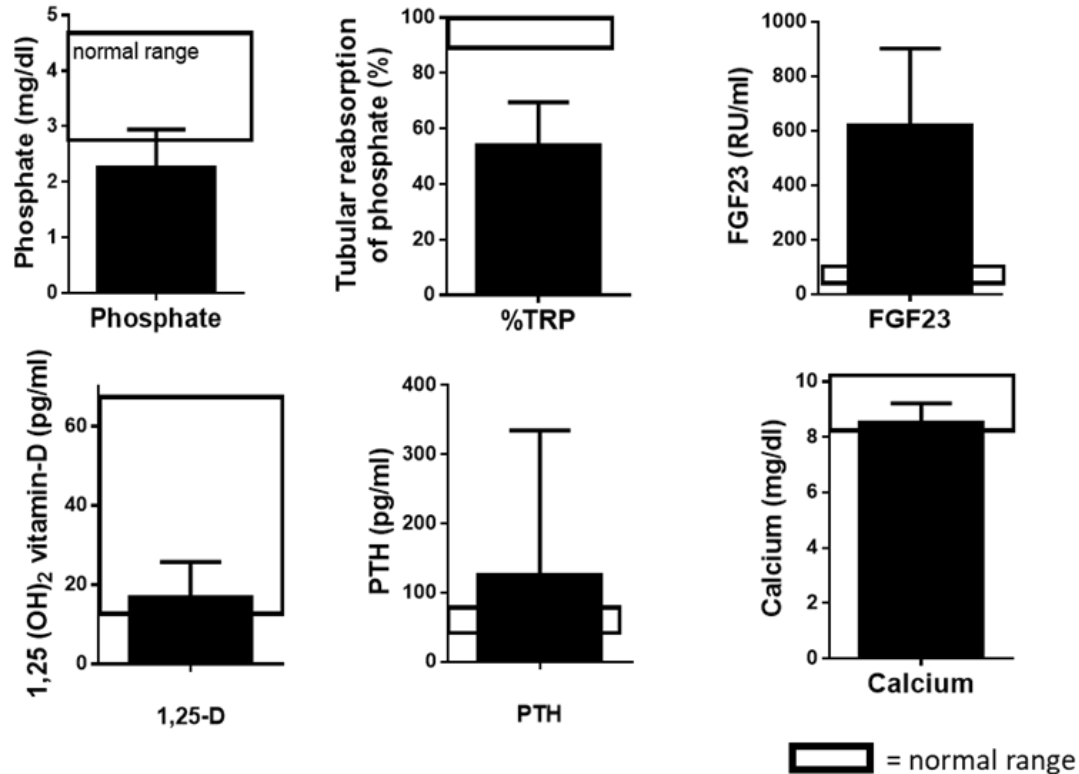
## Acquired

- TIO
- Metastatic cancers (esp. prostate)

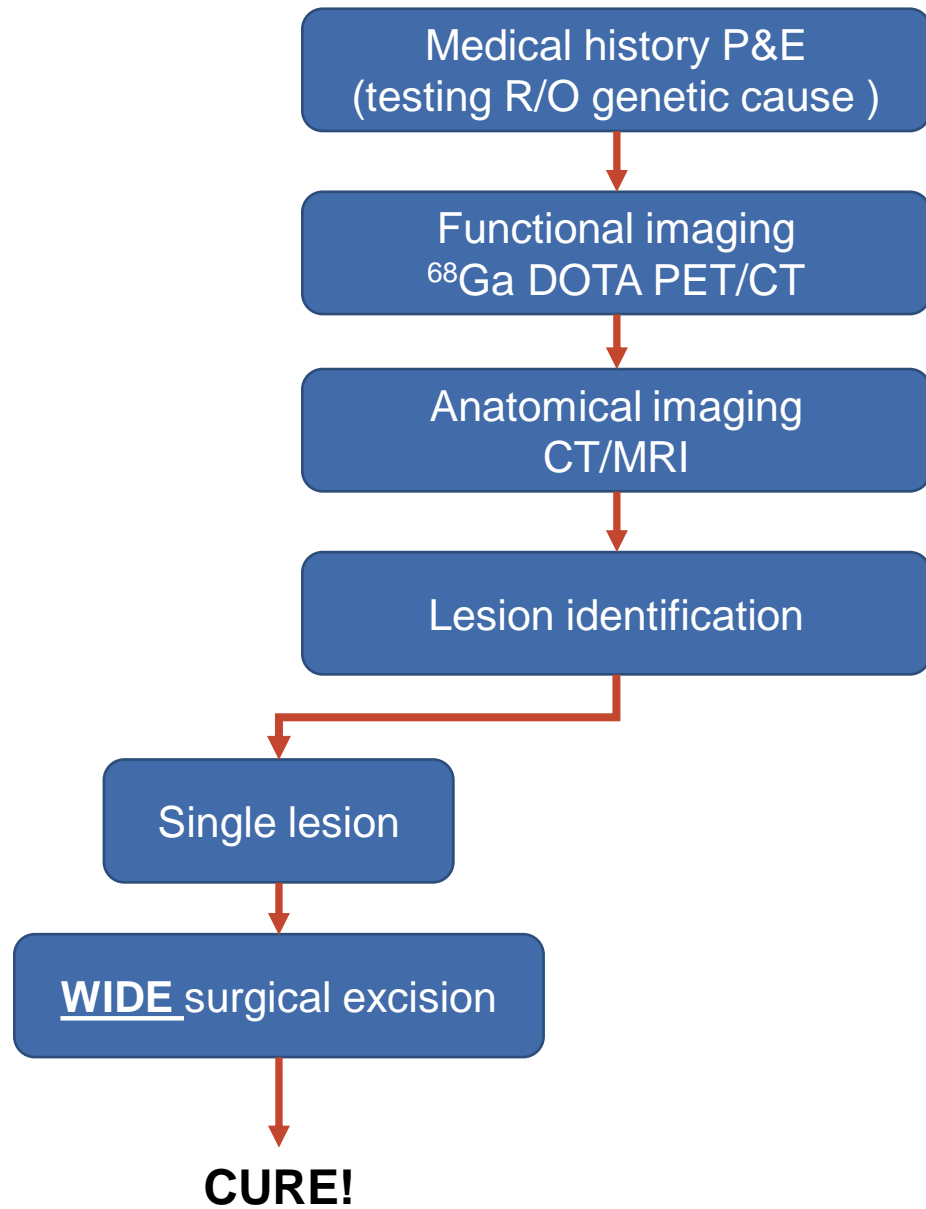
# FGF23 excess - Tumor-induced osteomalacia

- adult onset, previous nl phos
- pain, fractures, weakness

- small, difficult to locate tumors
- avoid biopsy, complete resection

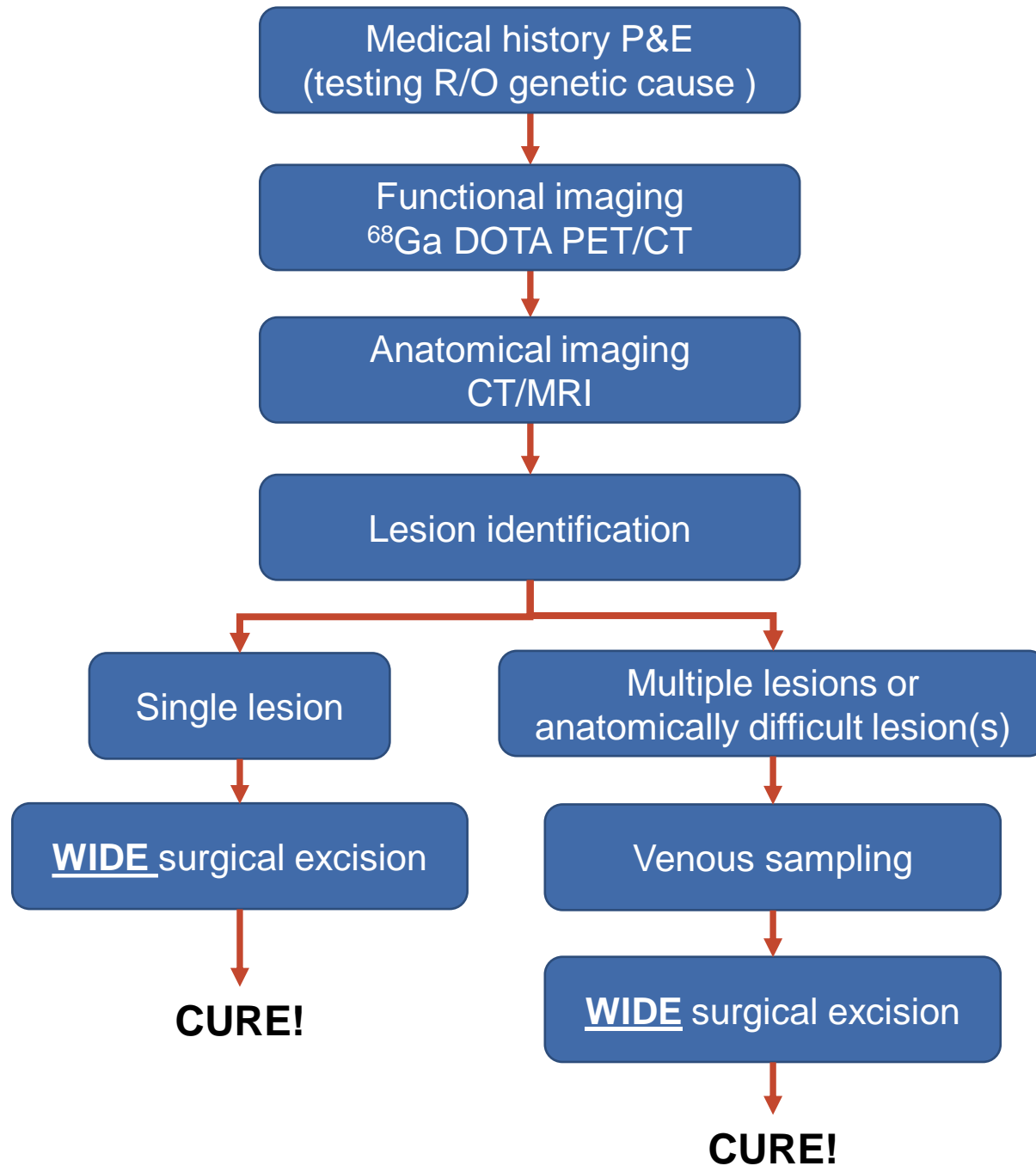


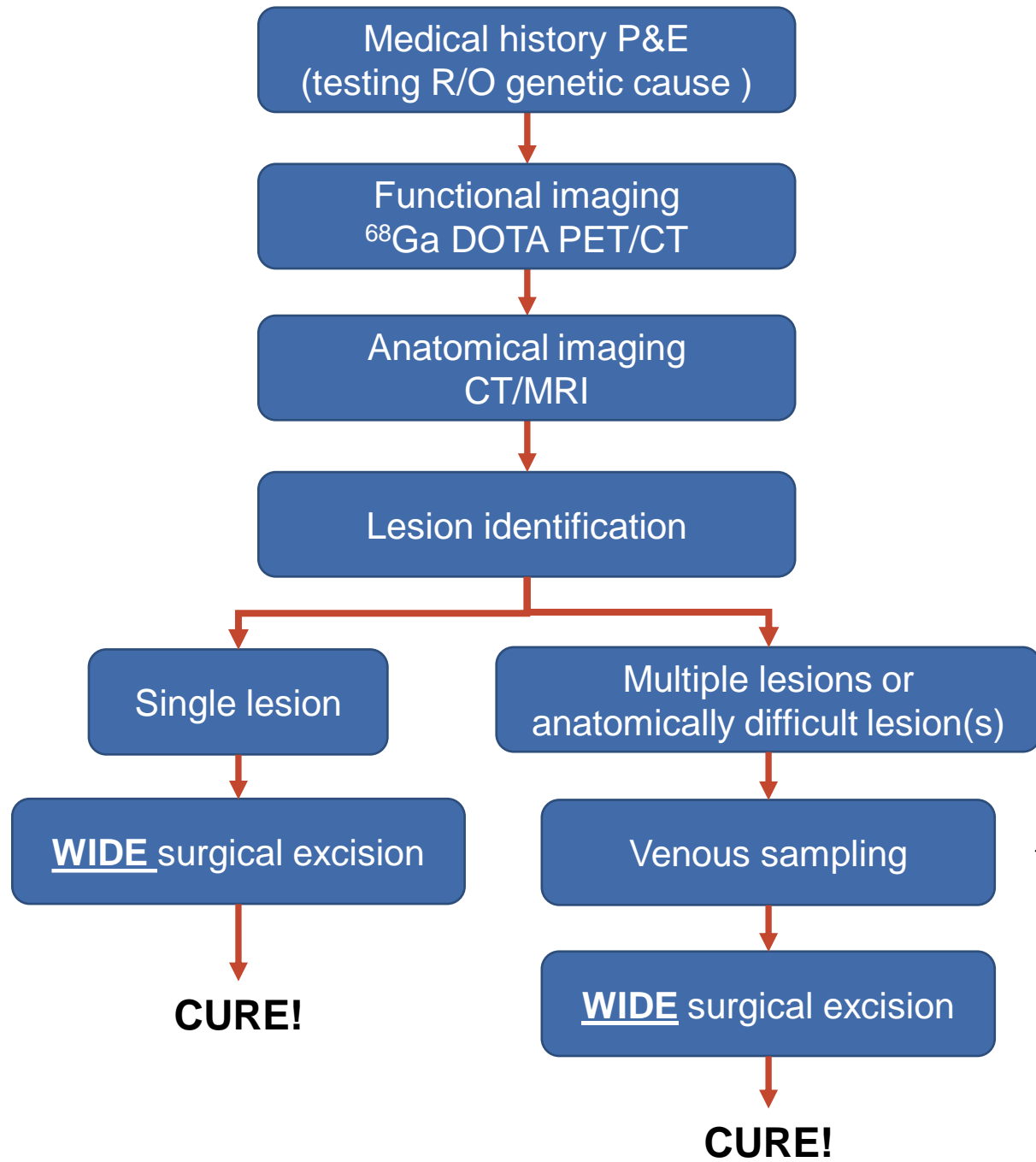
# Approach to TIO



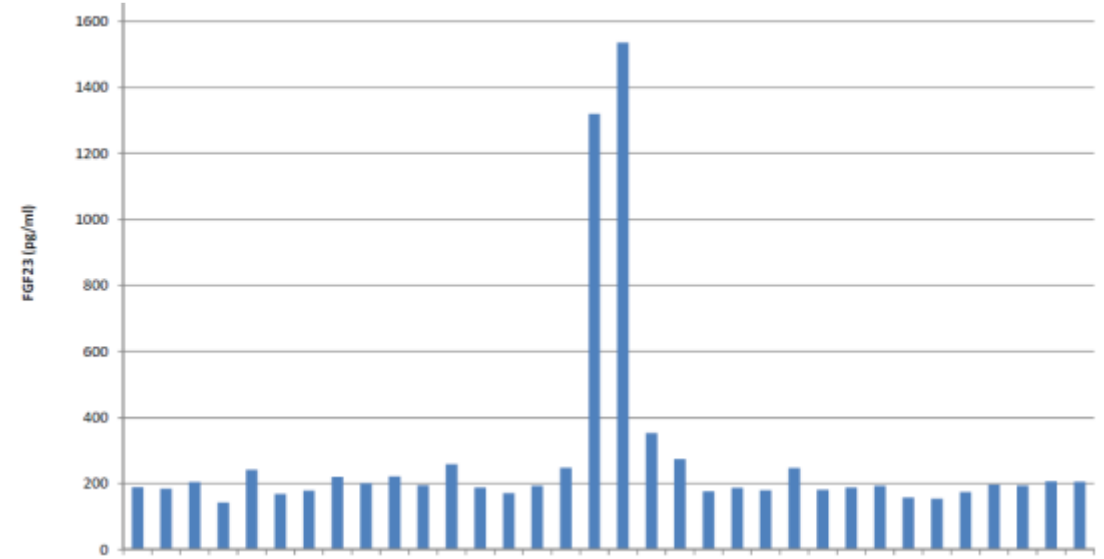


# Approach to TIO



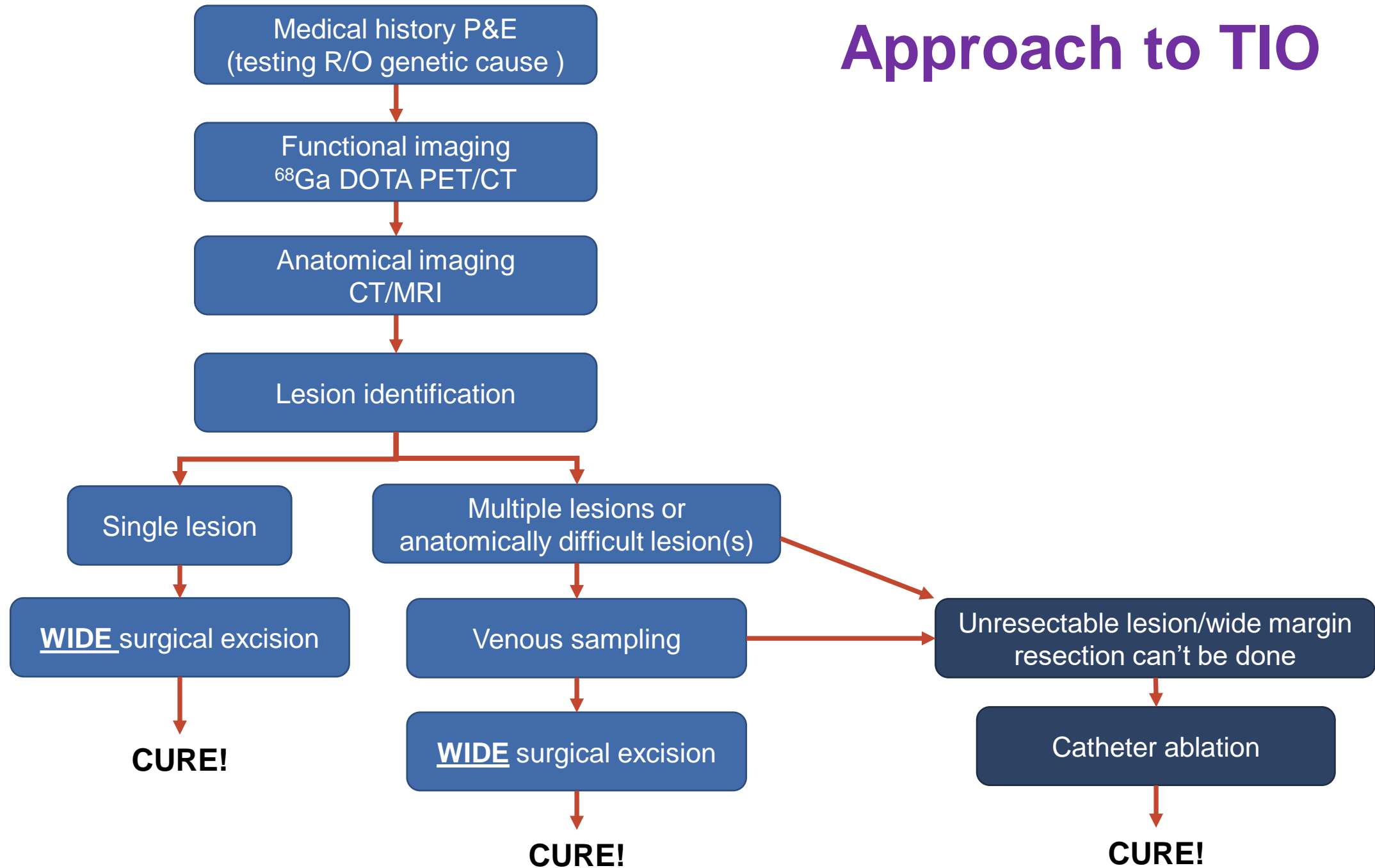


# Approach to T1O

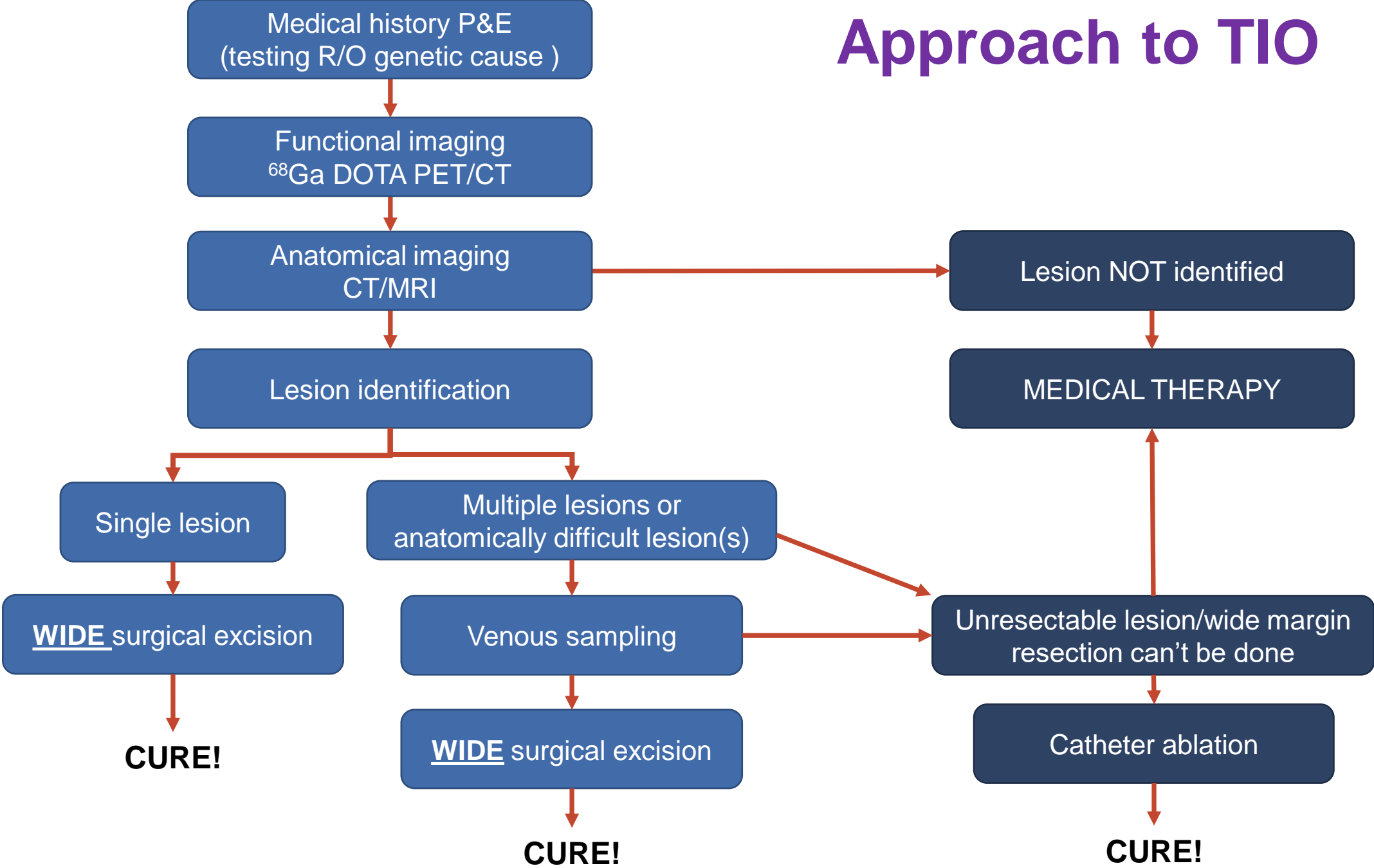


veins draining tumor  
confirm tumor site

# Approach to TIO



# Approach to TIO



# Findings in XLH

rickets



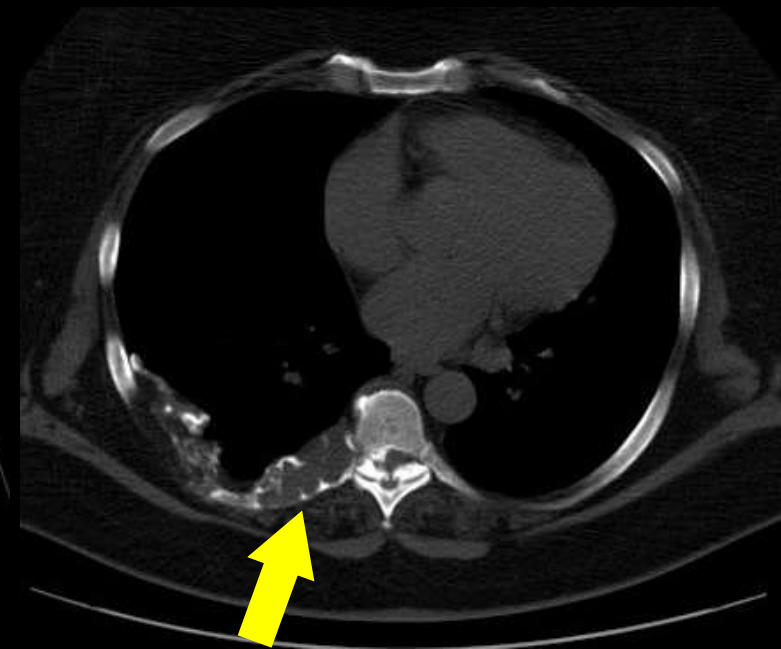
child with XLH

bowing & rickets



adult with XLH

pseudofractures



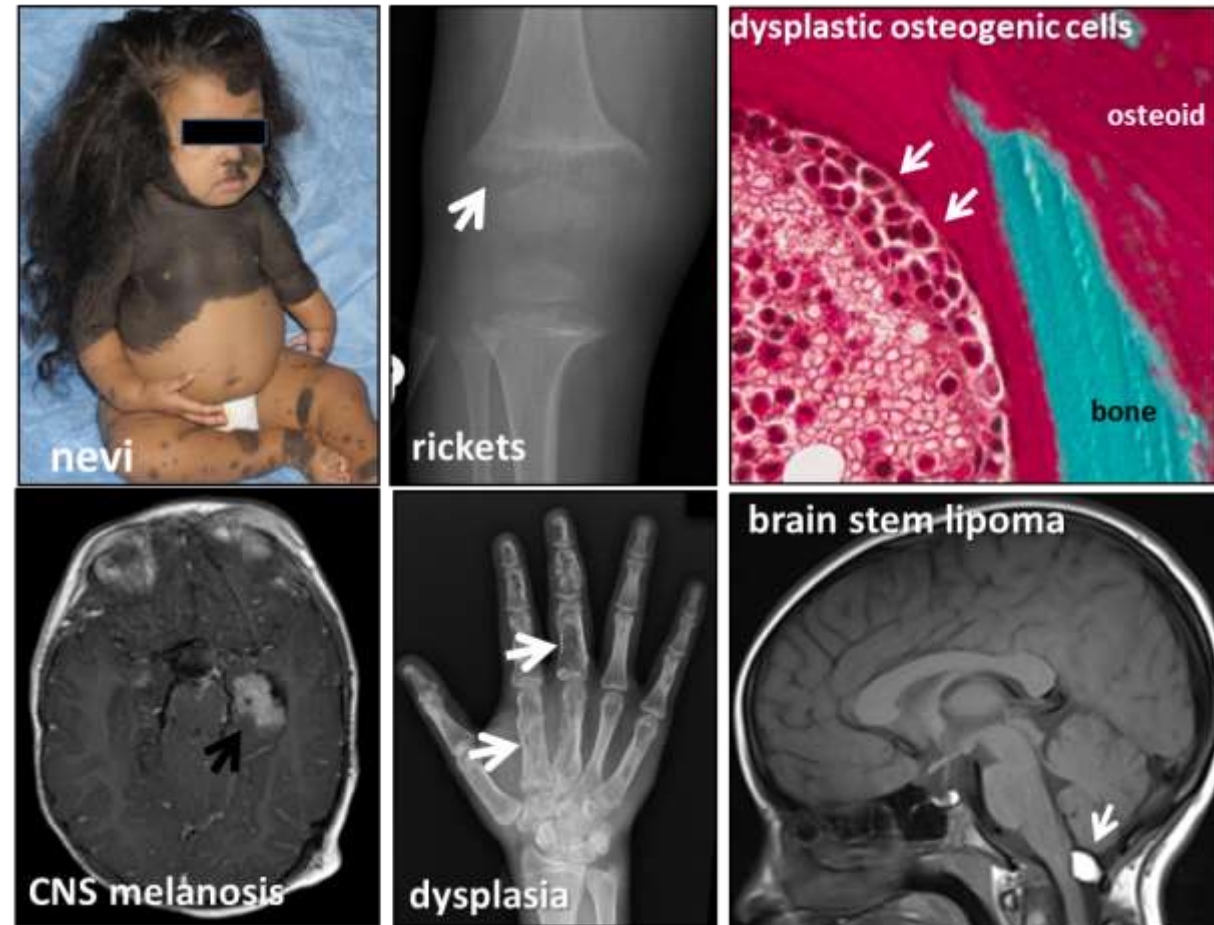
brown tumor  
prolonged, secondary/tertiary  
hyperparathyroidism

# Mosaic diseases of FGF23 excess

## McCune-Albright Syndrome (somatic gain-of-function mutations in *GNAS*)



## Cutaneous Skeletal Hypophosphatemia Syndrome (somatic gain-of-function mutations in *RAS*)



# FGF23 Excess Treatment - Phosphate Replacement

- 15-60 mg/kg elemental phosphate/day; 3-6 doses/day
- GI upset/diarrhea common
- Target remineralization (normalization of alkaline phosphatase), not necessarily 'normal' phosphate level
- secondary hyperparathyroidism common

## FGF23 Excess Disorders

### Genetic

- X-linked (*PHEX*)
- ARHR1/2 (*DMP1/ENPP1*)
- MAS (*GNAS*)
- CSHS (*RAS*)

### Acquired

- TIO
- Metastatic cancers

# 1,25 dihydroxyvitamin D Replacement

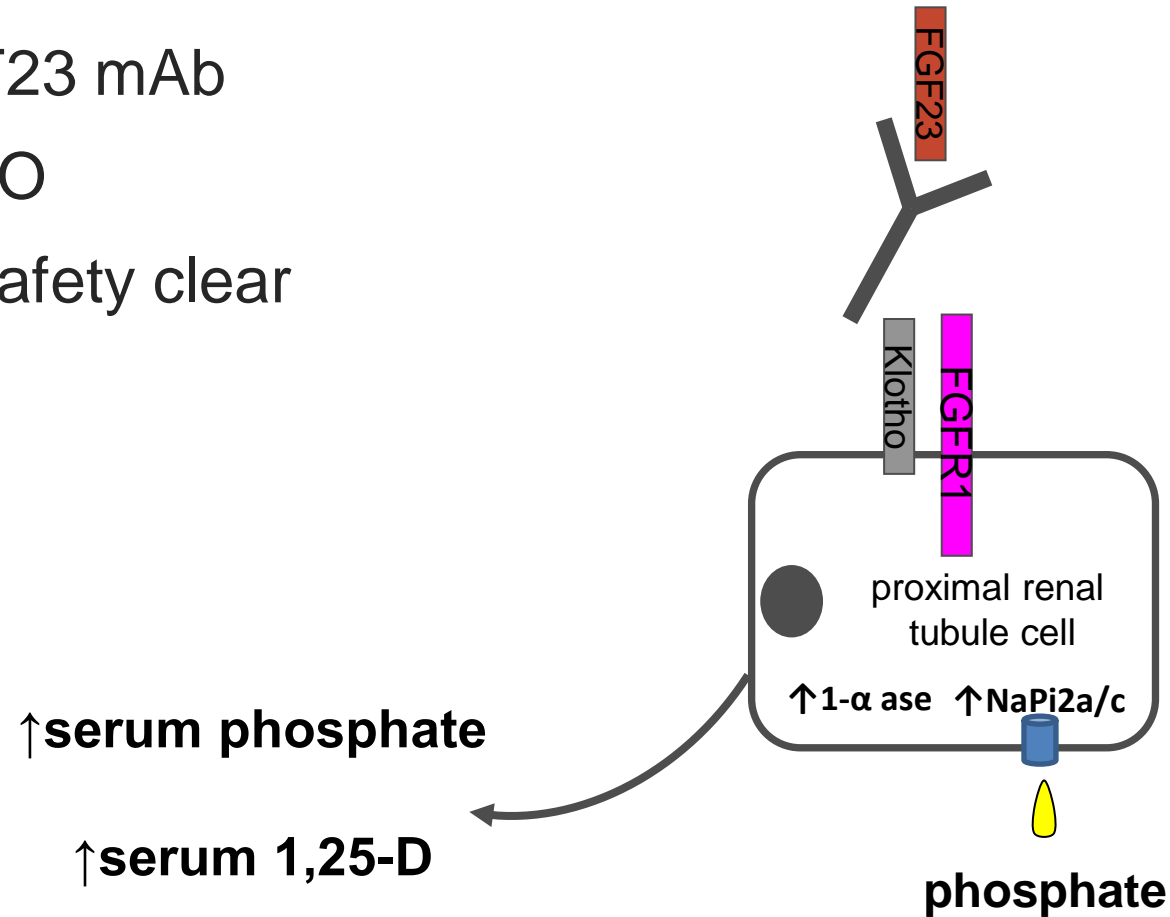
## Active vitamin D (calcitriol or alfacalcidol)

- 15-60 ng/kg/day
- Improves GI calcium (and phosphate) absorption
- Prevents/controls secondary hyperparathyroidism
- Can cause hypercalciuria (monitor 24-hour urine calcium)
- Target: PTH in the normal range without hypercalciuria



# Burosumab (Crysvita) Medical for FGF23 Excess

- Burosumab – anti-FGF23 mAb
- Approved for XLH & TIO
- Short term efficacy & safety clear
- Expensive (\$200K/y)

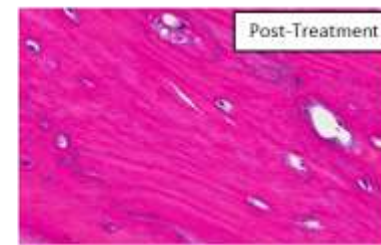
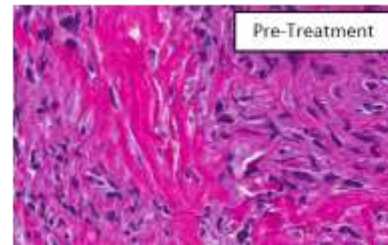
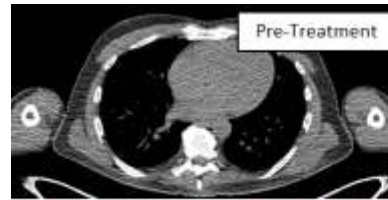
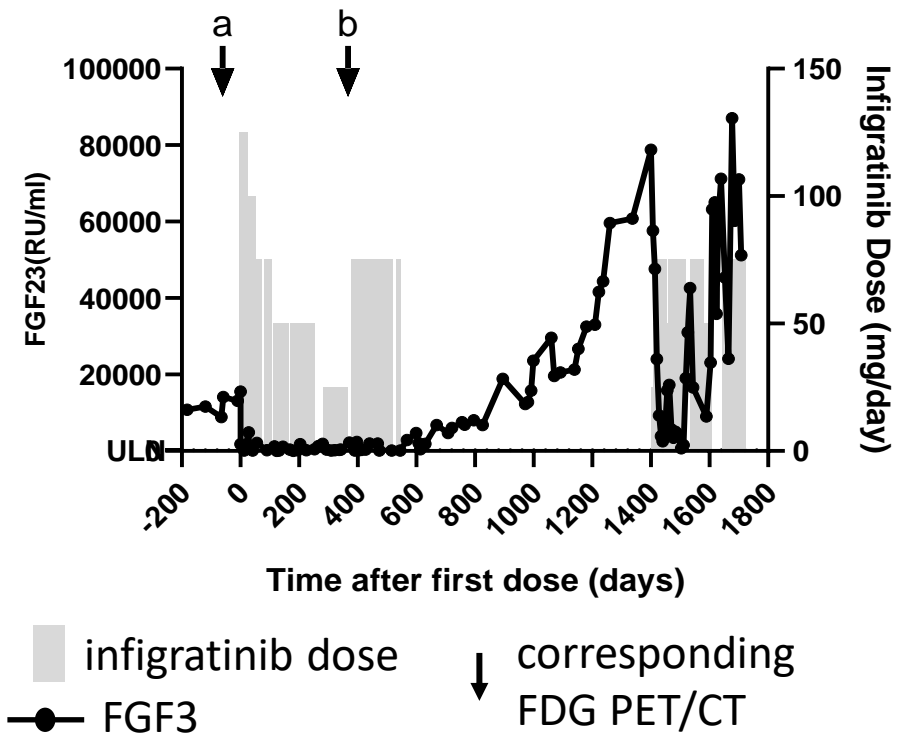


Imel, Lancet, 2019 RCT children XLH  
Insogna, JBMR, 2018, RCT adults XLH  
Carpenter, NEJM, 2018, Open, children XLH  
Imanishi, JBMR, 2020, TIO  
Jan de Beur, JBMR, 2020, TIO

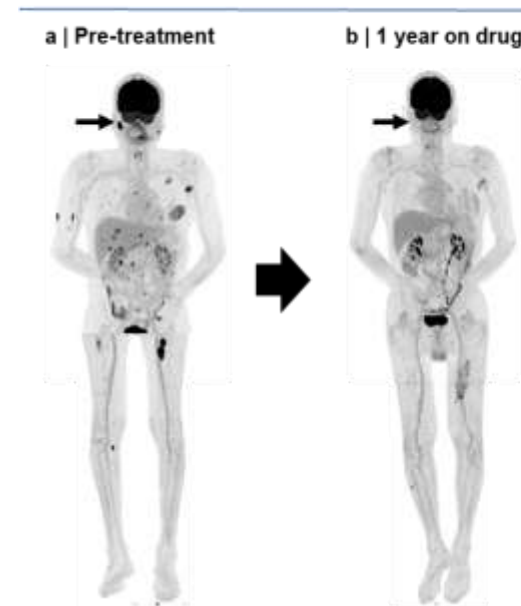
# FGFR Blockade in Tumor-Induced Osteomalacia

## Infigratinib:

- pan-FGFR inhibitor
- decreased FGF23
- tumorostatic
- metaplastic differentiation



INITIATION

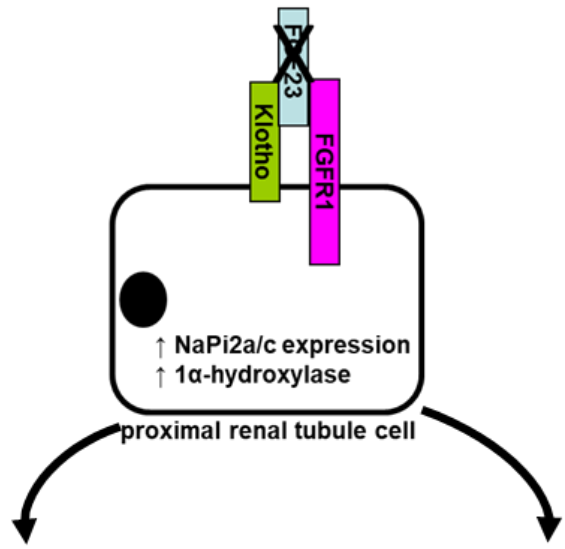


# FGF23 Deficiency -HFTC

	Condition	Abbreviation	Gene(s)	FGF23
FGF23 Excess	Tumor-induced osteomalacia	TIO	<i>FN-FGFR1</i> ( <i>FGF23</i> -secreting tumors)	↑↑
	X-linked hypophosphatemic rickets	XLH	<i>PHEX</i>	↑
	FD/McCune-Albright syndrome	FD/MAS	<i>GNAS</i> ( <i>mosaic</i> )	↑
	Autosomal recessive hypophosphatemic rickets	ARHR1	<i>DMP-1</i>	↑
	Autosomal recessive hypophosphatemic rickets/ENPP1 Deficiency	ARHR2/ENPP1 def	<i>ENPP1</i>	↑
	Cutaneous skeletal hypophosphatemia syndrome	CSHS	<i>RAS</i> ( <i>mosaic</i> )	↑
	Autosomal dominant hypophosphatemic rickets	ADHR	<i>FGF23</i>	↑
FGF23 Deficiency	Hyperphosphatemic familial tumoral calcinosis	HFTC (1,2,3)	<i>GALNT3; FGF23; Klotho</i>	↓
	Autoimmune tumoral calcinosis (FGF23 resistance)	ATC	FGF23 Autoantibodies	↑↑
	Renal Failure	CRF	N/A	↑↑

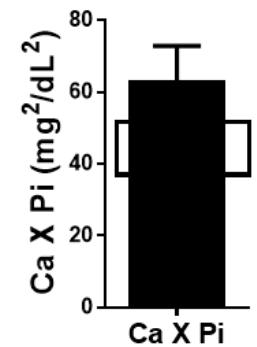
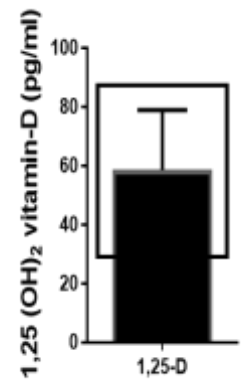
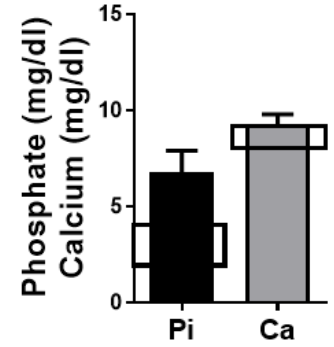
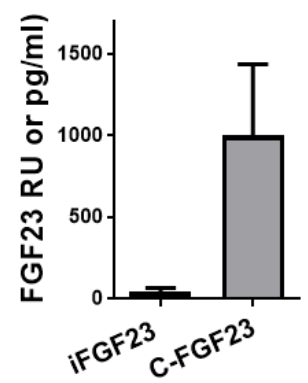


# FGF23 Deficiency – Hyperphosphatemic Tumoral Calcinosis



↑ phosphate

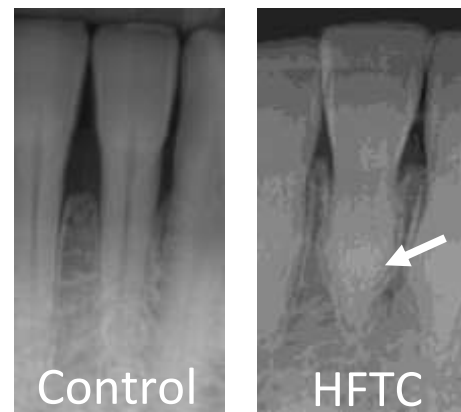
↑ Ca x Pi product



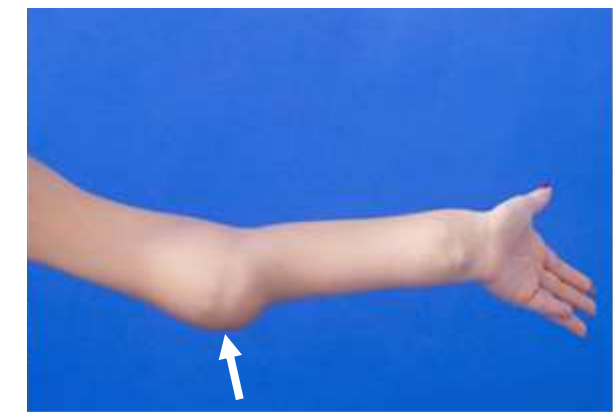
n=8; 1 SD;  nl range

Ramnitz, JBMR, 2016

**92%**  
Dental calcification



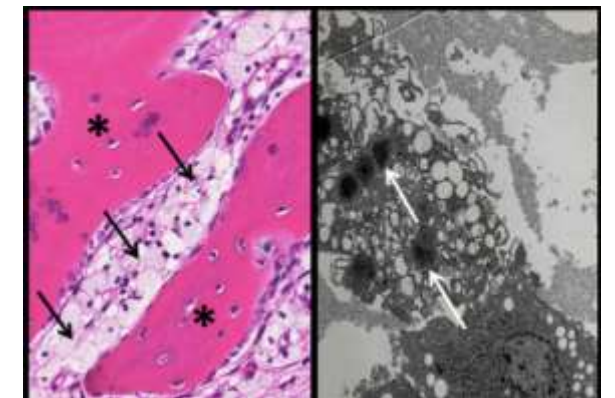
**82%**  
Soft tissue calcification



**59%**  
Vascular calcification



**47%**  
Inflammation (CRP)



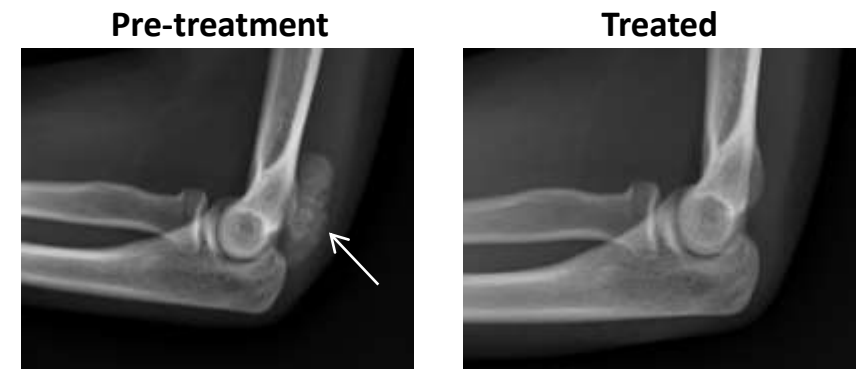
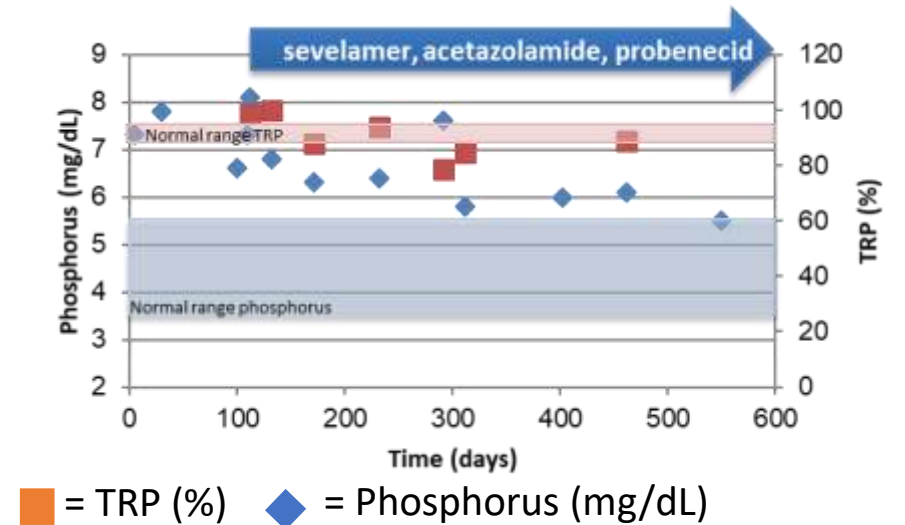
Lee et al JBMRPlus 2022

# Treatment Possibilities: lower phosphate, inhibit mineralization

## Existing drugs

- Decrease GI phosphate absorption
  - sevelamer, aluminum hydroxide
- Promote renal phosphate excretion
  - acetazolamide, probenecid
- Target inflammation
  - anakinra, canakinumb
- Chelate phosphate
  - topical thiosulfate

## Sometimes work

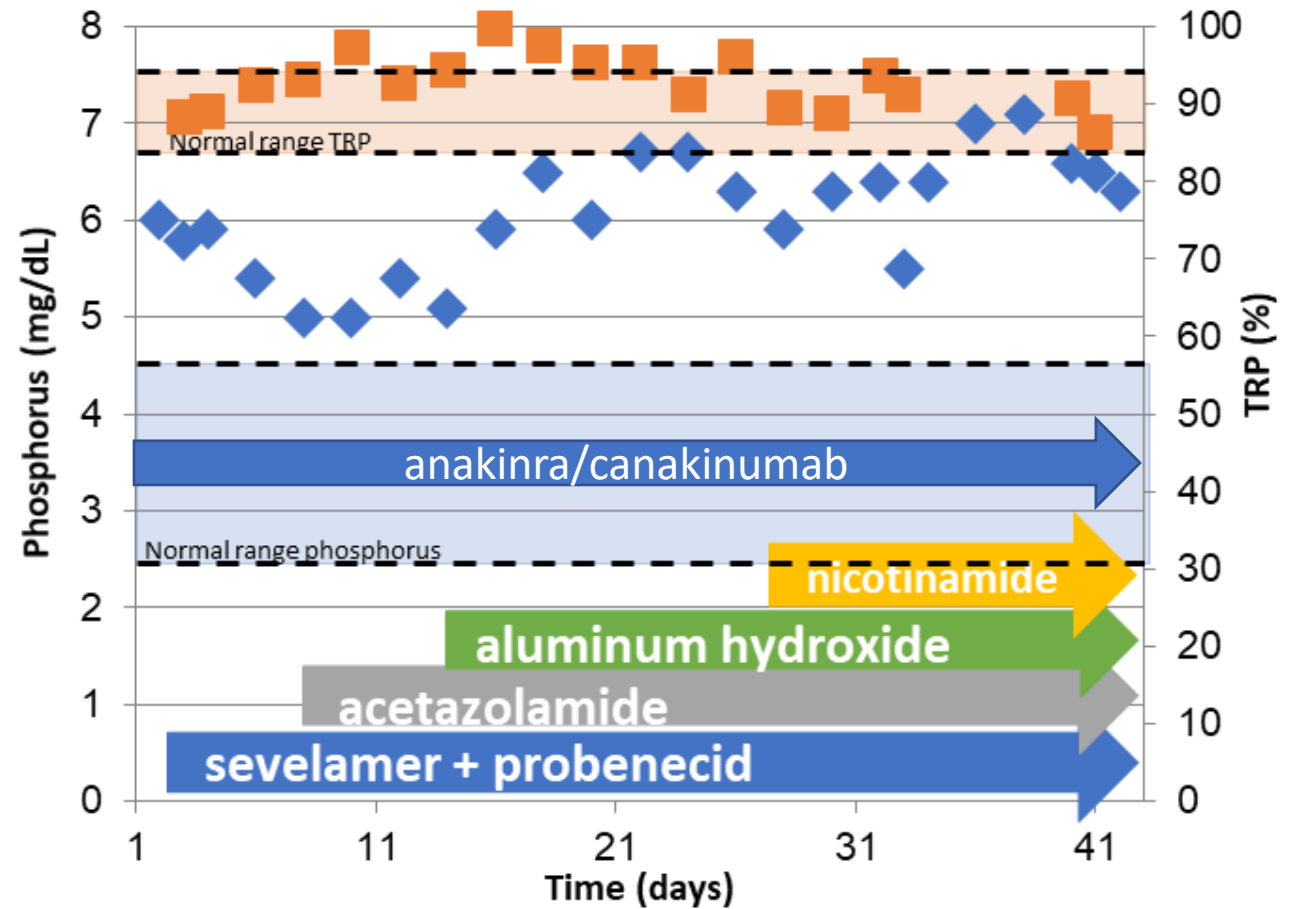


# Treatment Possibilities: lower phosphate, inhibit mineralization

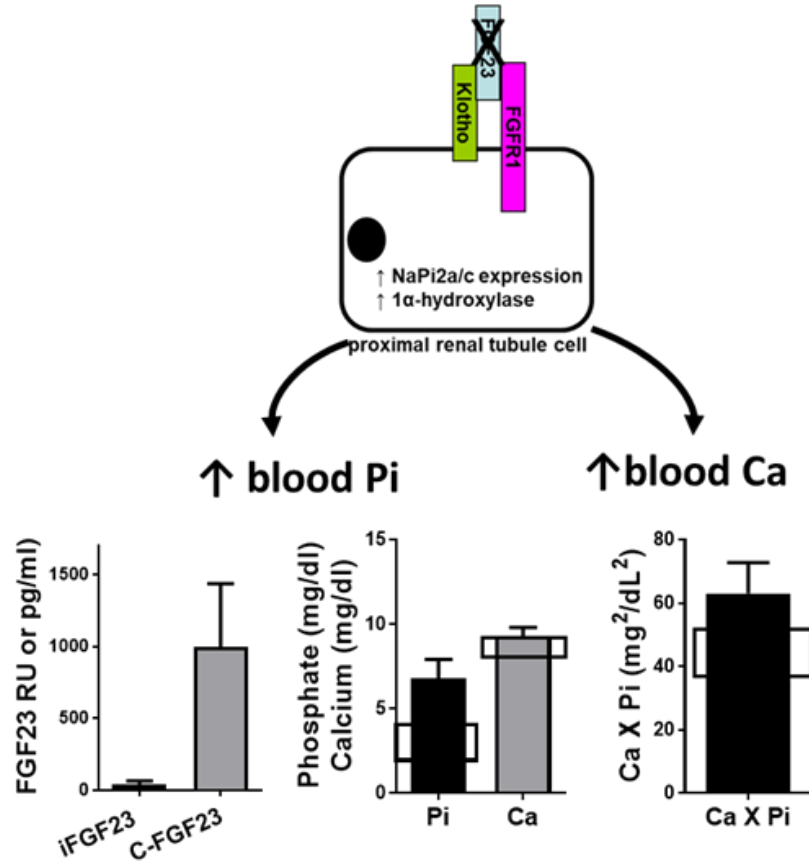
But usually don't

## Existing drugs

- Decrease GI phosphate absorption
  - Sevelamer, aluminum hydroxide
- Promote renal phosphate excretion
  - acetazolamide, probenecid
- Target inflammation
  - anakinra, canakinumab
- Chelate phosphate
  - topical thiosulfate



# HFTC Treatment – What’s Next?



Ramnitz, JBMR, 2016

## Potential targets

- Tenapanor – decrease Pi GI absorption
- FGF23 replacement - Ultragenyx
- Promote renal phosphate excretion
  - NaPi2a inhibitor
  - several companies

# FGF23-Mediated Diseases

	Condition	Abbreviation	Gene(s)	FGF23	Treatment
FGF23 Excess ↑	Tumor-induced osteomalacia	TIO	<i>FN-FGFR1</i> ( <i>FGF23-secreting tumors</i> )	↑↑	Surgery
	X-linked hypophosphatemic rickets	XLH	<i>PHEX</i>	↑	Burosumab*
	FD/McCune-Albright syndrome	FD/MAS	<i>GNAS</i> ( <i>mosaic</i> )	↑	Burosumab*
	Autosomal recessive hypophosphatemic rickets	ARHR1	<i>DMP-1</i>	↑	Burosumab*
	Autosomal recessive hypophosphatemic rickets/ENPP1 Deficiency	ARHR2/ENPP1 def	<i>ENPP1</i>	↑	Burosumab* <b>X</b>
	Cutaneous skeletal hypophosphatemia syndrome	CSHS	<i>RAS</i> ( <i>mosaic</i> )	↑	Burosumab*
	Autosomal dominant hypophosphatemic rickets	ADHR	<i>FGF23</i>	↑	Iron replacement
FGF23 Deficiency ↓	Hyperphosphatemic familial tumoral calcinosis	HFTC (1,2,3)	<i>GALNT3; FGF23; Klotho</i>	↓	Pi binder Phosphaturia
	Autoimmune tumoral calcinosis (FGF23 resistance)	ATC	FGF23 Autoantibodies	↑↑	Anti-IL1
	Renal Failure	CRF	N/A	↑↑	Pi binder

\* or conventional (phosphate + active vitamin D)



# Skeletal Disorders and Mineral Homeostasis Section



Fiona Obiezu, BS



Rita Meadows, PhD



Rachel Gafni, MD



Karen Pozo  
Research Nurse



Kimberly Ampuero, BS



Michael T. Collins, MD



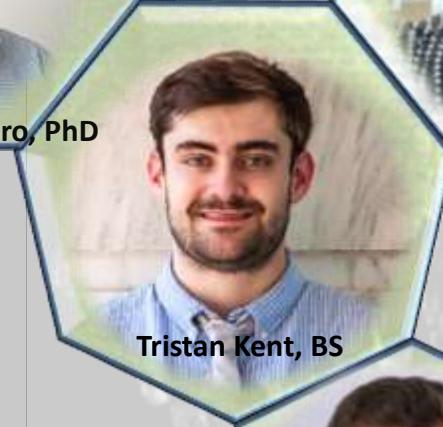
Kelly Roszko, MD PhD



Iris Hartley, MD



Luis Fernandez De Castro, PhD



Tristan Kent, BS



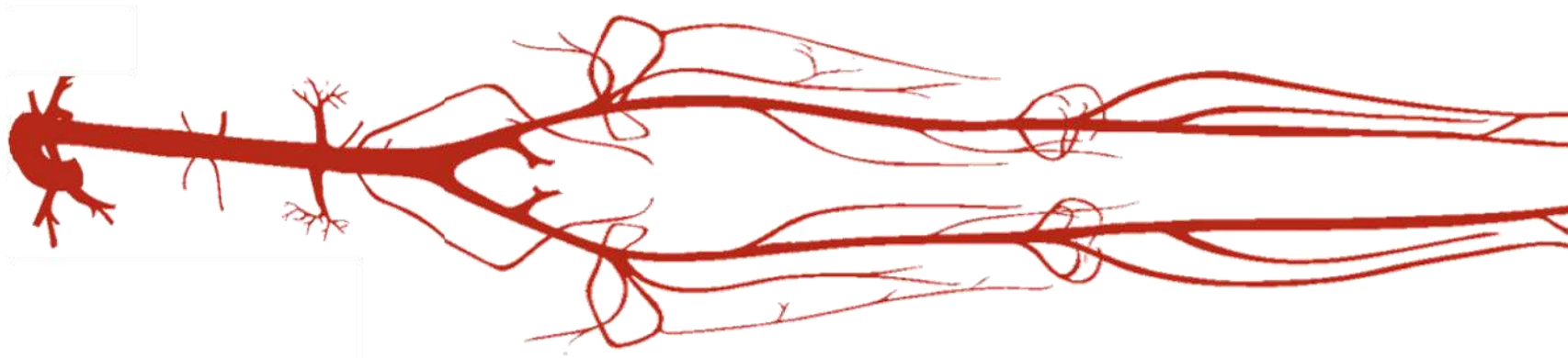
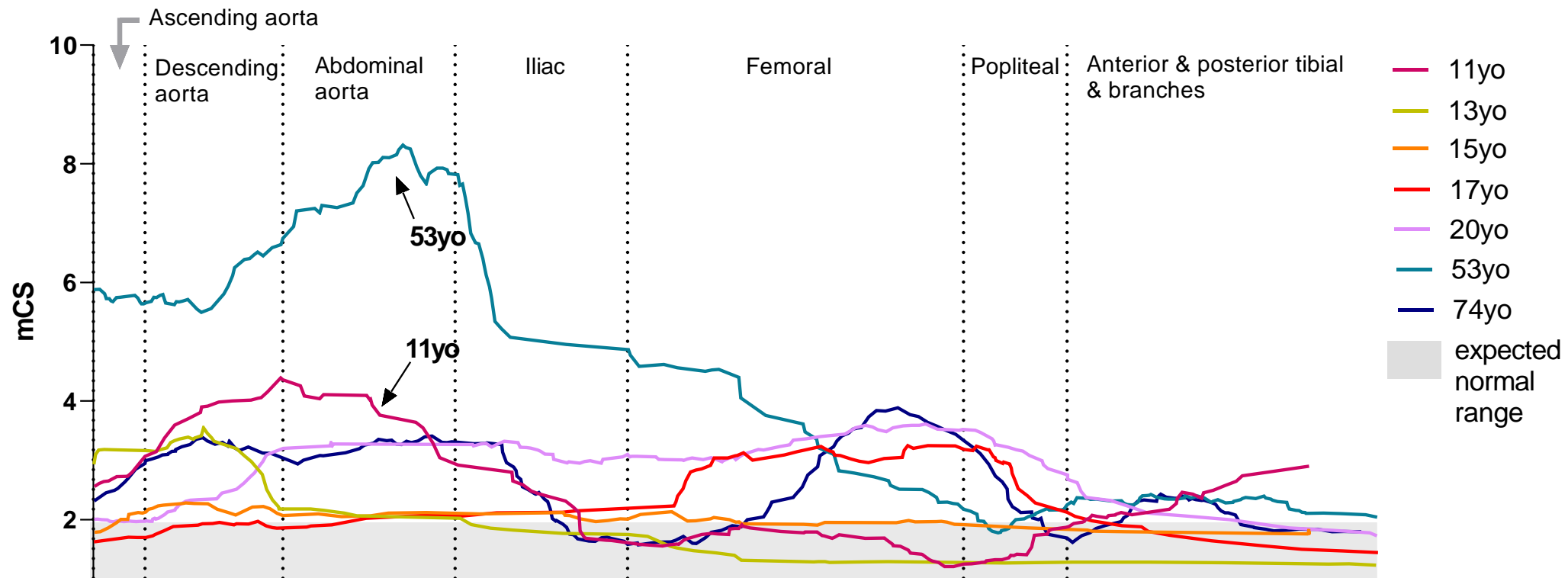
Will Bryant, BS



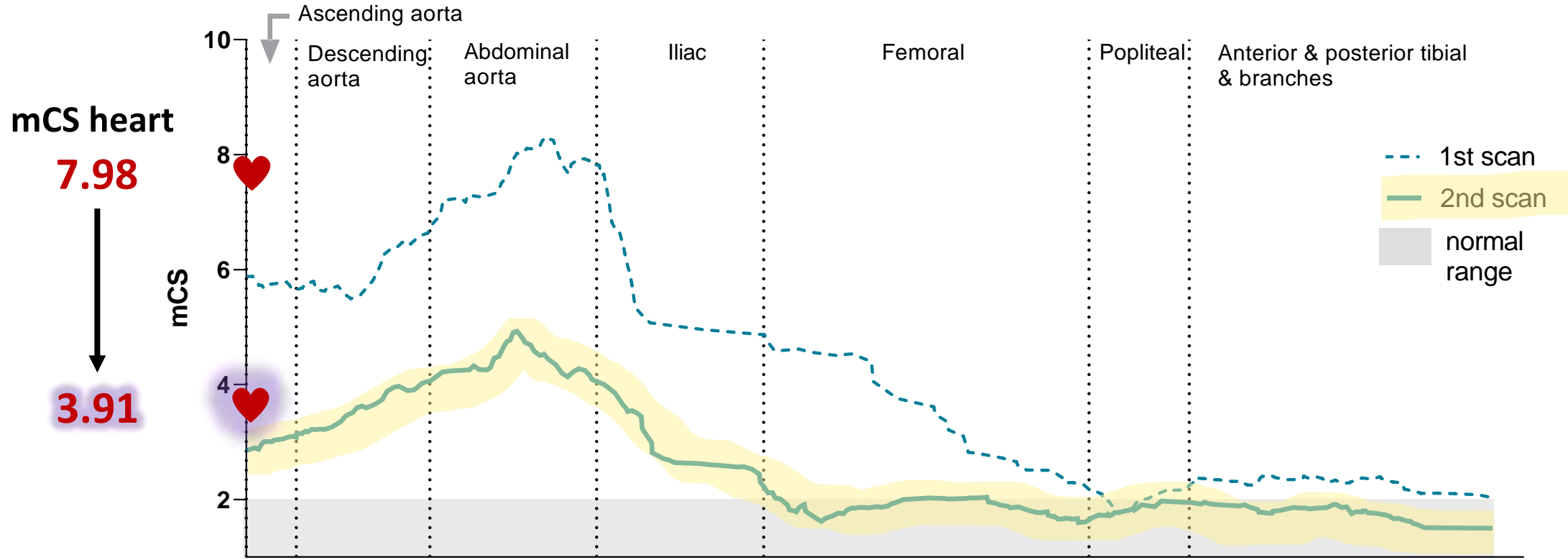
Rebeca Galisteo



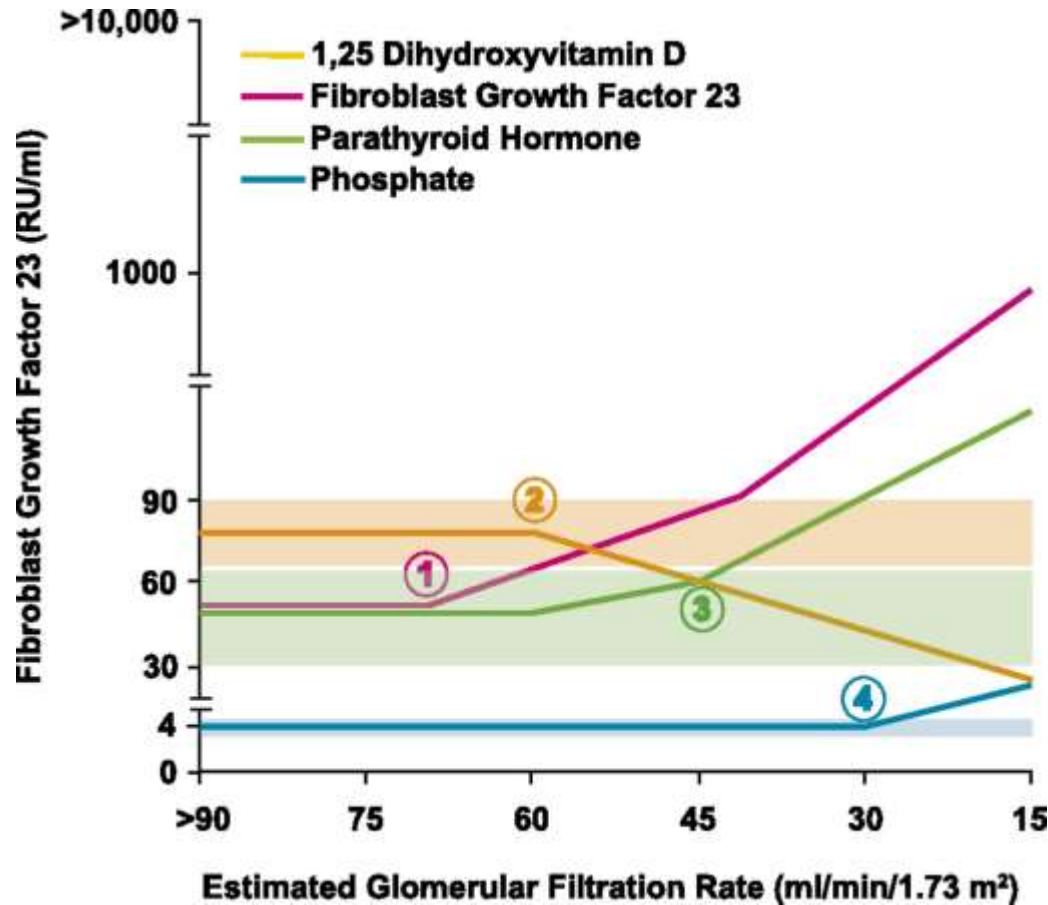
# Vascular atlas of microcalcification score in HFTC patients



# Vascular atlas of mCS of a 53,54yo HFTC pt before & after 15-months on anakinra



# Renal Failure, Hyperphosphatemia and CKD-MBD



Isakova, JASN 2015

CKD-MBD = chronic kidney disease – metabolic bone disease

## FGF23 Effects in CRF

- FGF23-dependent ↑ mortality
  - Cardiovascular

## Causes of ↑ FGF23

- Renal damage
  - Glycerol-3-phosphate; Simic...Rhee, JCI, 2020
- FGF23 rises to control Pi → eventually overwhelmed
  - Cystinosis, Florenzano, JASN, 2020
- **Both**

## Treatment implications

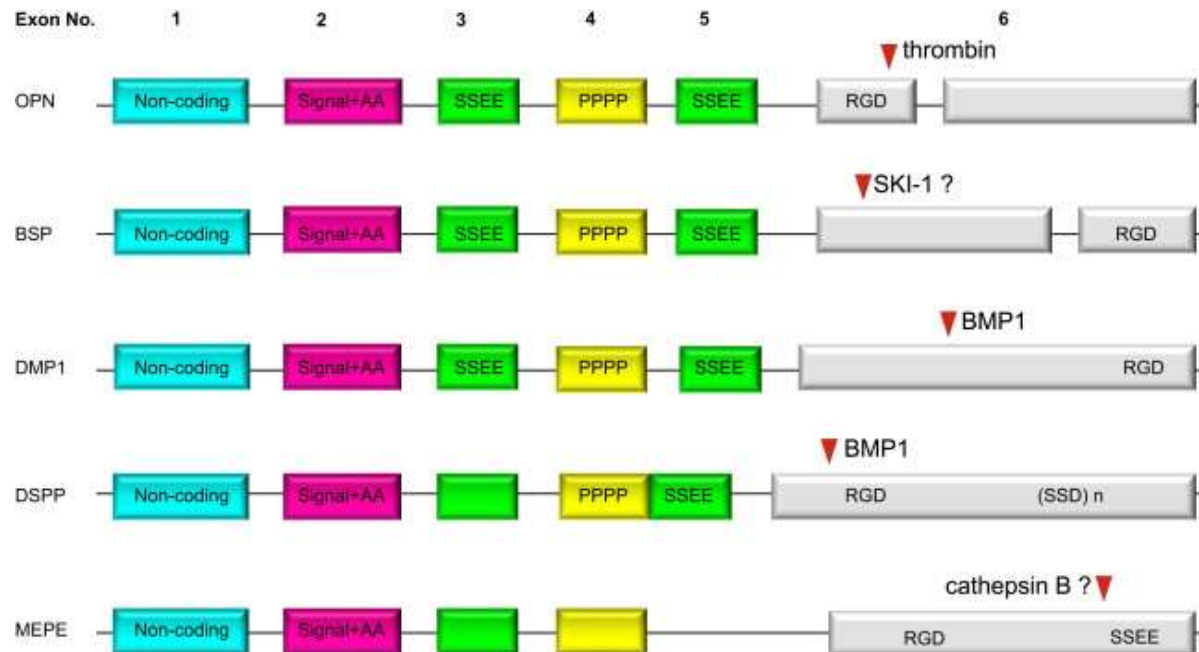
- FGFR blockade (failed preclinical studies)
- Pi binder, Ferric citrate, (↓FGF23/morbidity)
  - Block, JASN, 2019
- NaPi2a inhibitors
  - Thomas, J Am Soc Neph, 2019
  - Clerin...Juppner, JCI, 2020

# Sibling Protein ASARM-Mediated Regulation of FGF23 and Mineralization

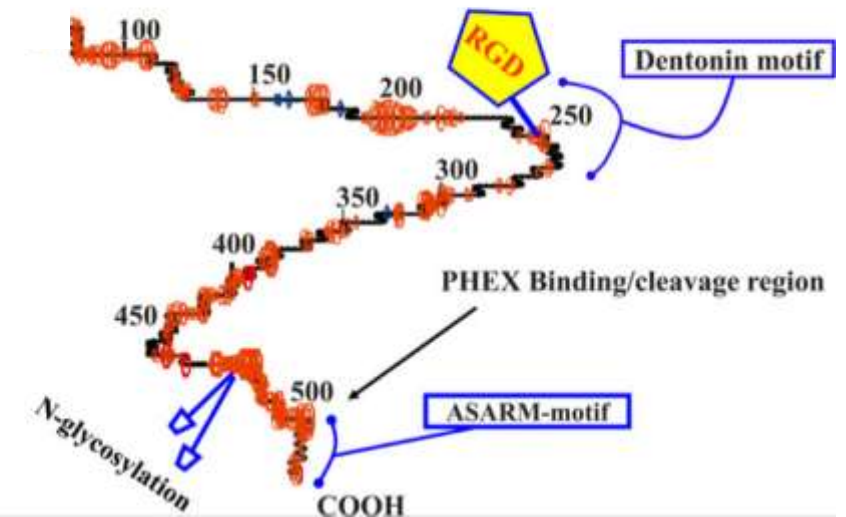
## SIBLING Genes/Proteins (Larry Fisher, NIDCR)

- small integrin-binding ligand, N-linked glycoprotein
- highly expressed in ECM of mineralized tissues
- unifying feature is an Acidic Serine Aspartate Rich

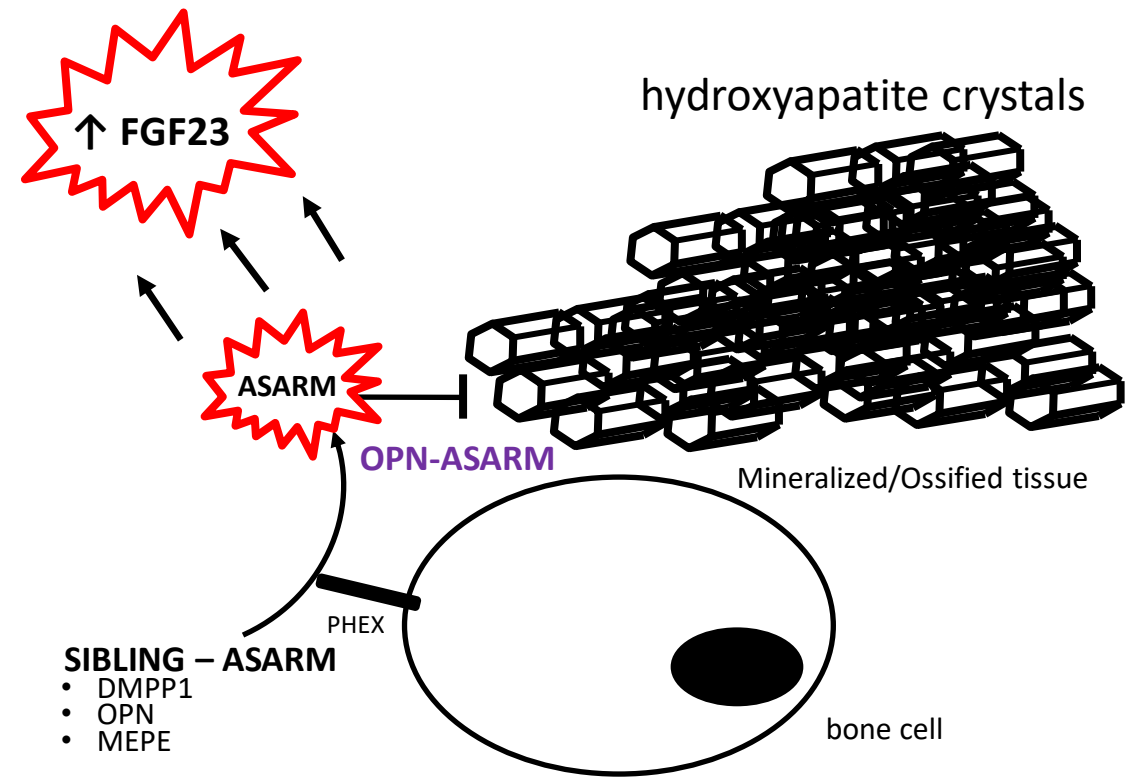
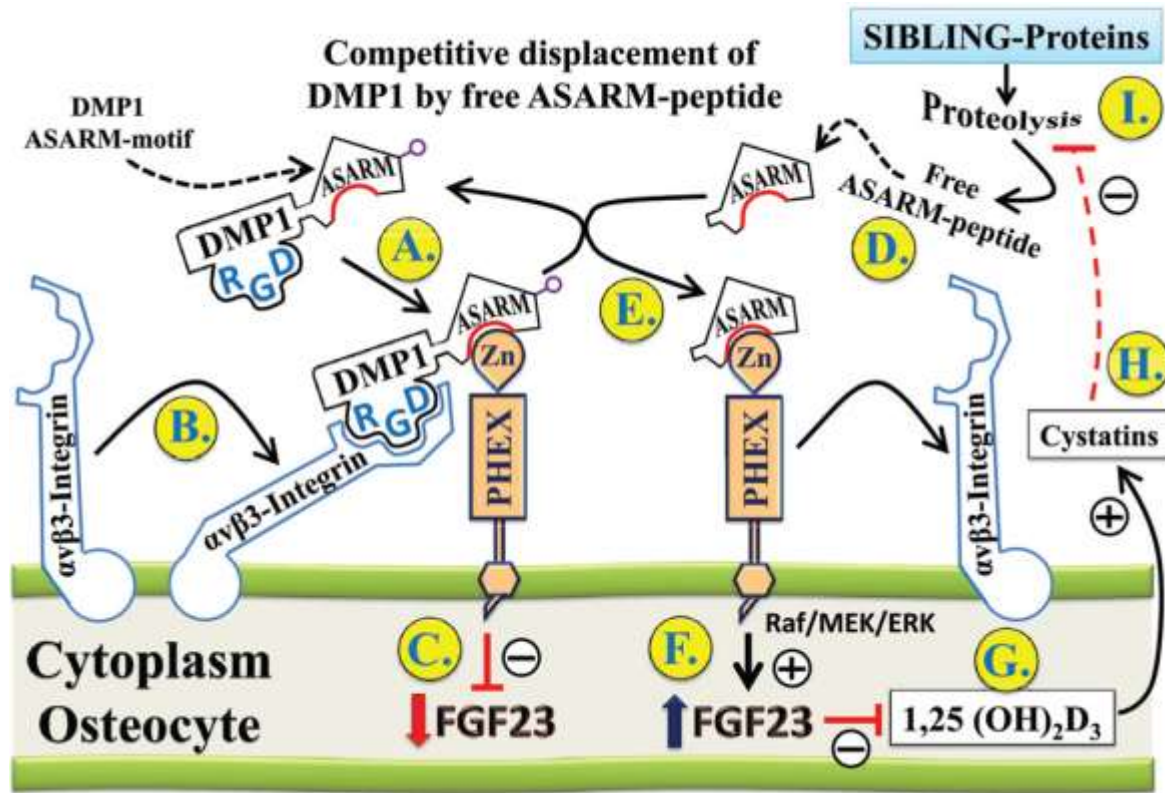
MEPE associated motif (ASARM)



## MEPE Secondary Structure



# Sibling Protein ASARM-Mediated Regulation of FGF23 and Mineralization



Martin...Rowe, Endo, 2018  
 Bresler...Rowe, J Endo, 2004

Addison...McKee, JBMR, 2008  
 Addison...McKee, JBMR, 2010  
 Chien...McKee, J Struc Bio, 2018

**All Patients  
N=426**

**Hypophosphatemic Diseases  
n=149**

**FGF-23 Mediated  
Hypophosphatemia (n=130)**

TIO (n=40)  
XLH (n=36)  
CSHS (n=5)  
ENPP1 deficiency (n=12)  
FD (n=36)  
NF1 (n=1)

**FGF-23 Independent  
Hypophosphatemia (n=19)**

Cystinosis (n=16)  
Familial Fanconi (n=1)  
LOWE's Syndrome (n=1)  
HHRH (n=1)

**Normophosphatemic Controls  
n=59**

**Hyperphosphatemic Diseases  
n=218**

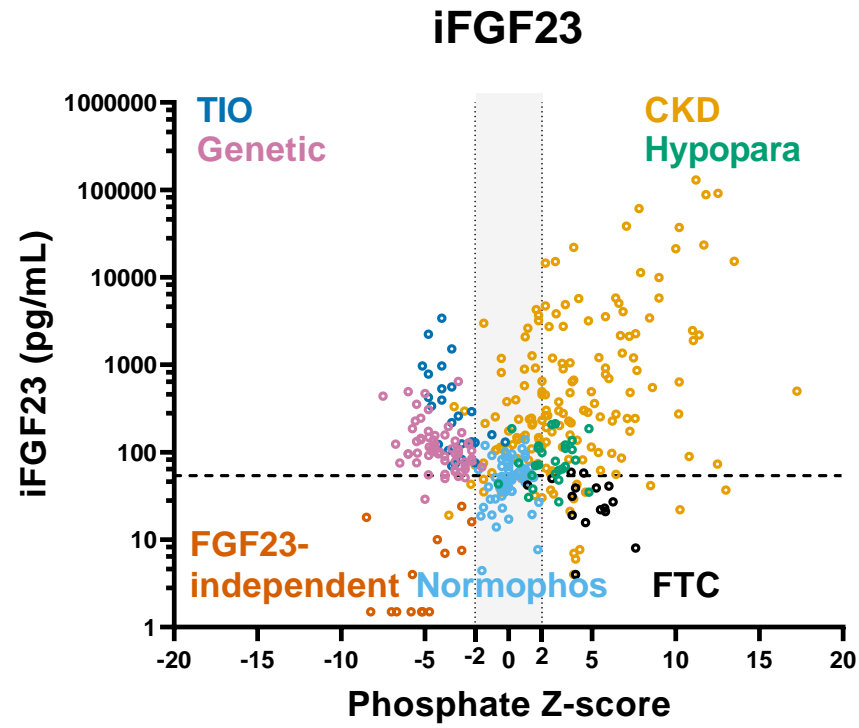
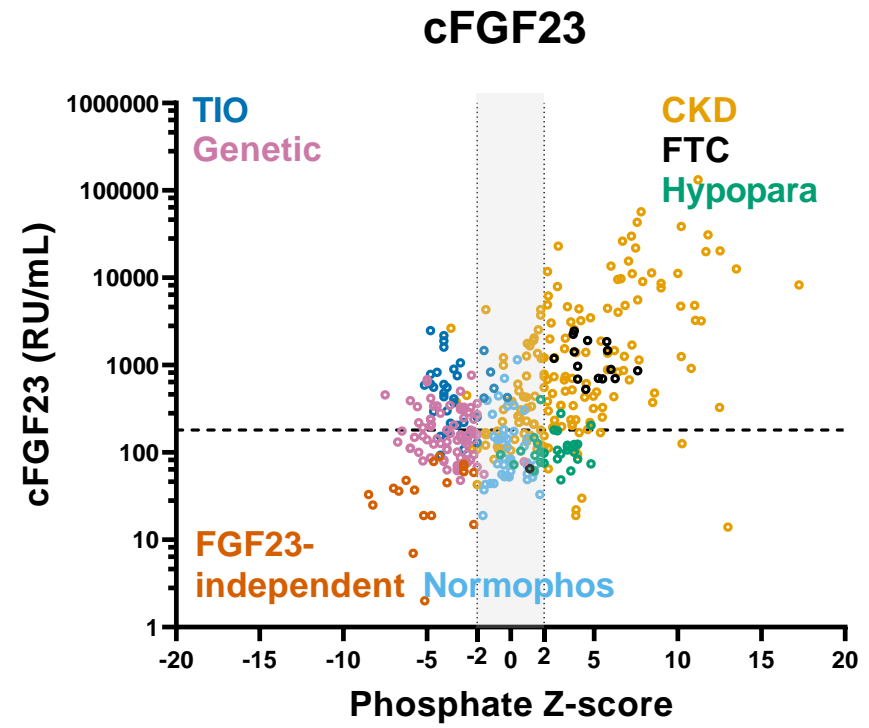
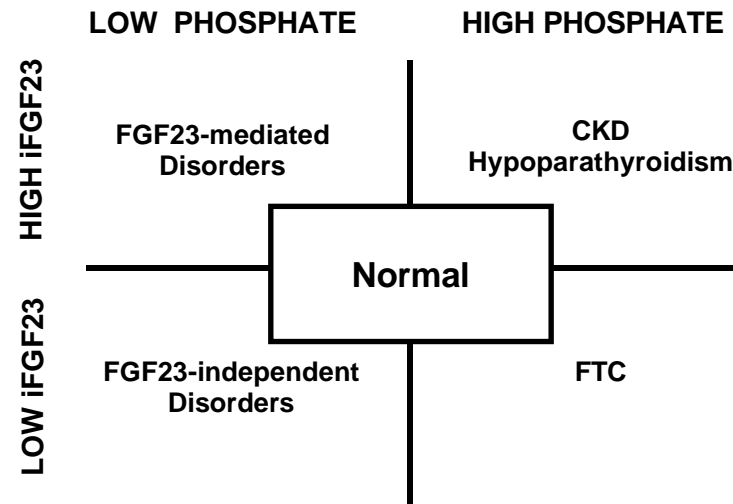
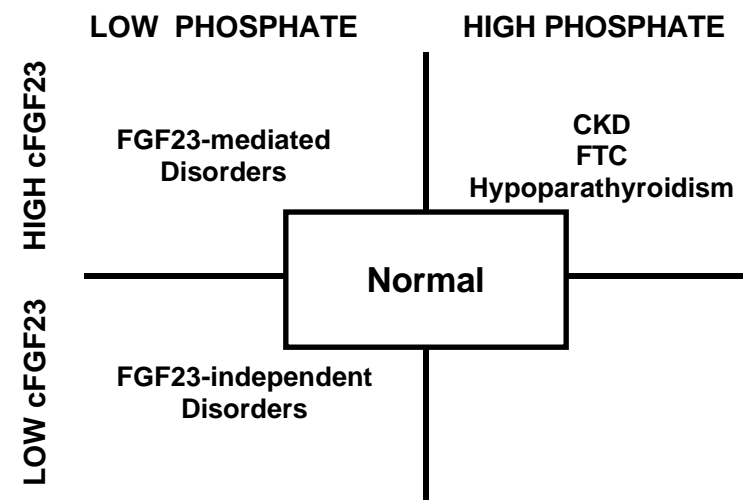
**Low-FGF-23-Mediated  
Hyperphosphatemia (n=17)**

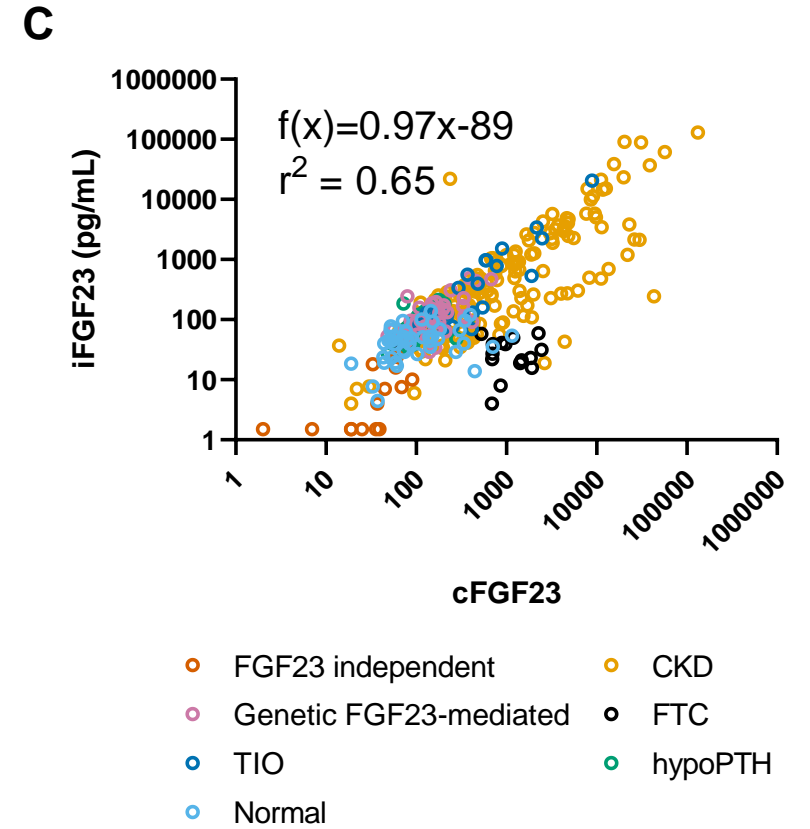
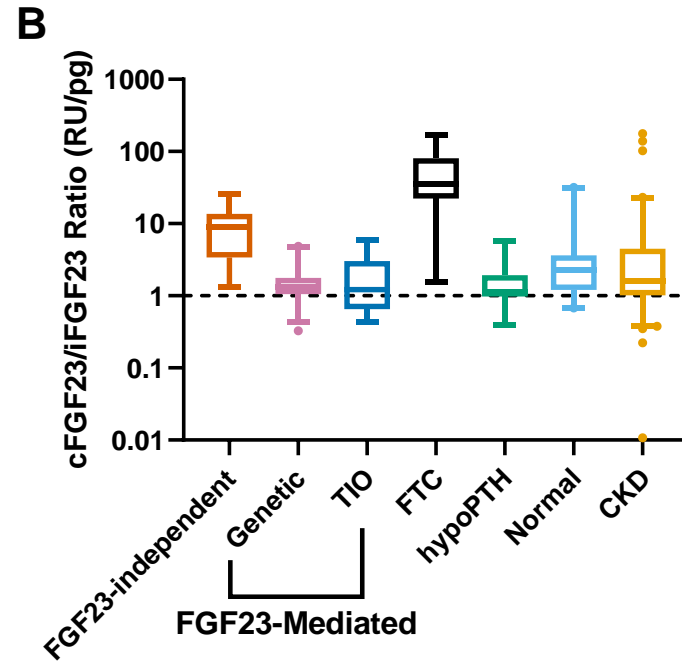
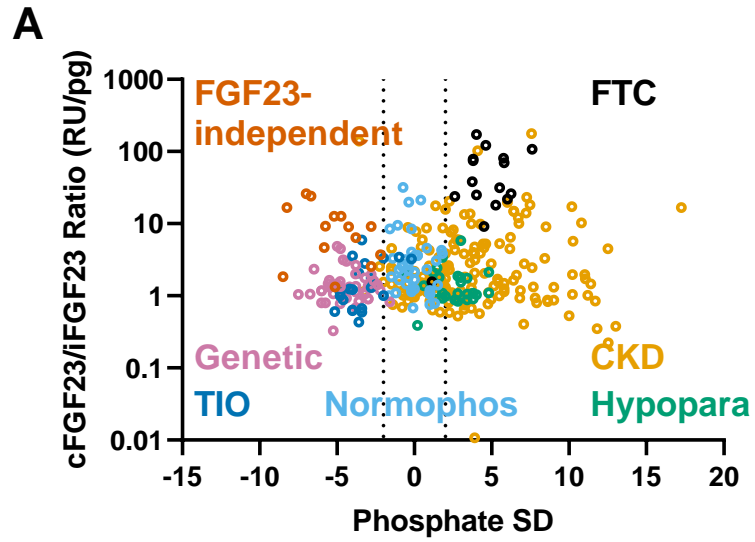
FTC (n=17)

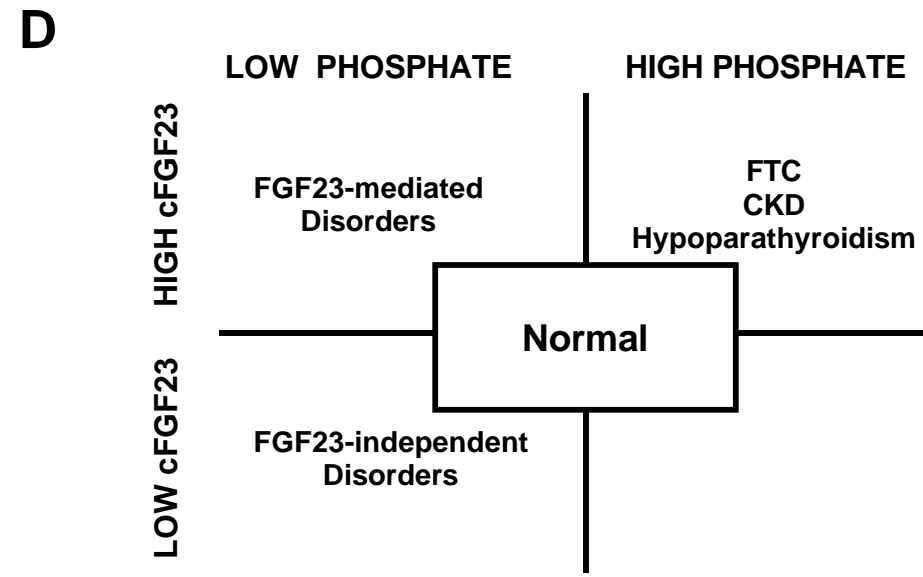
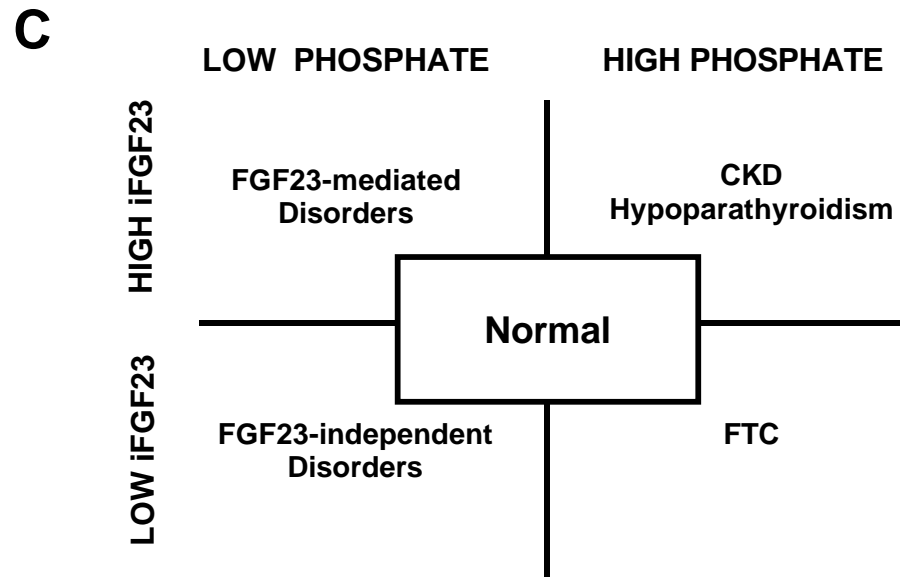
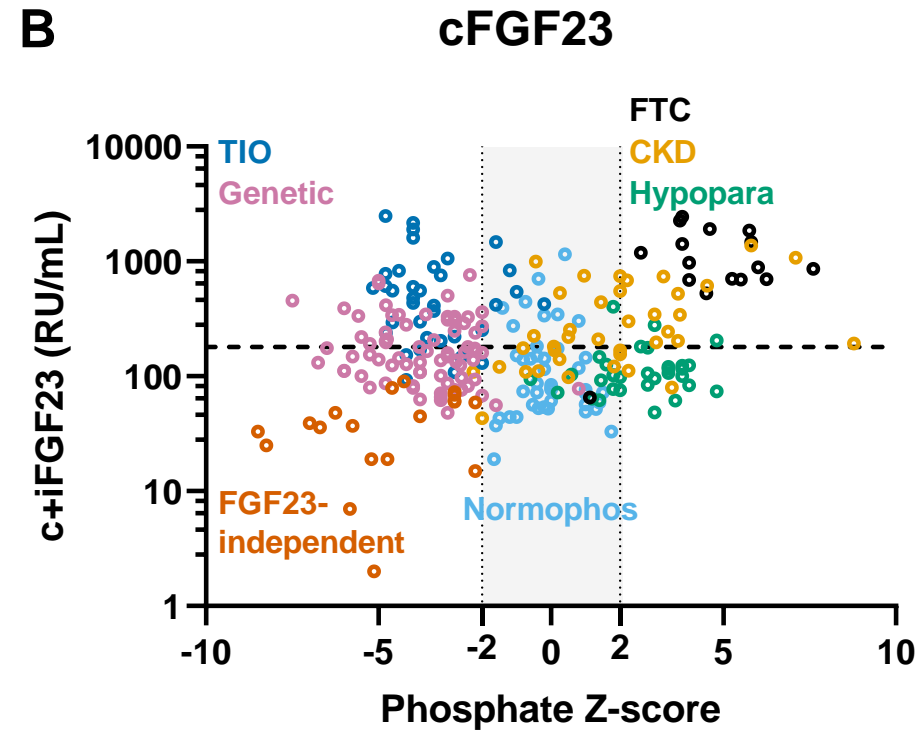
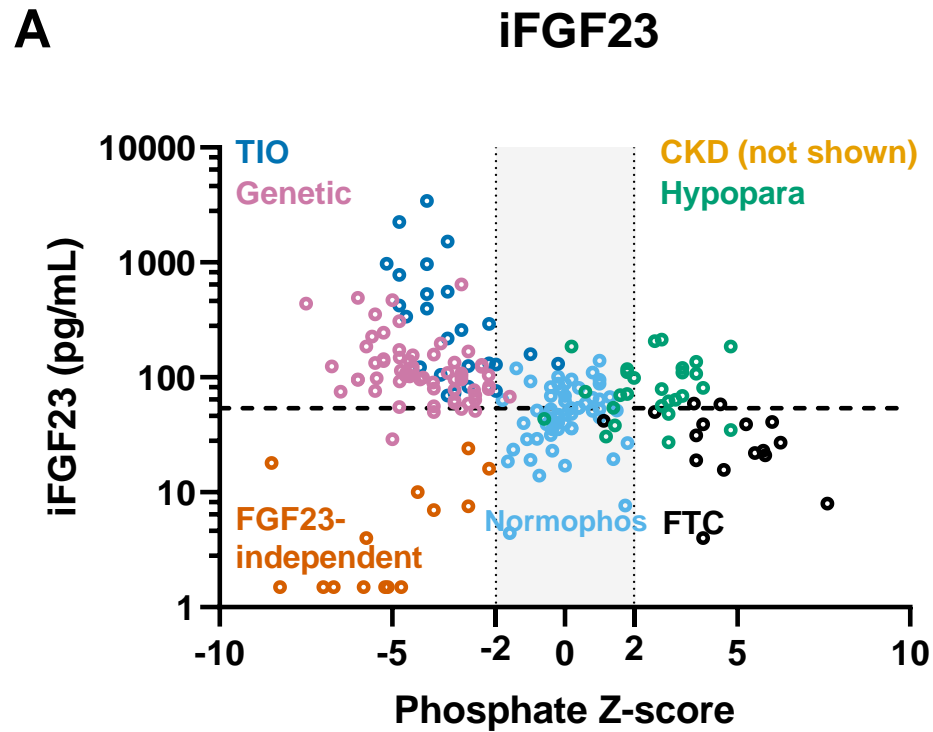
**FGF-23 Independent  
Hyperphosphatemia (n=201)**

Hypoparathyroidism (n=32)  
CKD (n=169)  
Stage 4 (n=33)  
Stage 5 (n=11)  
Hemodialysis (n=125)

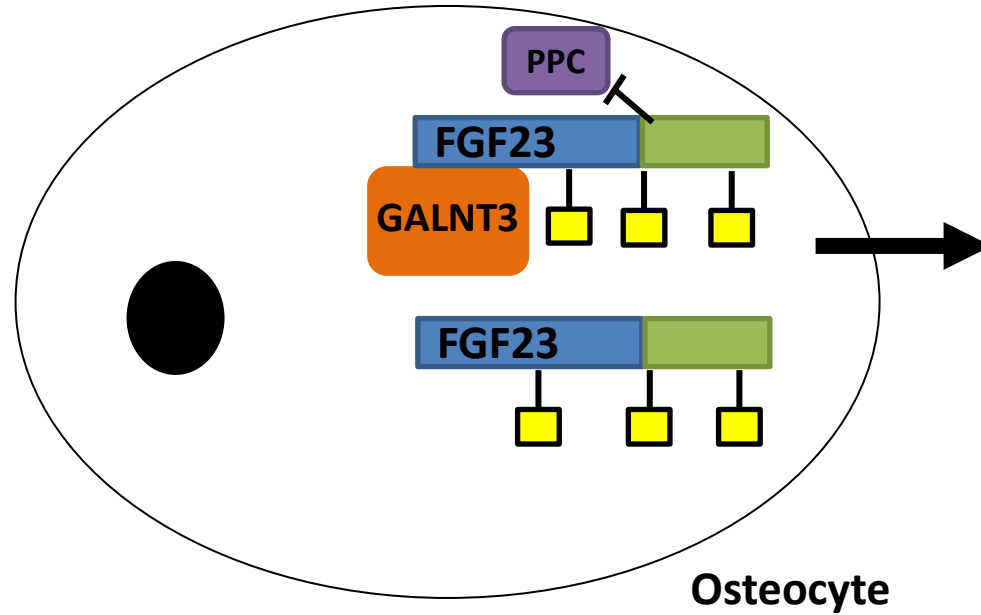


**A****B****C****D**

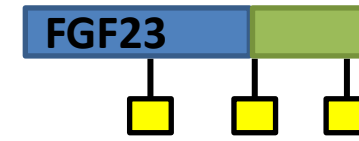




# Raine syndrome: FGF23 phosphorylation → degradation



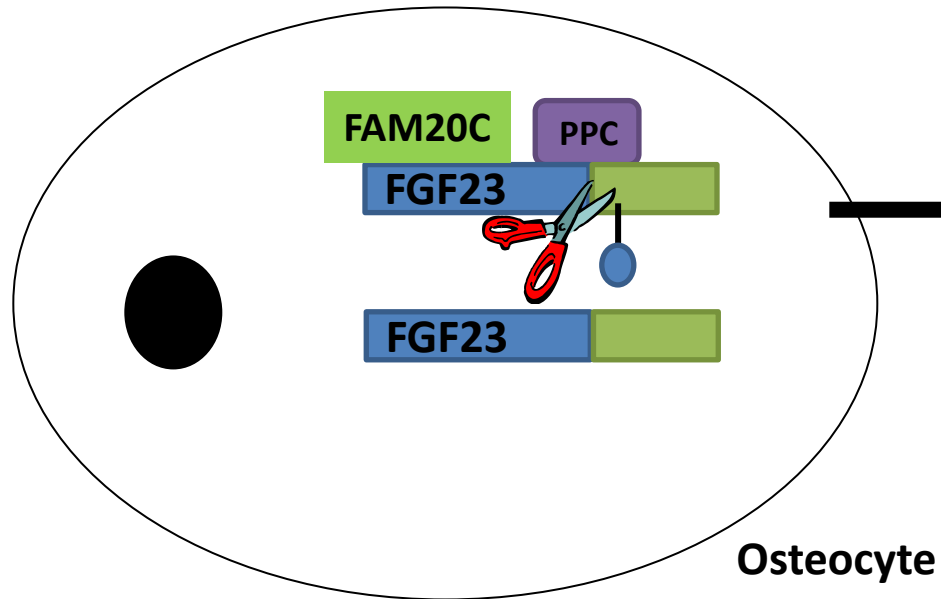
Formation of active or intact FGF23 (iFGF23)



 = glycosylation

**or**

 = phosphorylation



Formation of inactive or C-terminal FGF23 (cFGF23)



 = phosphorylation

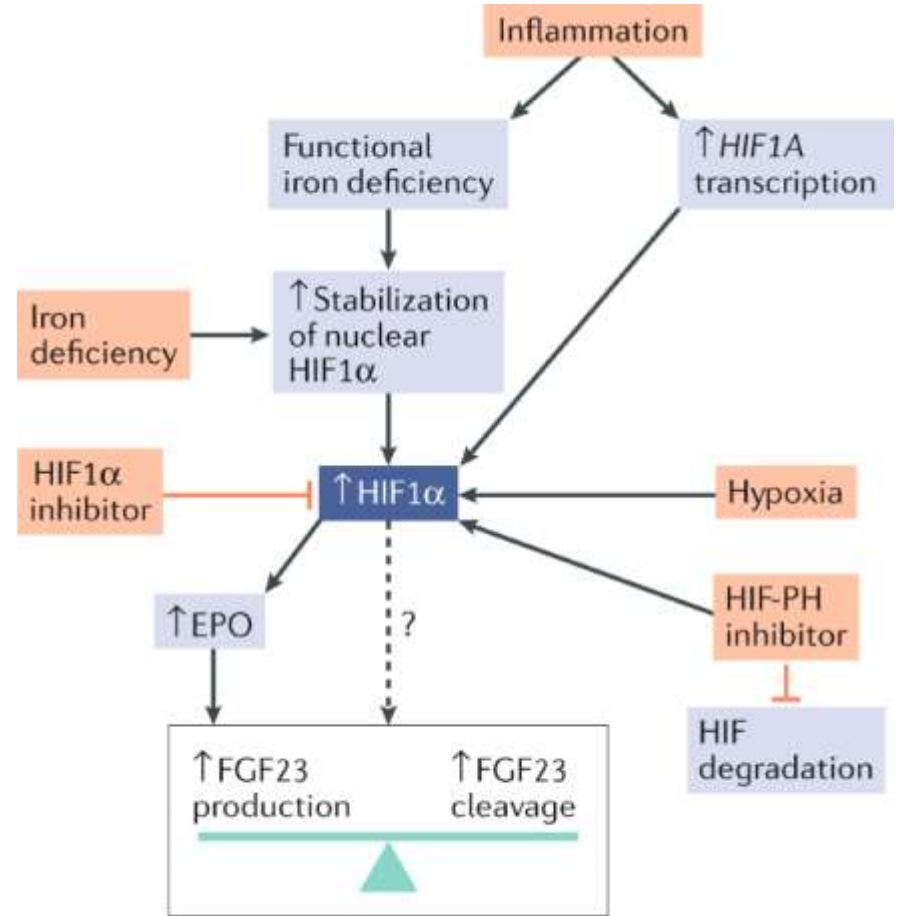
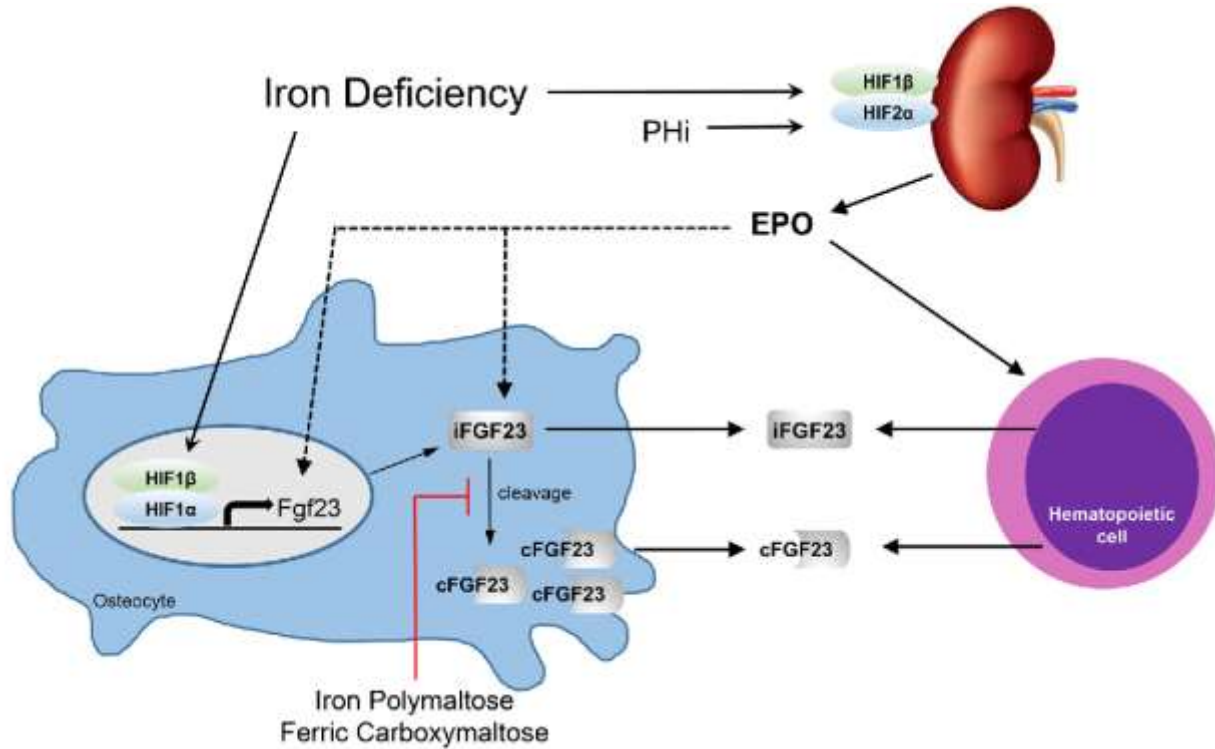
GALNT3 = polypeptide N-acetylgalactosaminyltransferase 3

 = glycosylation

PPC = proprotein convertase (furin)



# Fe/HIF/EPO in FGF23 Transcription, Translation, Posttranslational Regulation

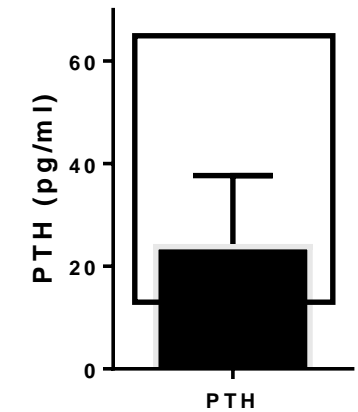
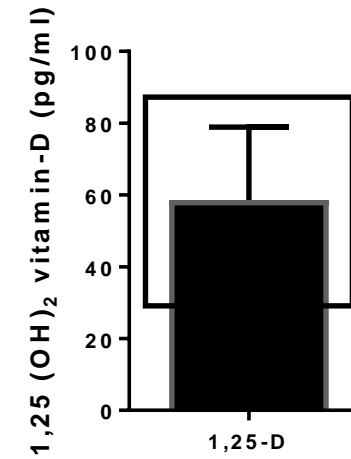
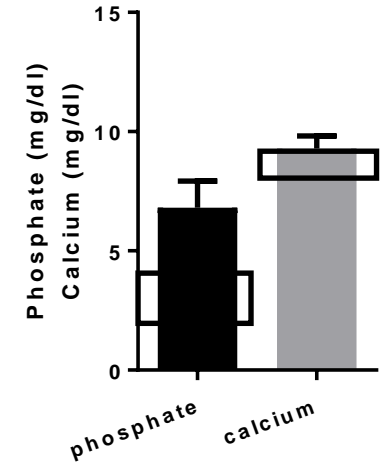
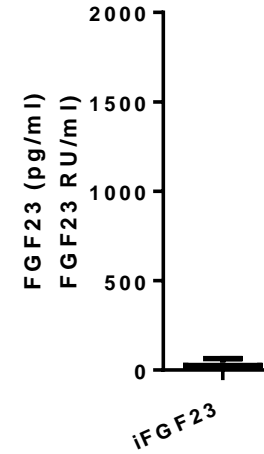


Wheeler & Clinkenbeard, Curr Mol Biol Rep, 2019

Edmonston & Wolf, Nat Rev Neph, 2019

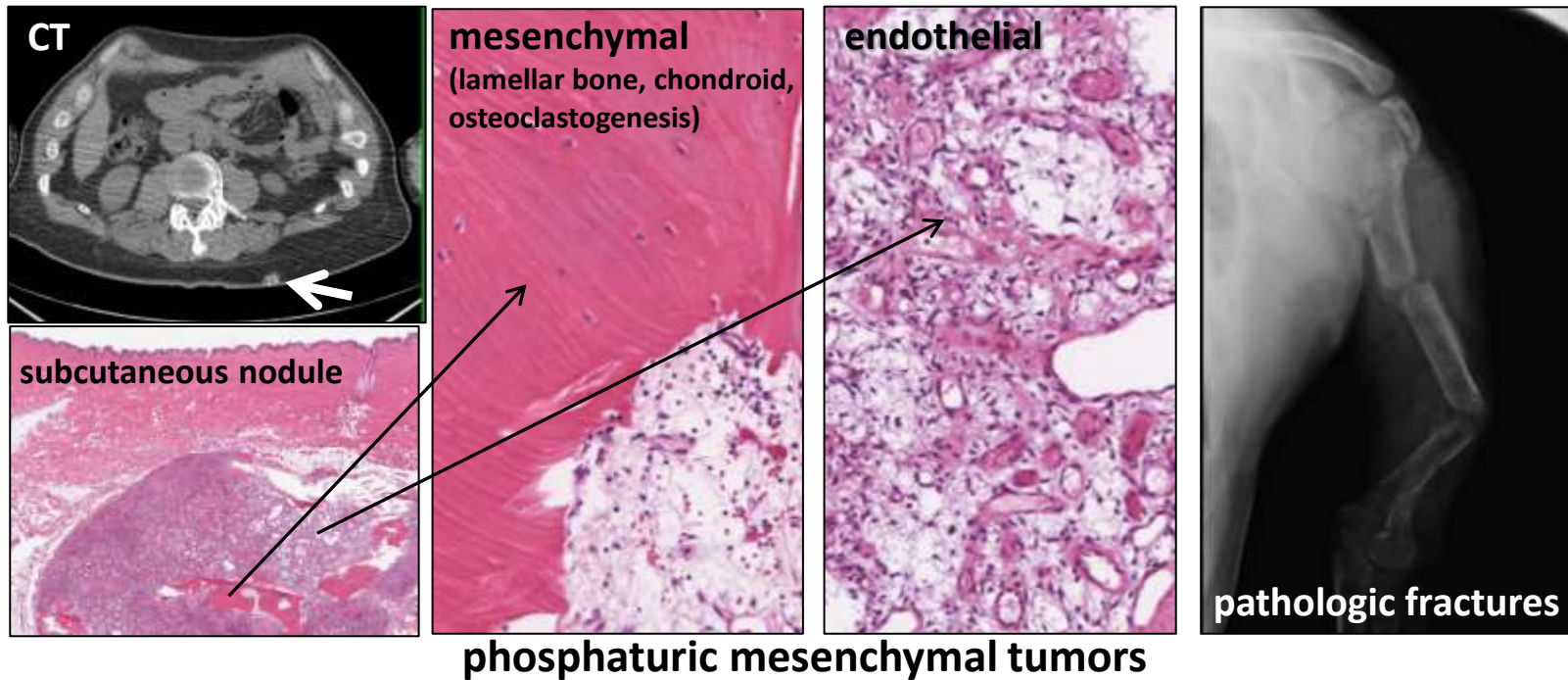
Nicolae David, Despina Sitara, Marc Hanudel, Mara Cristov, Luis Toro, others

# Findings in FGF23 deficiency: Hyperphosphatemic tumoral calcinosis



# FGF23 excess - Tumor-induced osteomalacia

- FGF23-secreting mesenchymal tumors
- small, difficult to locate
- osteomalacia, pain, fractures
- removal is curative





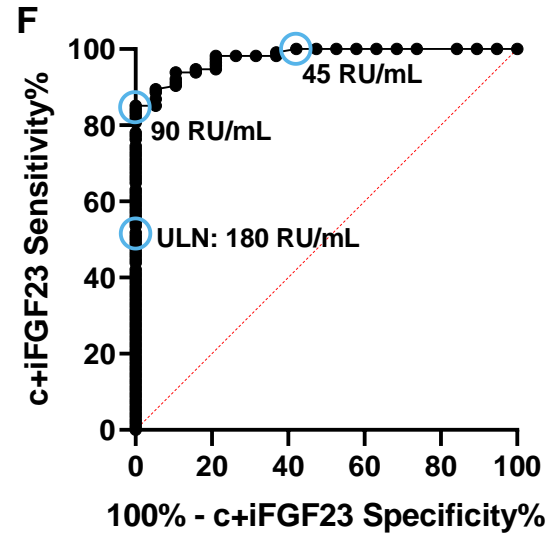
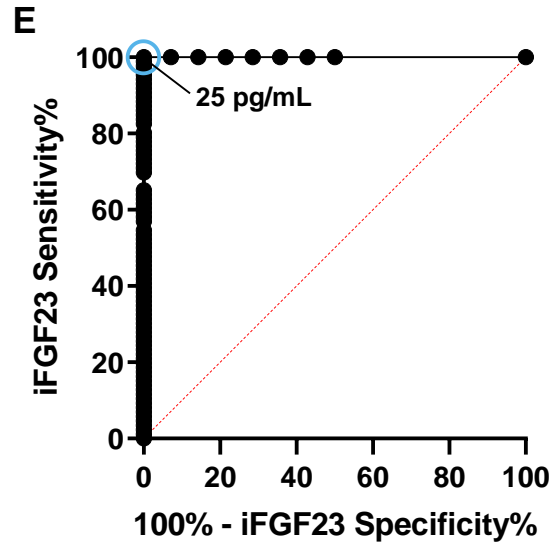
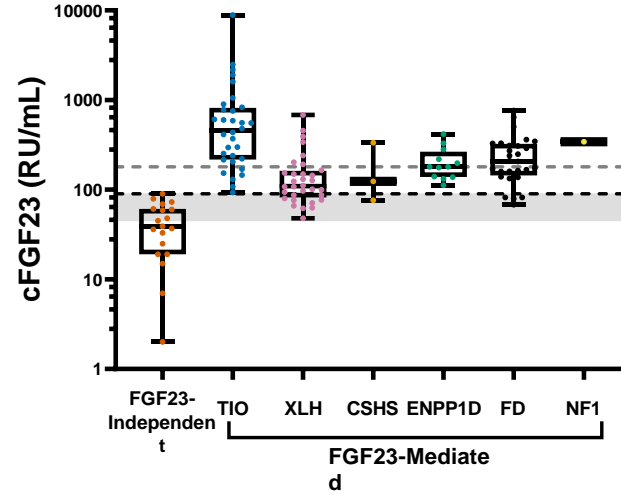
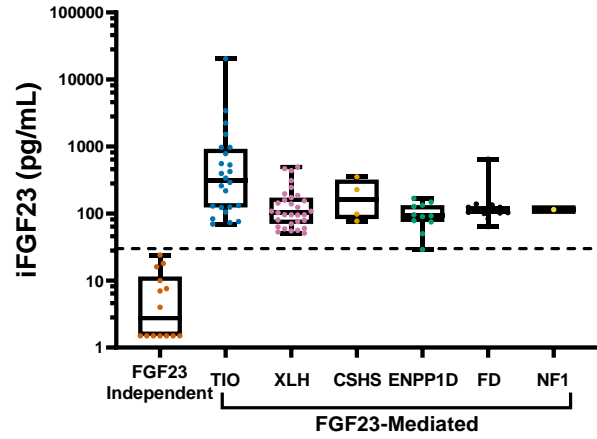
intact FGF23

C-terminal FGF23

# What FGF23 Level is Excess in Hypophosphatemia?

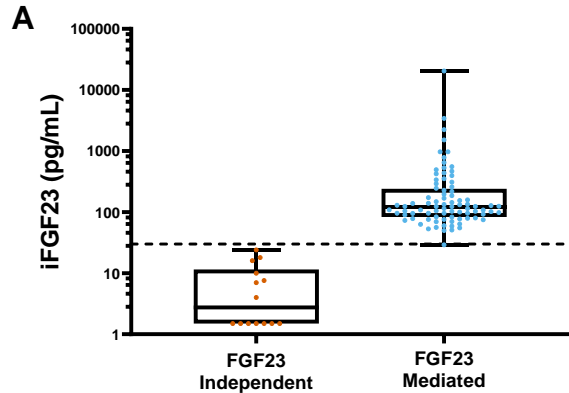
intact FGF23

C-terminal FGF23

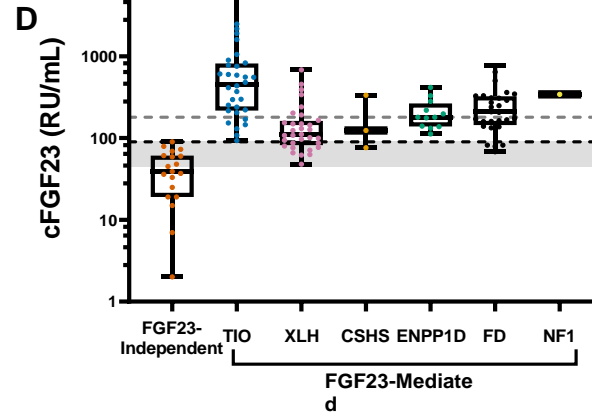
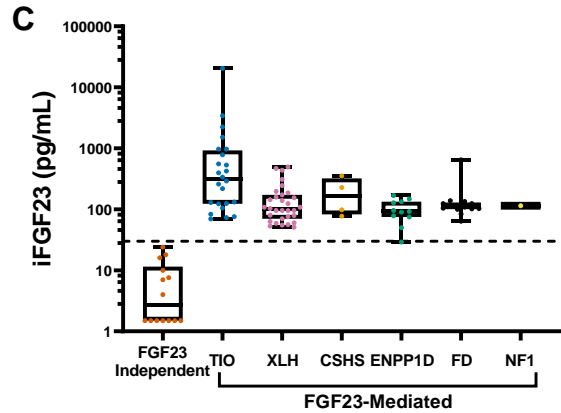
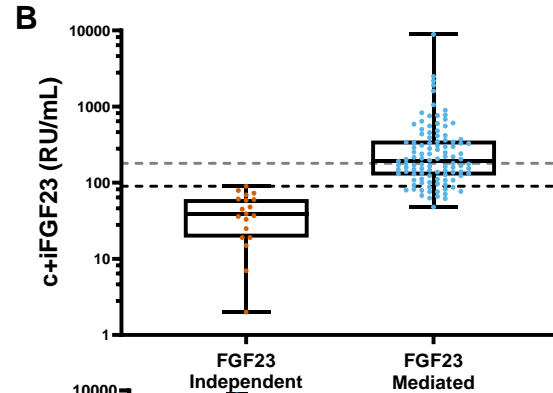


# What FGF23 Level is Excess in Hypophosphatemia?

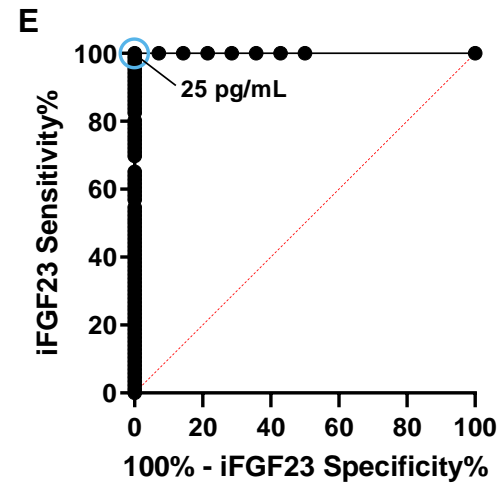
intact FGF23



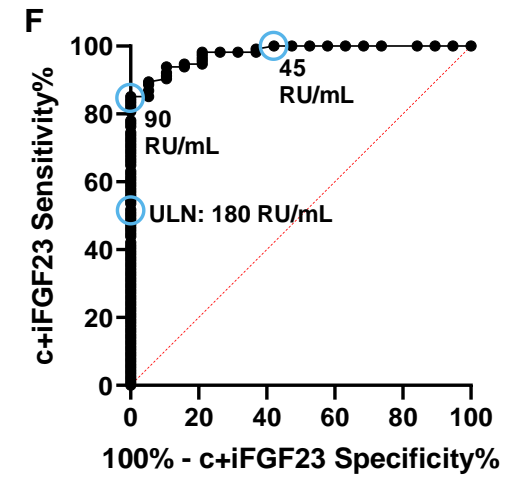
C-terminal FGF23



intact FGF23



C-terminal FGF23



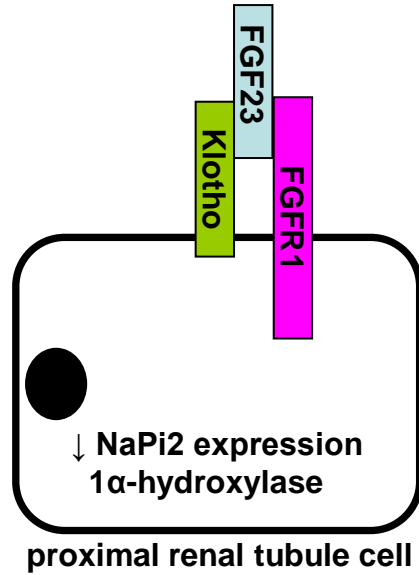
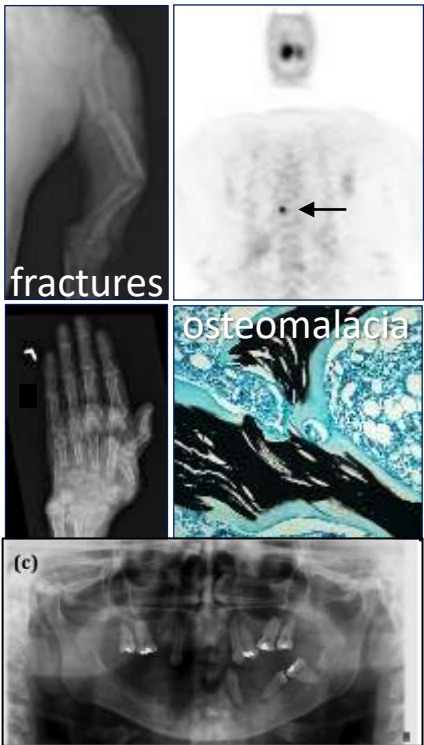
N = 426 (disease + control)  
 FGF23-independent =  
 Cystinosis (n=16)  
 Familial Fanconi (n=1)  
 LOWE's Syndrome (n=1)  
 HRRH (n=1)

TIO = tumor-induced osteomalacia  
 XLH = X-linked hypophosphatemic rickets  
 CSHs = cutaneous hypophosphatemic rickets  
 ENPP deficiency  
 FD = fibrous dysplasia  
 NF1 = neurofibromatosis type 1

Iris Hartley, unpublished

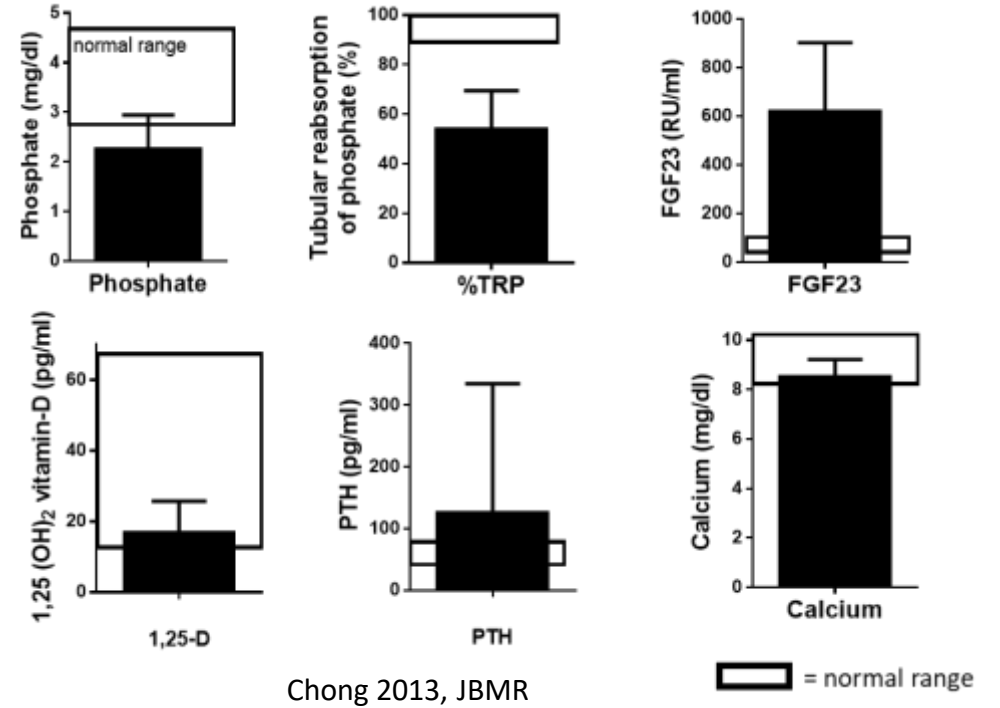
# FGF23 Excess

## Tumor-induced osteomalacia

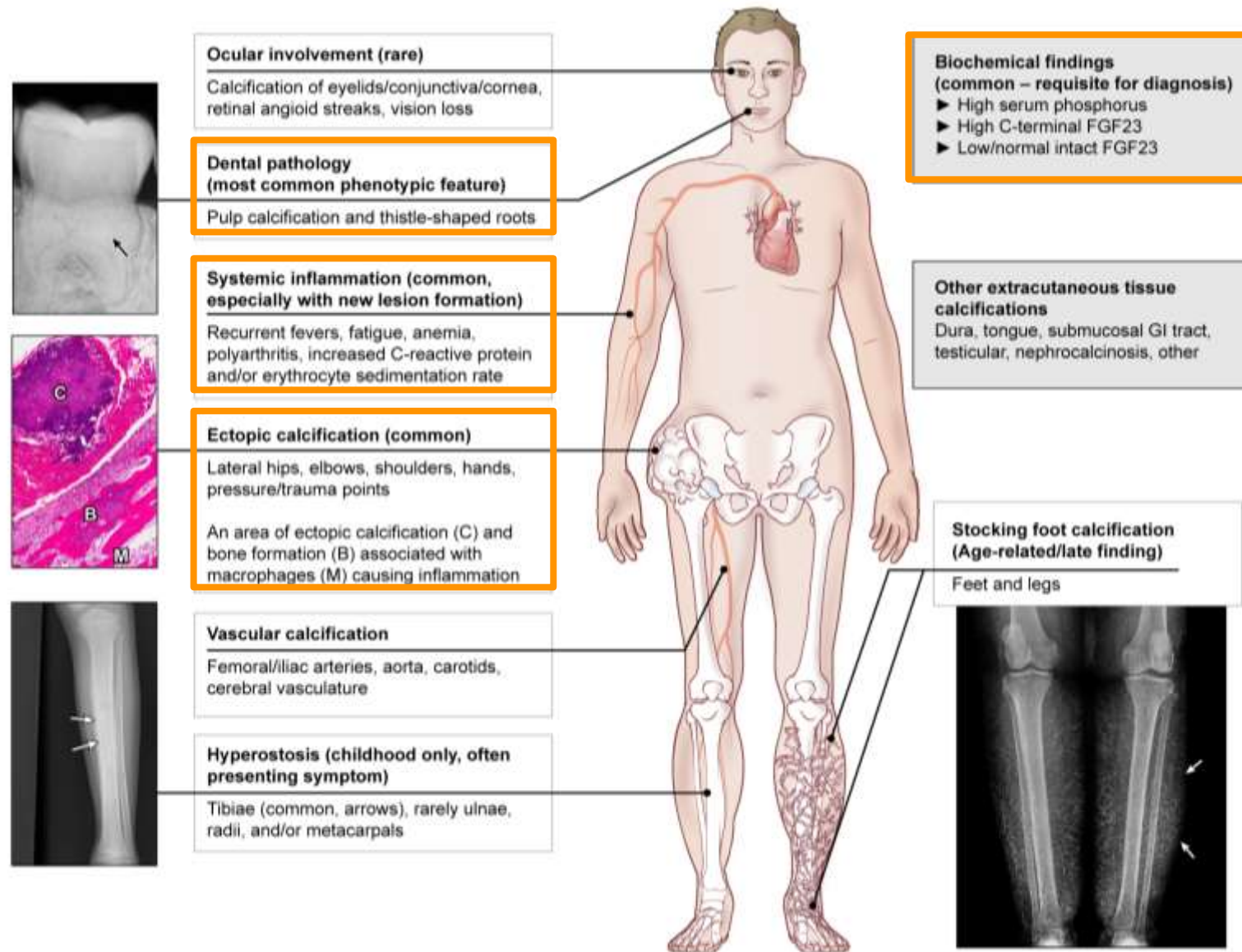


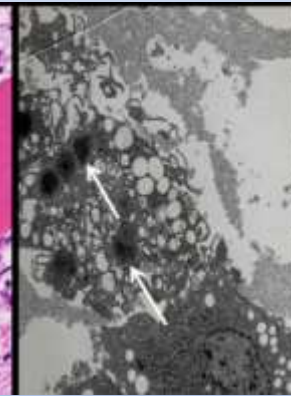
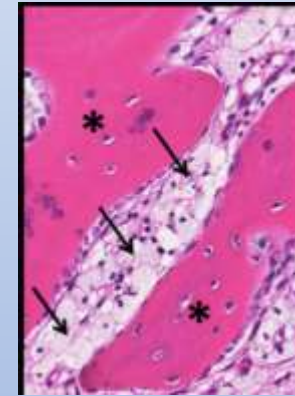
↓ serum phosphate

↓ serum 1,25-D<sub>3</sub>



# Signs of Hyperphosphatemic Familial Tumoral Calcinosis (HFTC)





inflammation macrophages with hydroxyapatite



vascular calcification

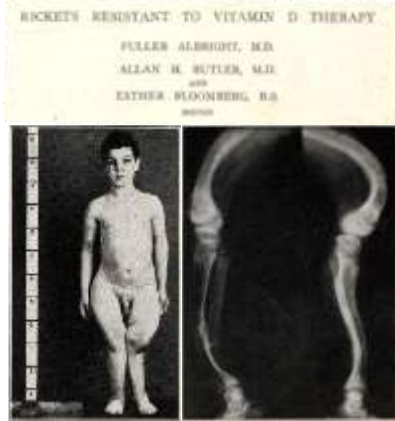


# FGF23-Mediated Diseases

	Condition	Abbreviation	Gene(s)	FGF23	
↑ <b>FGF23 Excess</b> ↓	Tumor-induced osteomalacia	TIO	<i>FN-FGFR1</i> ( <i>FGF23-secreting tumors</i> )	↑↑	Post- Translational Regulation
	X-linked hypophosphatemic rickets	XLH	<i>PHEX</i>	↑	
	Autosomal recessive hypophosphatemic rickets	ARHR1	<i>DMP-1</i>	↑	
	Autosomal recessive hypophosphatemic rickets/ENPP1 Deficiency	ARHR2/ENPP1 def	<i>ENPP1</i>	↑	
	Cutaneous skeletal hypophosphatemia syndrome	CSHS	<i>RAS</i> ( <i>mosaic</i> )	↑	
	FD/McCune-Albright syndrome	FD/MAS	<i>GNAS</i> ( <i>mosaic</i> )	↑	
<b>FGF23 Deficiency</b>	Autosomal dominant hypophosphatemic rickets	ADHR	<i>FGF23</i>	↑	
	Hyperphosphatemic familial tumoral calcinosis	HFTC (1,2,3)	<i>GALNT3; FGF23; Klotho</i>	↓	
	Autoimmune tumoral calcinosis (FGF23 resistance)	ATC	FGF23 Autoantibodies	↑↑	
	Renal Failure	CRF	N/A	↑↑	

# A Brief History of FGF23

first disease of FGF23



1937

Rickets resistant to  
Vitamin D therapy  
(VDRR, Albright)

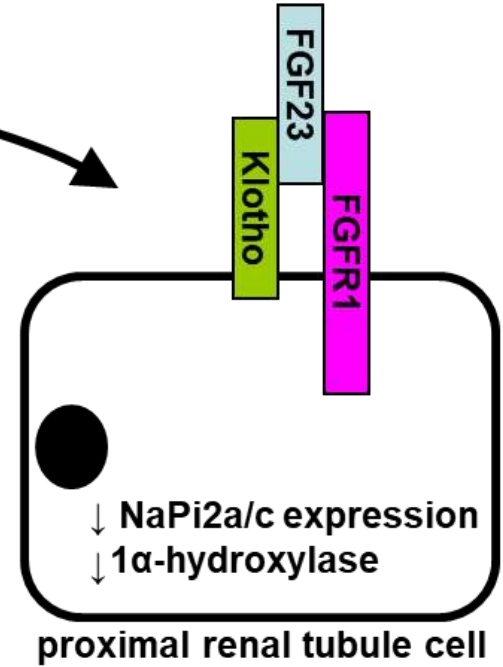


# FGF23 Action and Regulation



regulates renal phosphate and vitamin D metabolism

**FGF23**



↓ serum phosphate  
↓ serum 1,25-vitamin D<sub>3</sub>

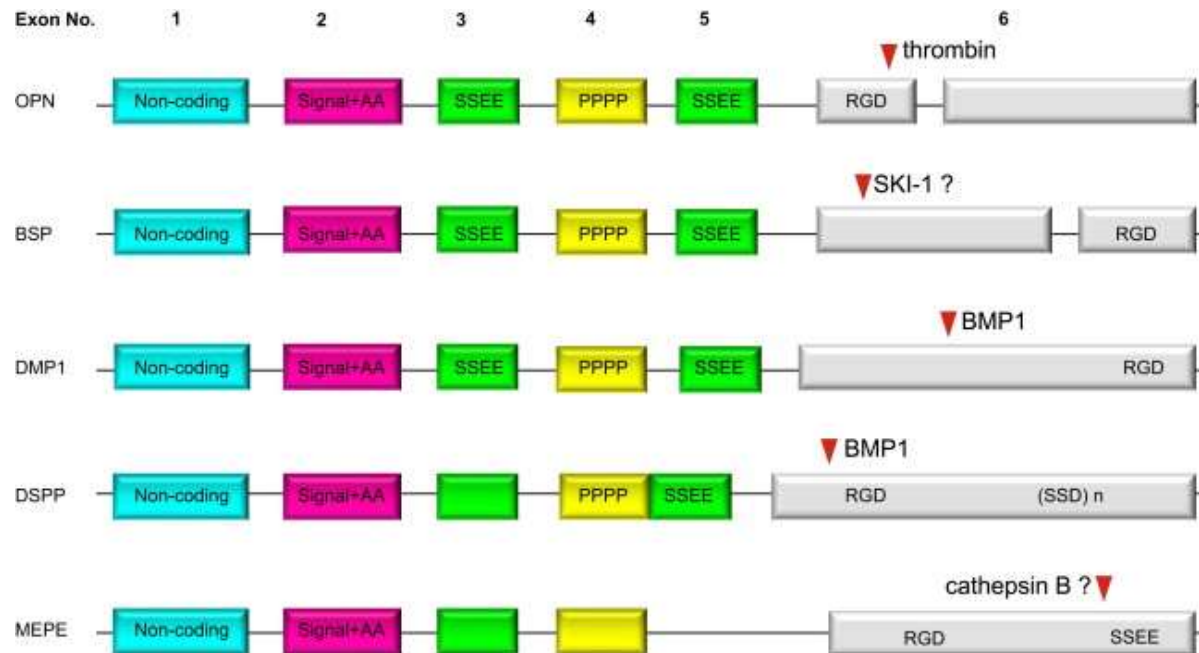
phosphate



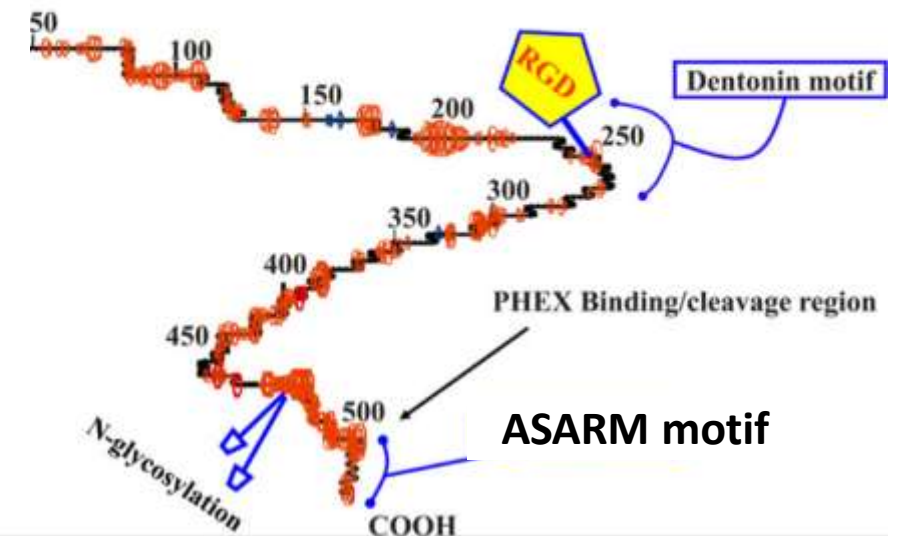
# Sibling Protein ASARM-Mediated Regulation of FGF23 and Mineralization

## SIBLING Genes/Proteins (Larry Fisher, NIDCR)

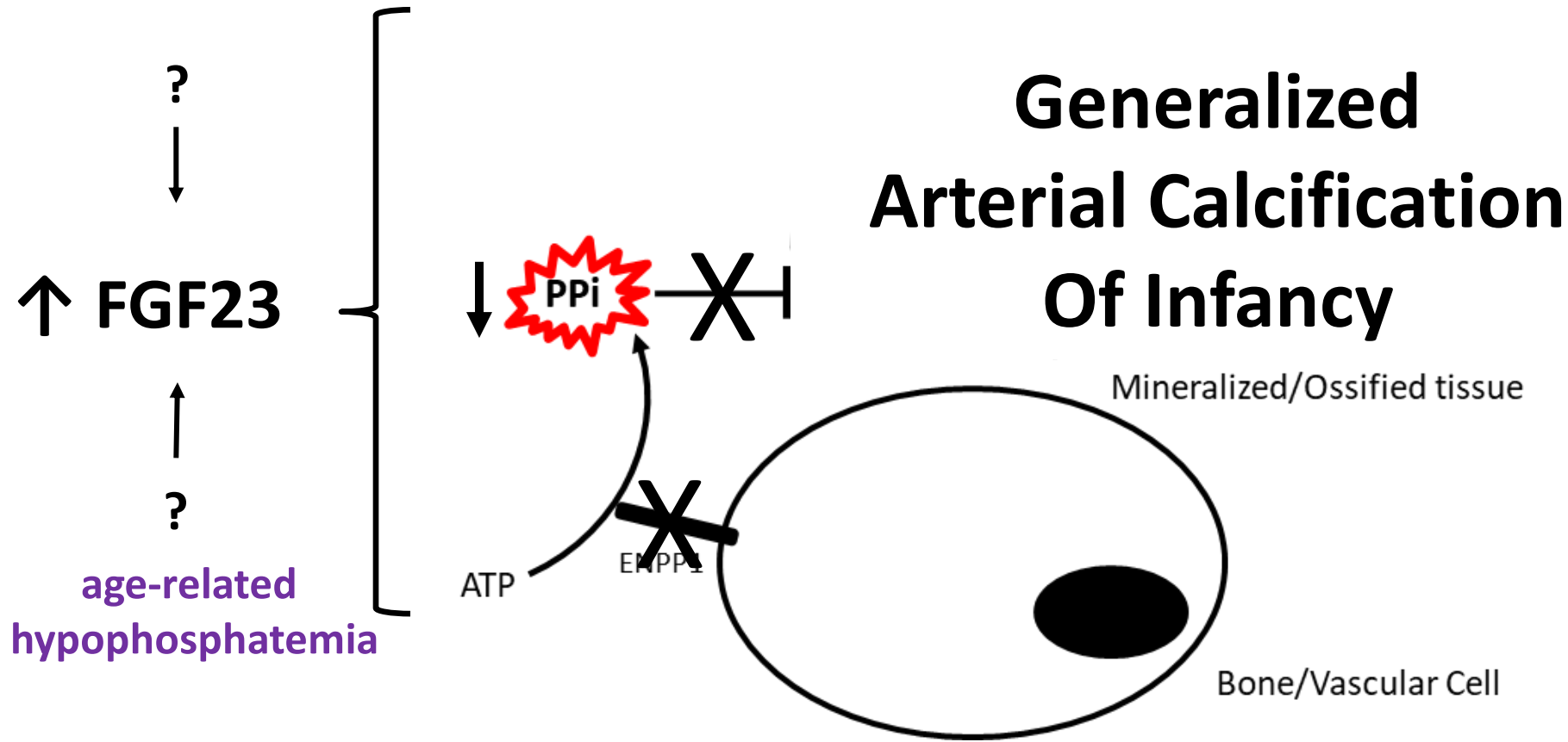
- small integrin-binding ligand, N-linked glycoprotein
- highly expressed in ECM of mineralized tissues
- unifying feature is an Acidic Serine Aspartate Rich (**ASARM**)



## Pathogenic Sibling-derived ASARMs

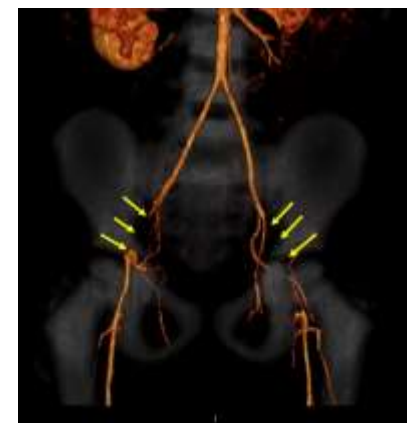
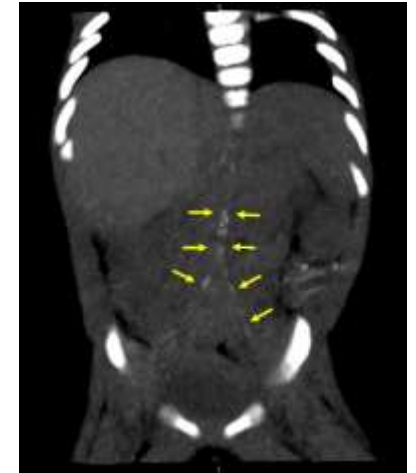


# ENPP1 Mutations Cause ADHR2 (ENPP1 Deficiency Syndrome)



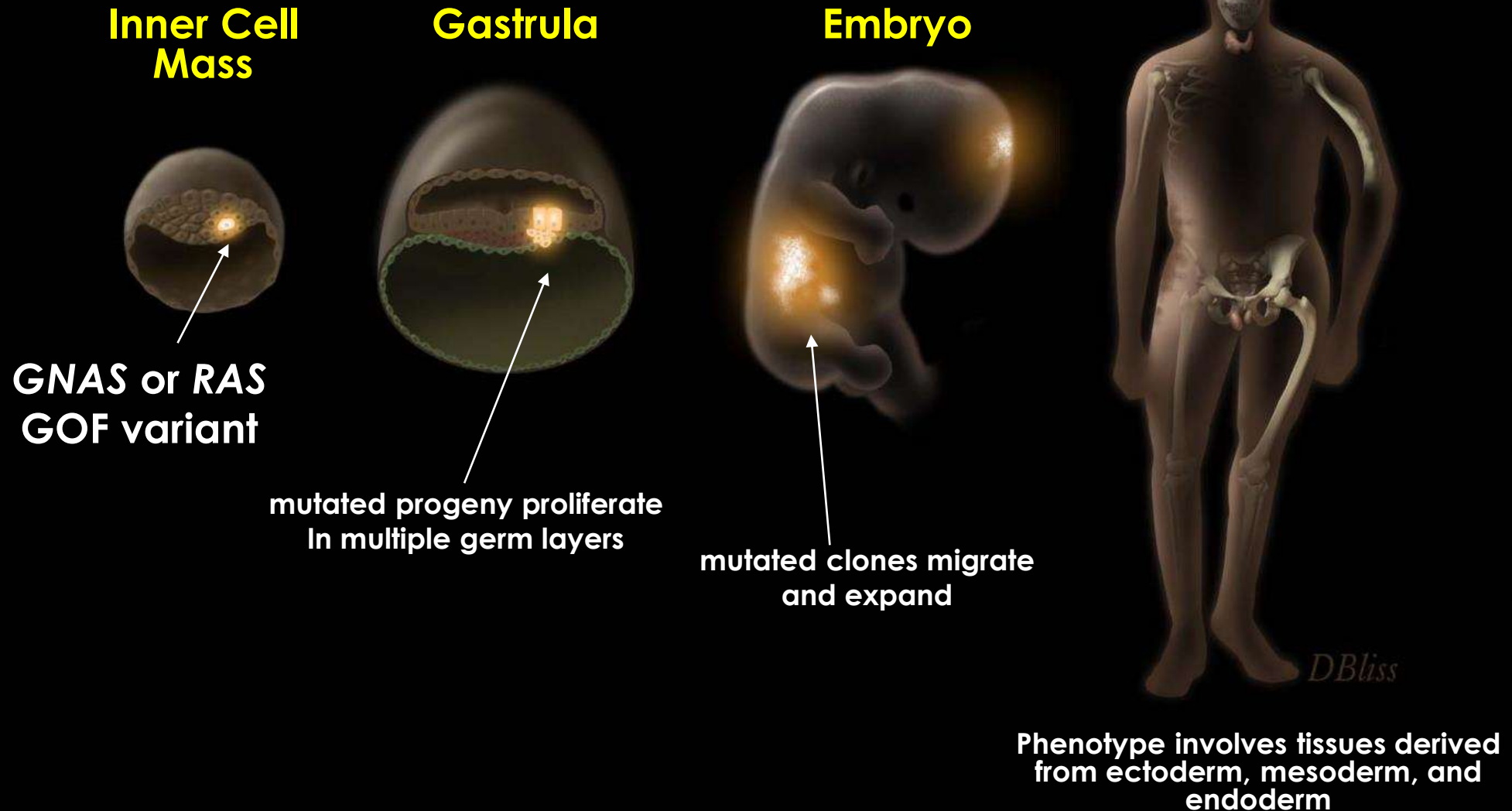
ENPP1 = ectonucleotide pyrophosphatase/phosphodiesterase 1

ENPP1 Replacement  
(Inozyme Pharma)



Carlos Ferreira

# FD/MAS and CSHS Mosaic FGF23 disorders



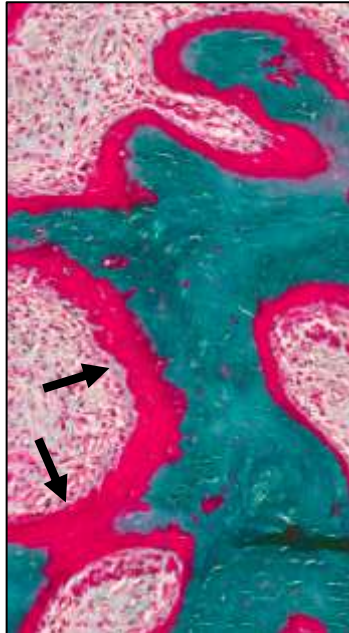
# Bone cells are the source of FGF23 in FD

↑FGF23 in fibrous dysplasia → FD makes FGF23 → Normal bone makes FGF23

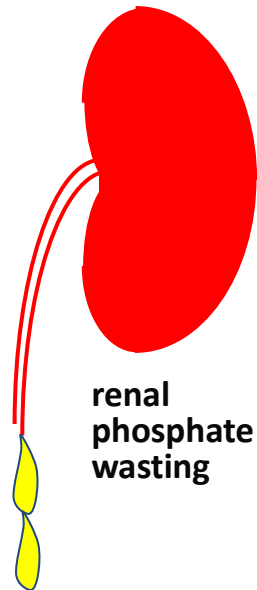
rickets



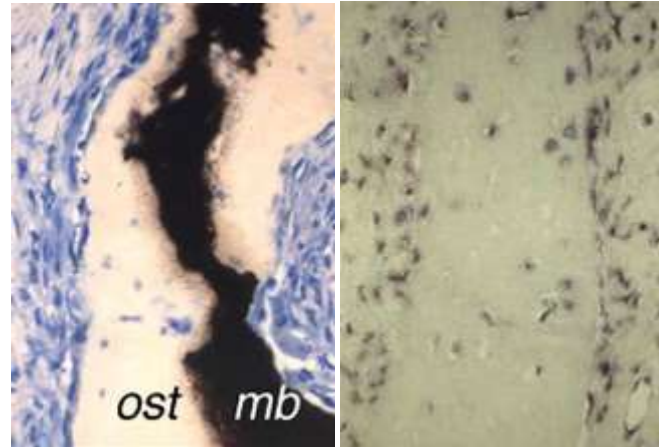
osteomalacia



hypo-phosphatemia

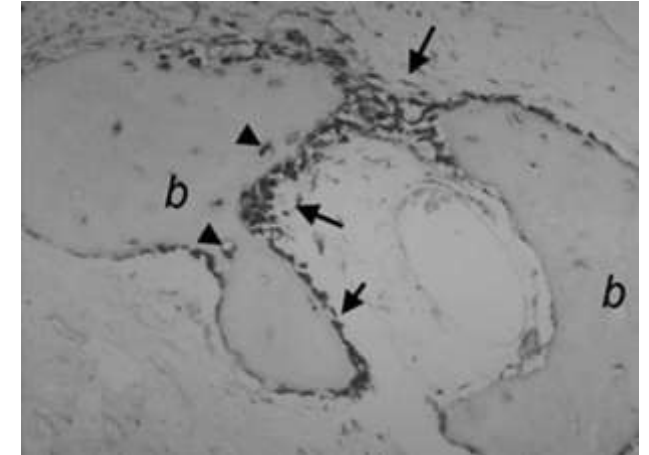


FGF23 *in situ* hybridization



fibrous dysplasia of bone

FGF23 *in situ* hybridization

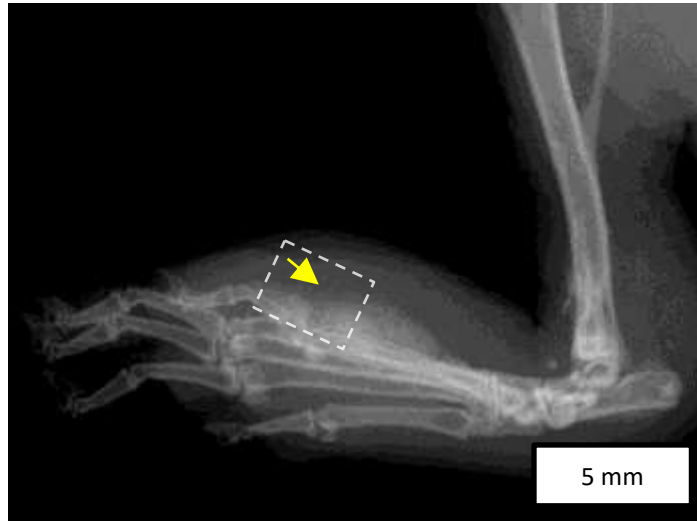


normal bone

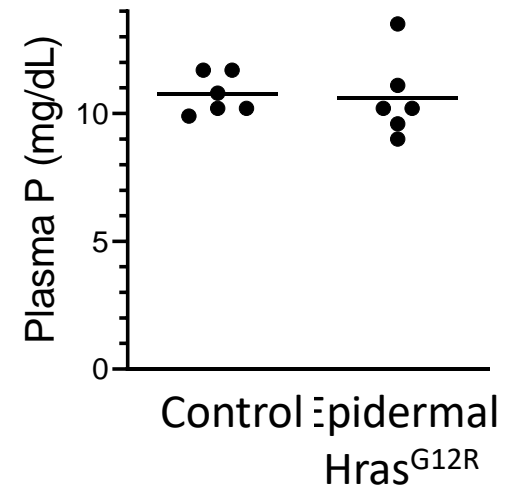
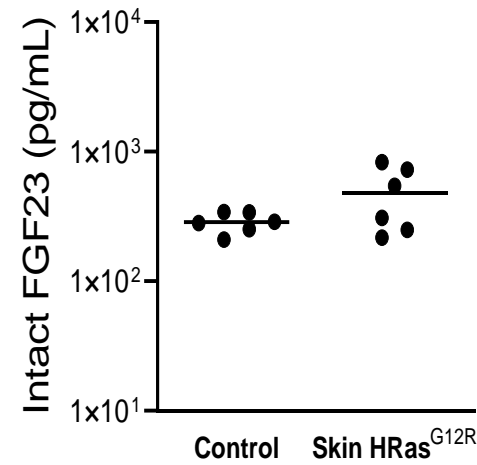
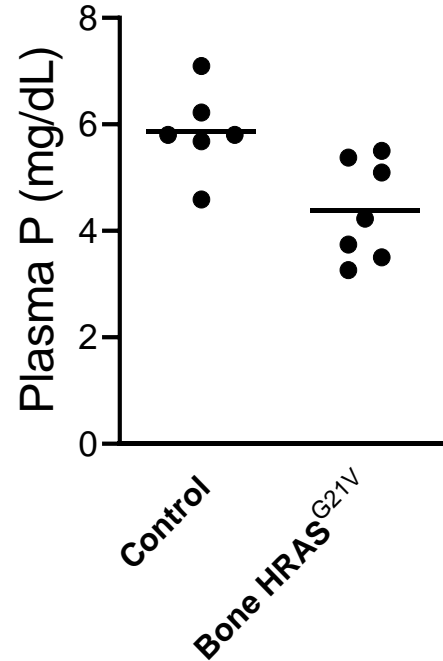
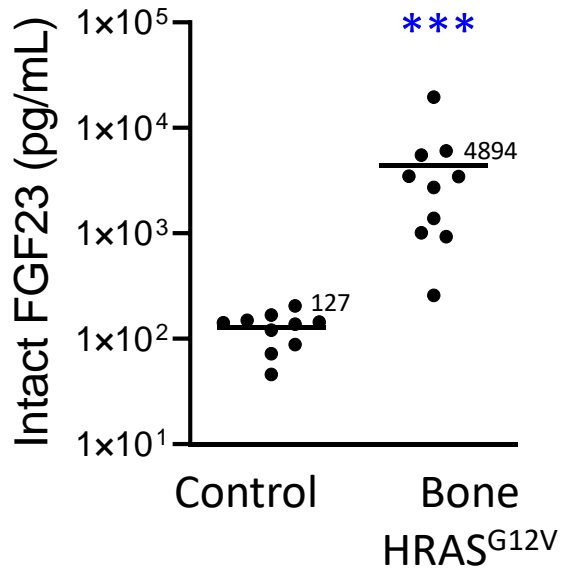
**osteoblasts and osteocytes are the physiological source of FGF23**

# Bone, Not Skin is the Source of FGF23 in CSHS

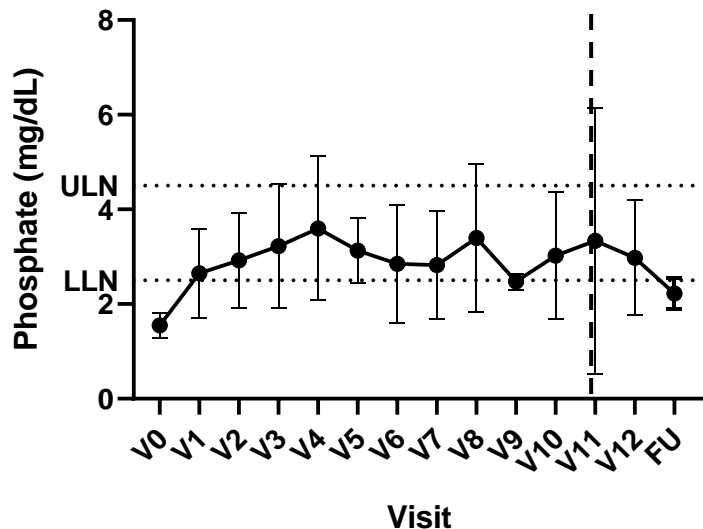
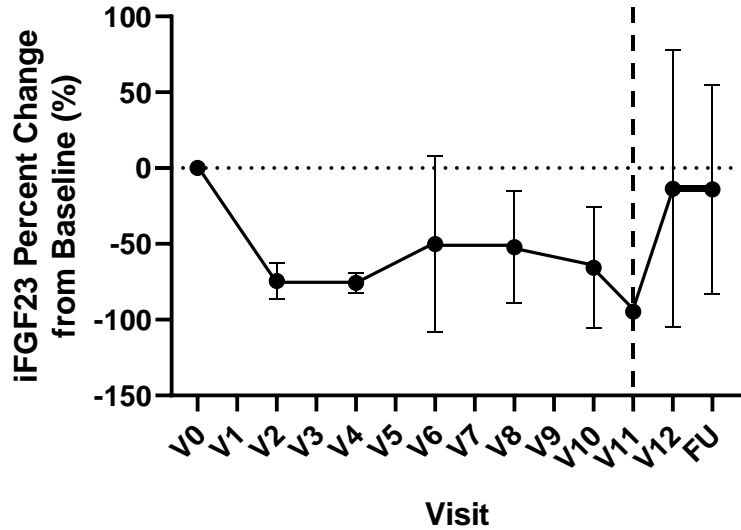
**Bone HRAS<sup>G12V</sup>**



**Skin Hras<sup>G12R</sup>**

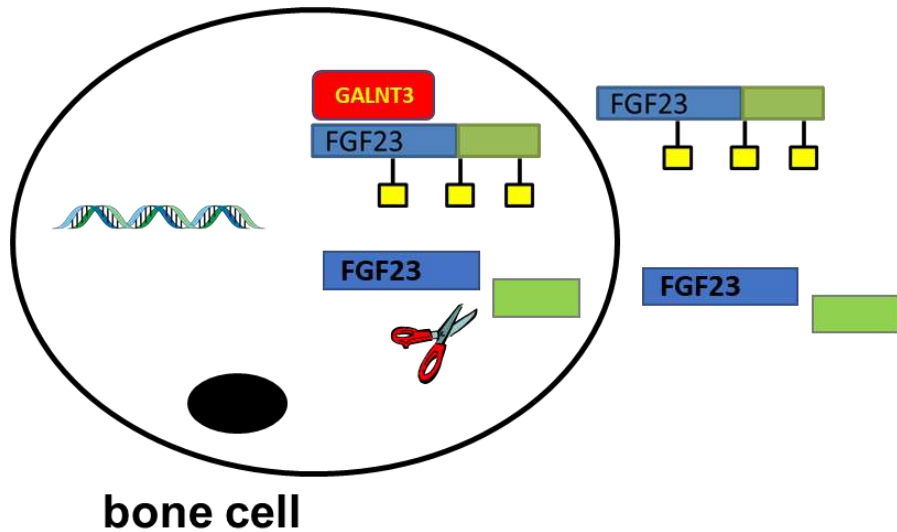


# Infigratinib in Benign TIO



- 1° objective: **persistent** biochemical remission
- 24 weeks treatment infigratinib, n= 4
- Results:
  - FGF23 decreased, phosphate increased
  - **No persistent remission**
  - **Substantial adverse side effects**
  - Study ended early
- Need more specific, less toxic drug!

# Is Posttranslational regulation a regulated process?



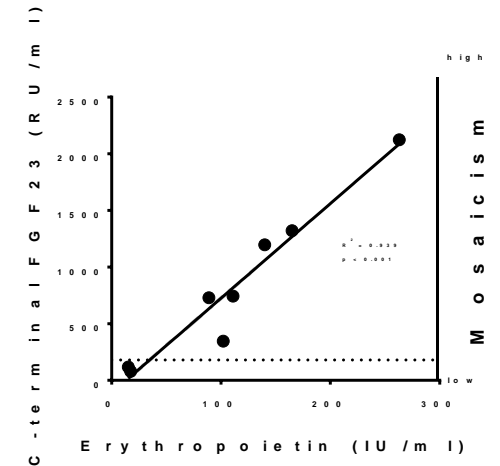
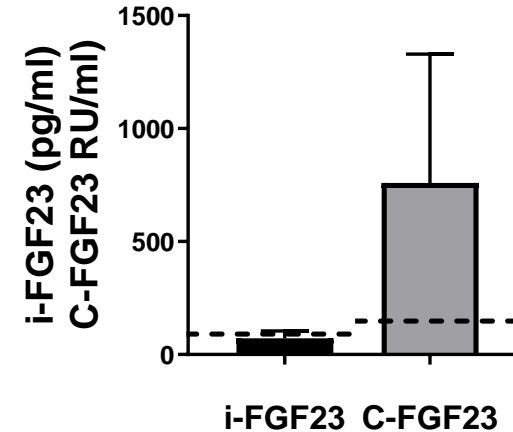
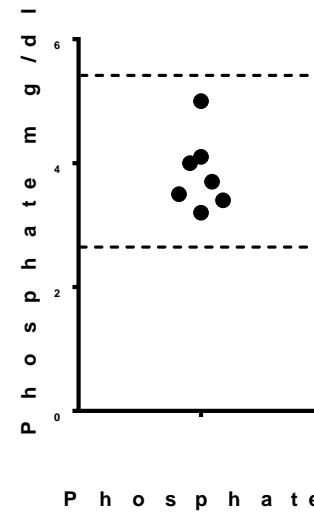
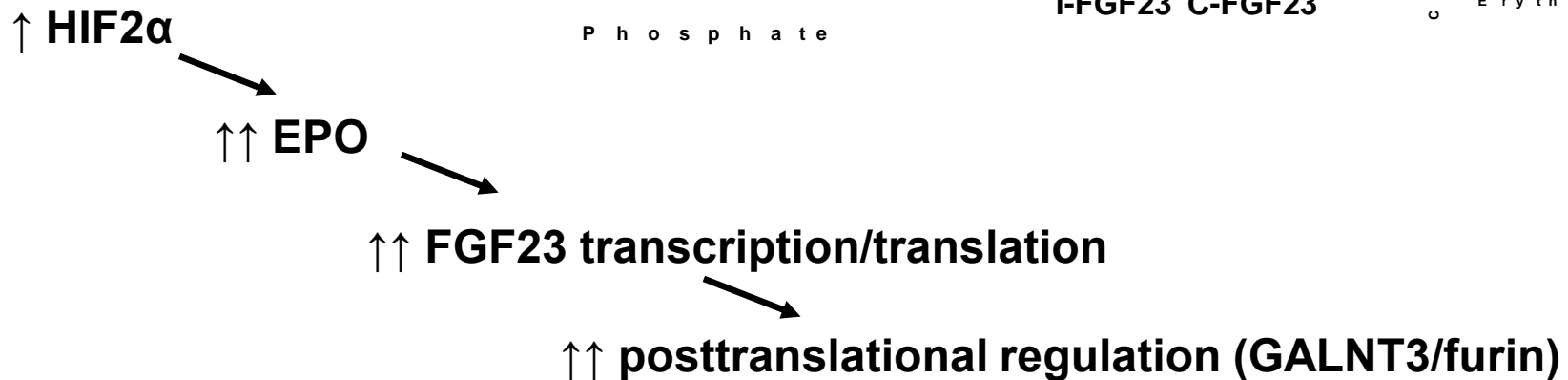
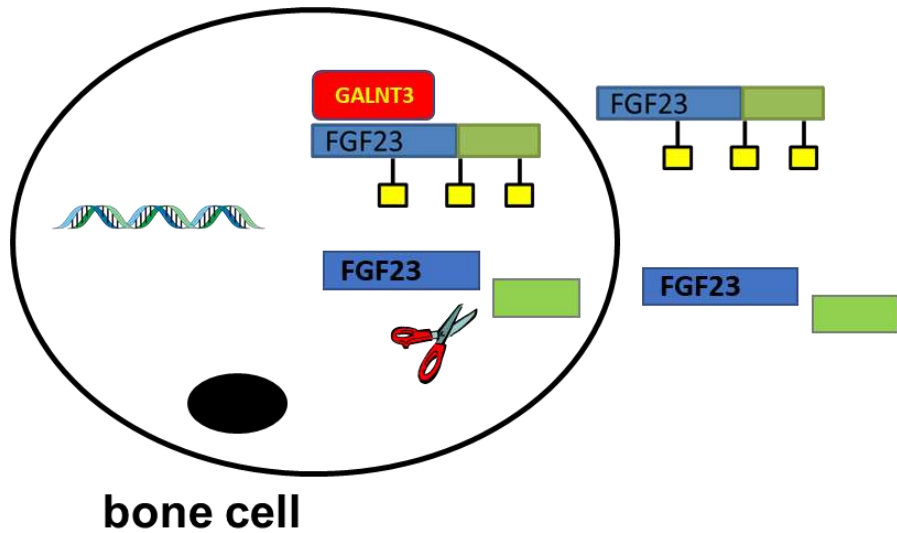
**Two pieces of information suggest yes,  
and that the HIF/Epo/Fe pathway is involved**

- 1. Patients with ADHR1 (FGF23 mutations alter FGF23 glycosylation) only become hypophosphatemic when anemic**
- 2. HIF1 $\alpha$  is activated in tumor-induced osteomalacia**

# Is Posttranslational Regulation a HIF-regulated process?

Paragangliomas due to gain-of-function, somatic mutations in HIF2 $\alpha$ ,  $\uparrow\uparrow$  EPO  $\rightarrow$  polycythemia

Zhuang, NEJM 2012

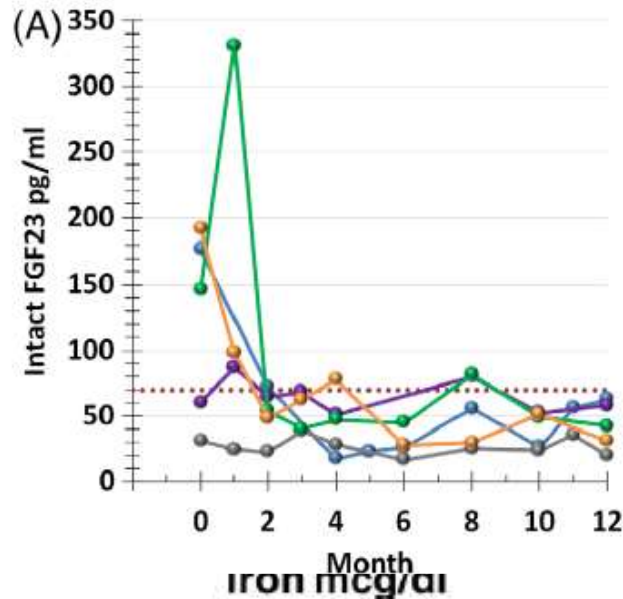


Roszko, JBMR, 2020

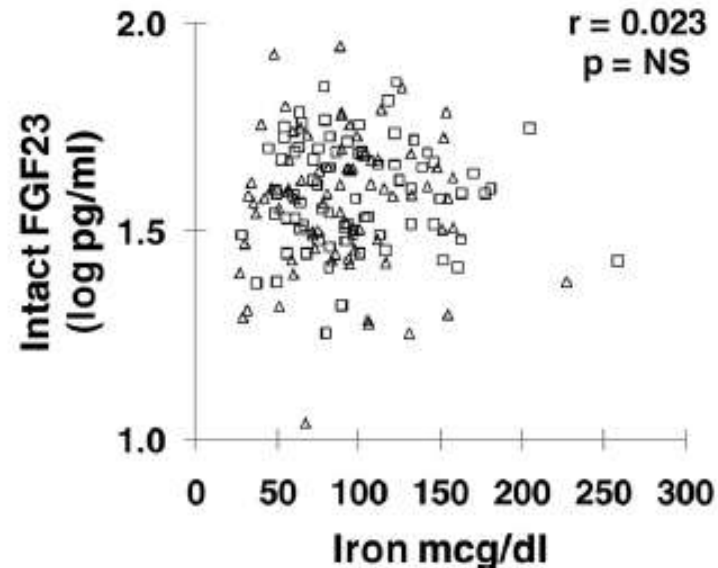


# ADHR (mutations in FGF23): FGF23 Elevation Occurs During Anemia

Fe replacement  
ADHR  
treatment in ADHR1

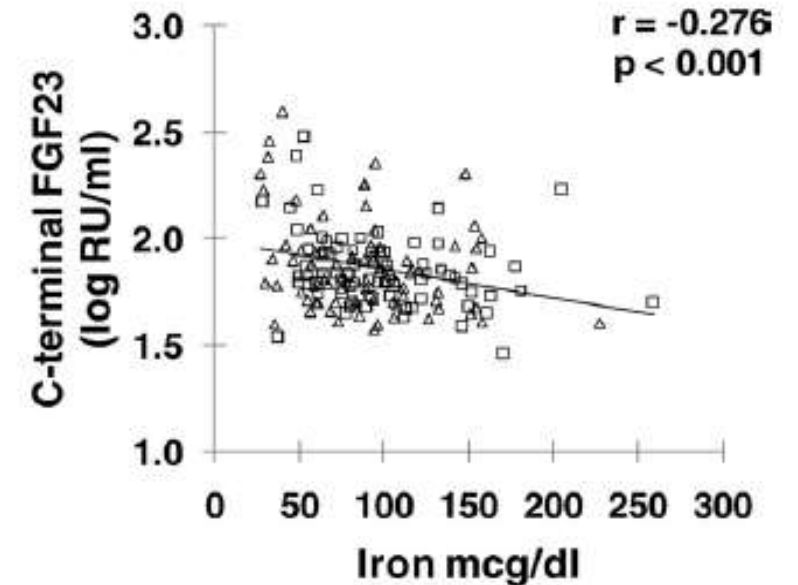


Controls



↑processing in Controls

(FGF23 posttranslational modification  
is a regulated process)

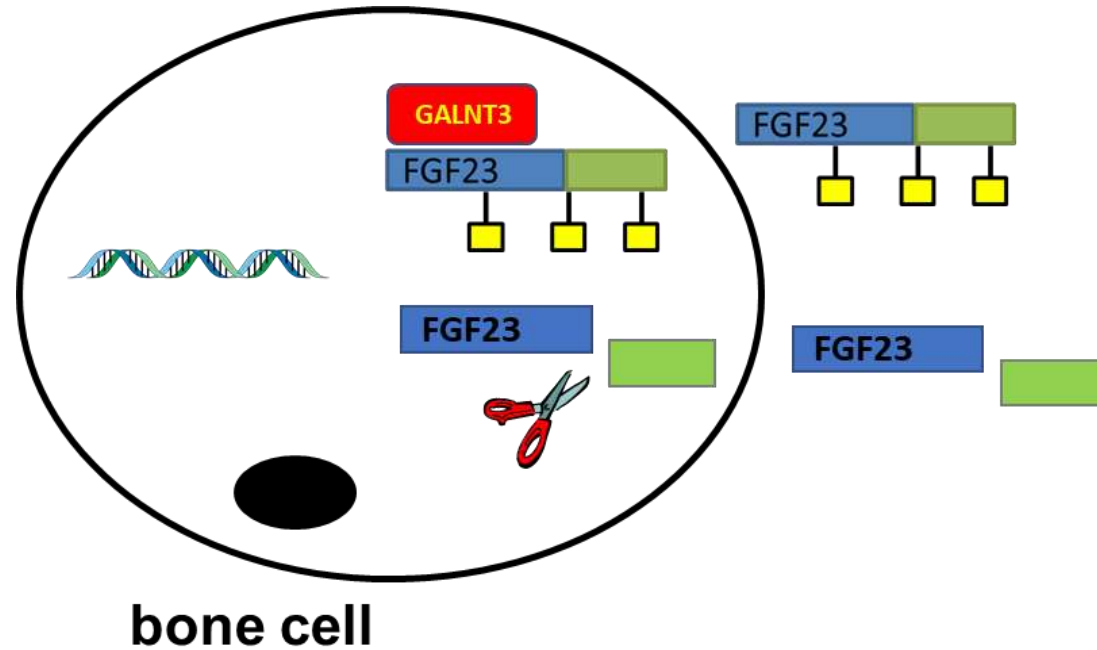


# FGF23 Regulation

Phos
1,25-D
Ca
PTH
<i>GNAS</i>
<i>RAS</i>
<i>PHEX</i>
DMP1
ENPP1
FGFR1
<b>Iron</b>
<b>HIF*</b>
<b>EPO</b>

Transcriptional/  
Translational

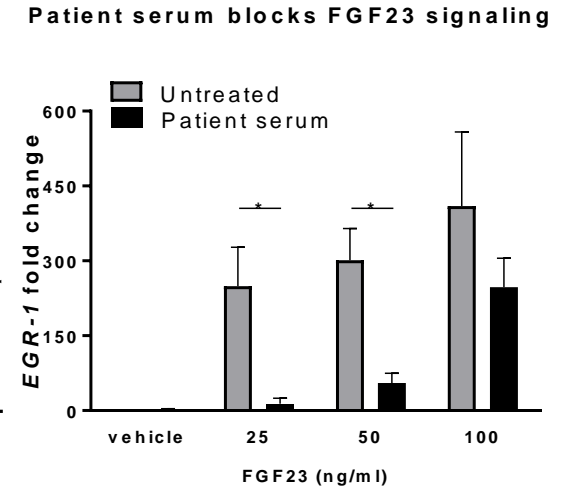
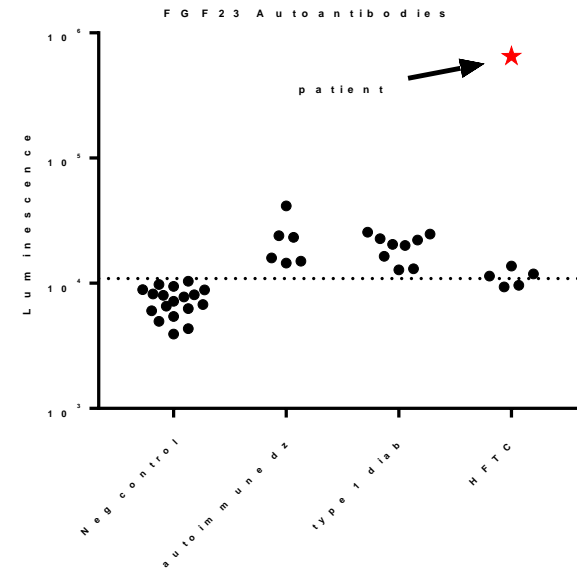
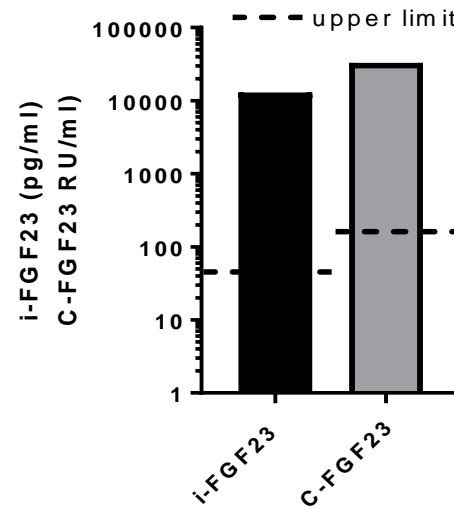
**Posttranslational**



# Novel Form of Tumoral Calcinosis

# FGF23 Resistance

# Autoimmune Tumoral Calcinosis

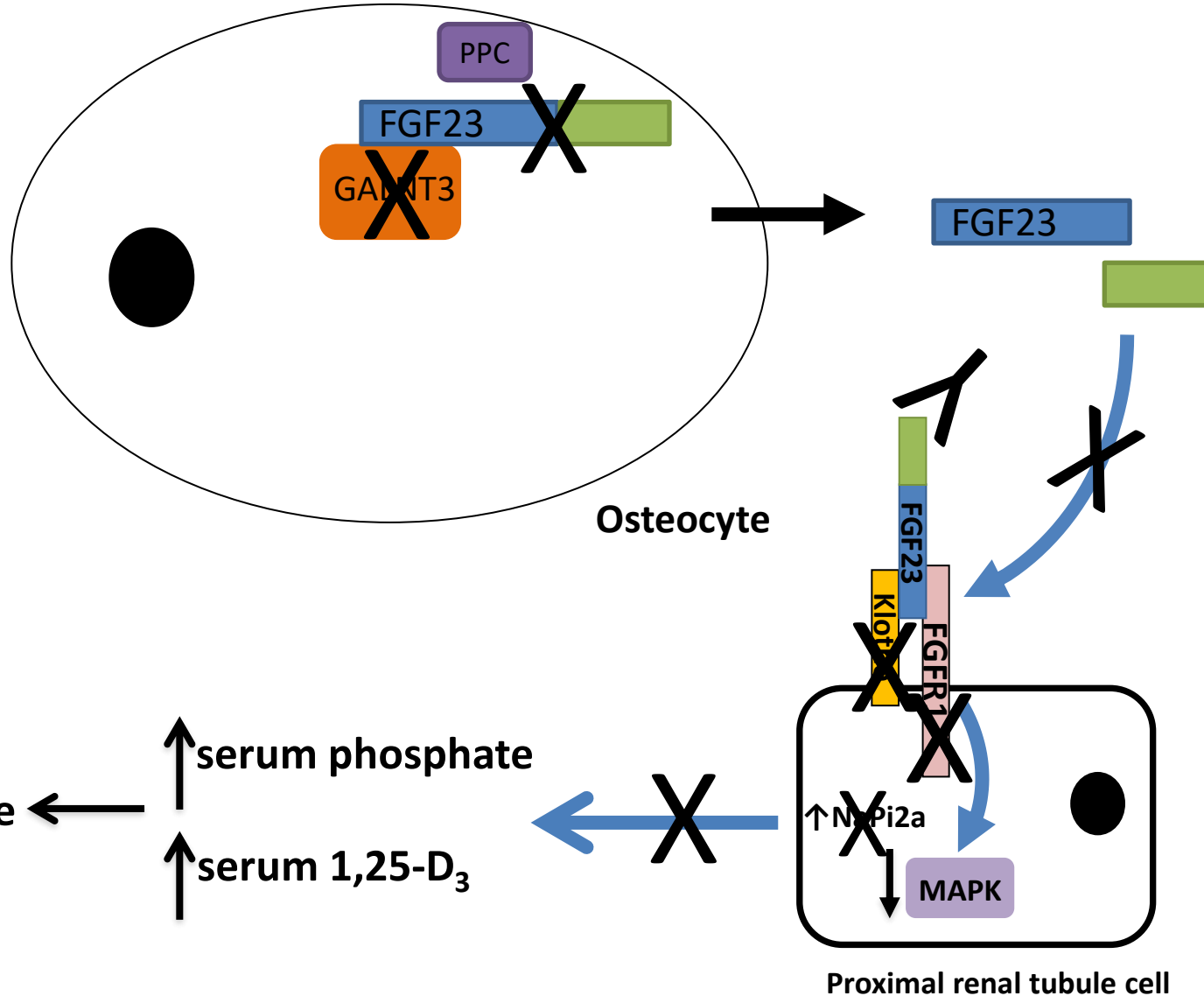


- 7-year-old boy  $\uparrow$ Pi and  $\uparrow$ Ca X Pi; c/w FTC
- WES; mutations in *KL*, *GALNT3*, *FGF23*, *FGFRs* excluded

- Developed type 1 diabetes under observation

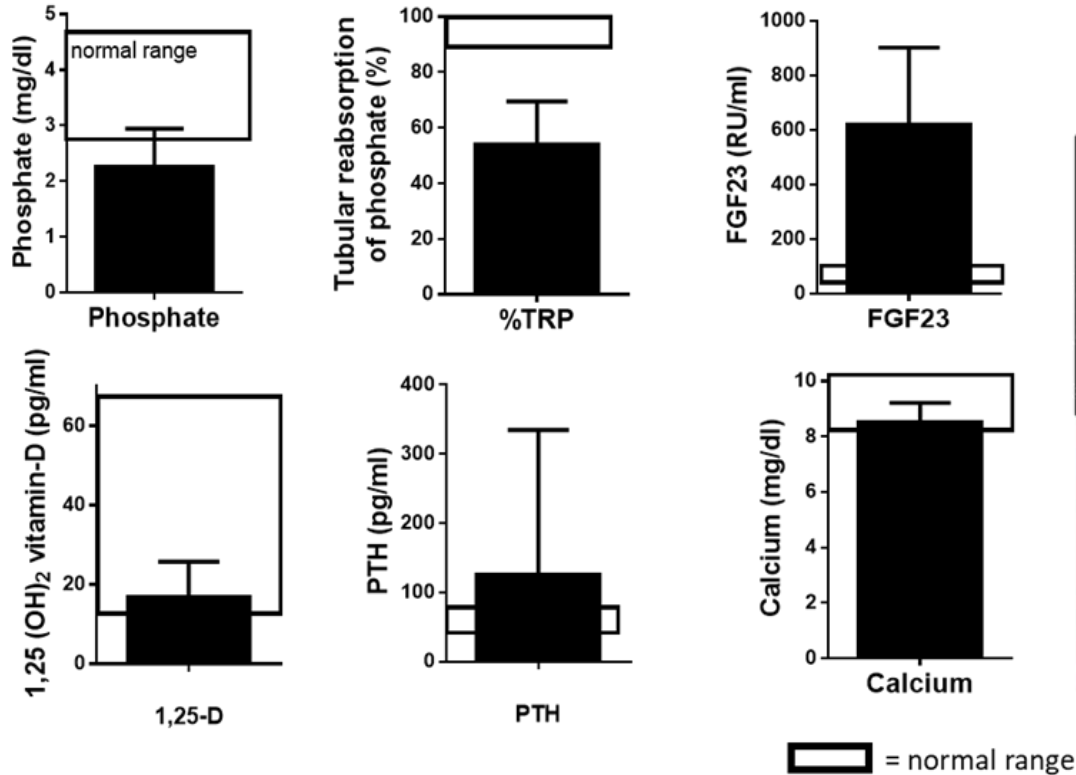
# FGF23 ~~Action~~

# Tumoral Calcinosi

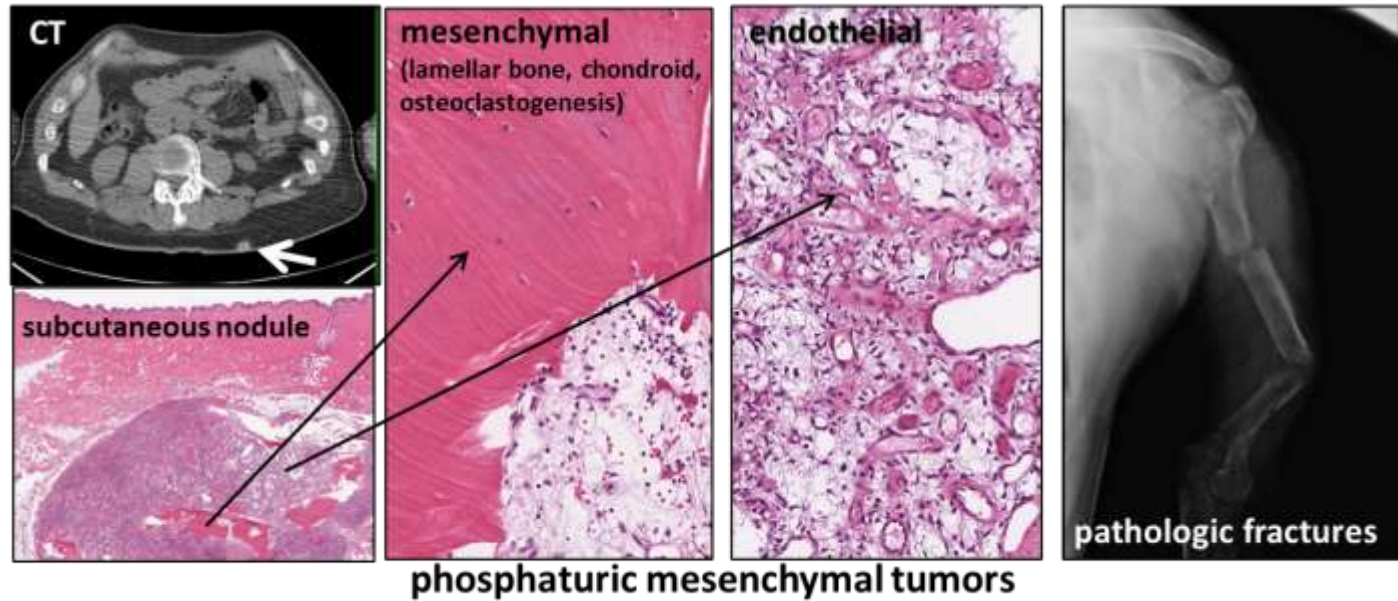


- Topaz, Nat Gen, 2004
- Benet-Pages Hum Mol Gen, 2005
- Ichikawa, JCI, 2007, n=1
- Prasad, Am J Med Gen, 2016, n=1
- Roberts, JCI, 2018, n=1

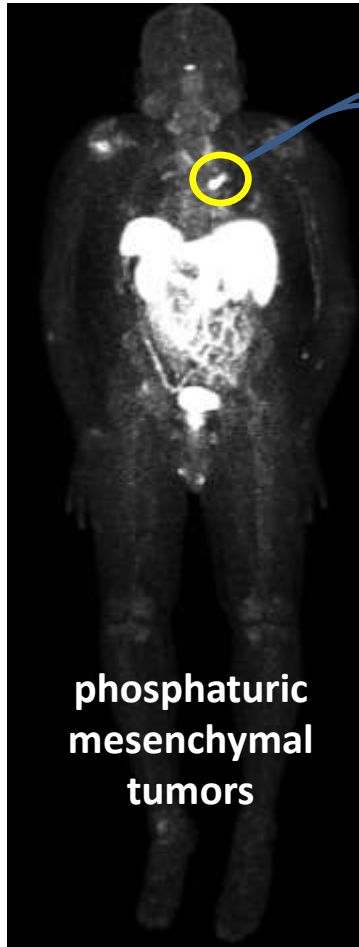
# FGF23 excess - Tumor-induced osteomalacia



- FGF23-secreting mesenchymal tumors
- osteomalacia, pain, fractures
- small, difficult to locate
- removal is curative



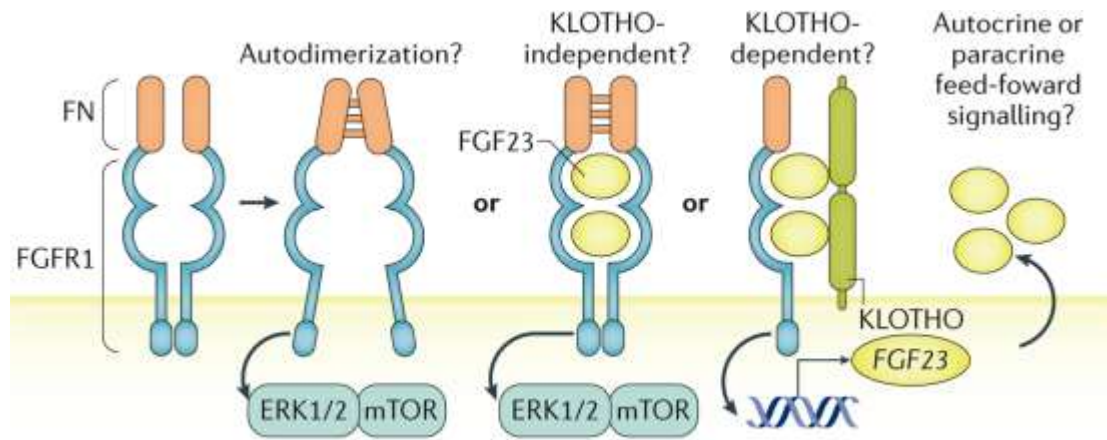
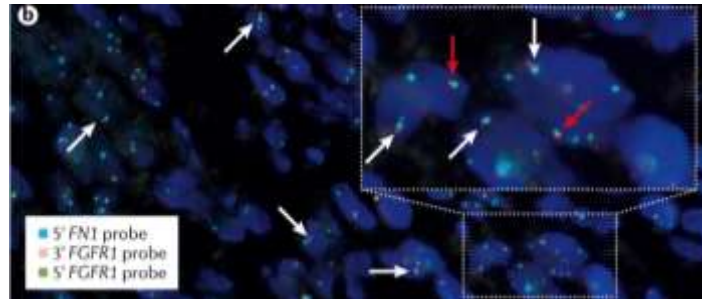
# Tumor-Induced Osteomalacia



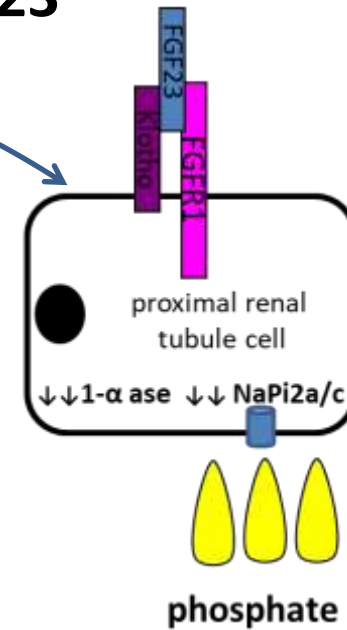
phosphaturic mesenchymal tumors

68Ga DOTA PET/CT

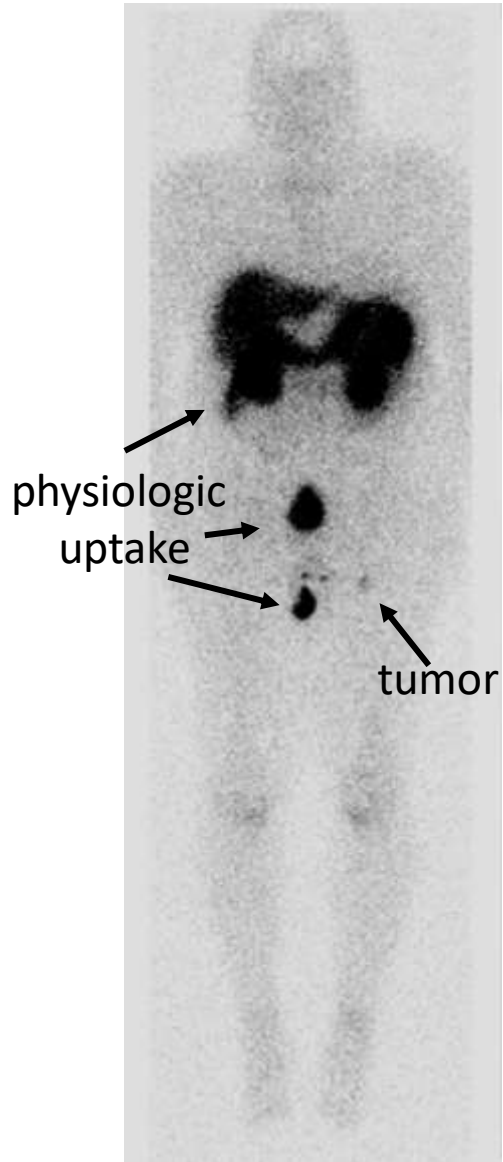
Fibronectin 1/FGFR1 translocations



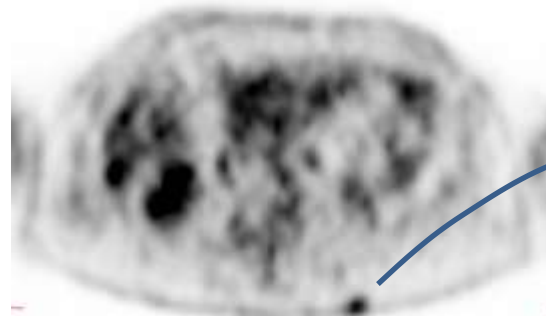
↑↑FGF23



# Tumor-Induced Osteomalacia

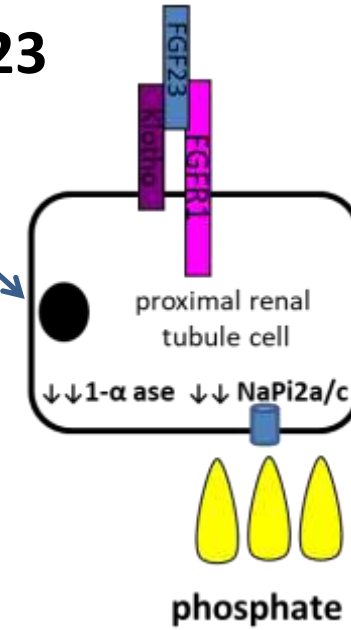


octreoscan



PET/CT scan

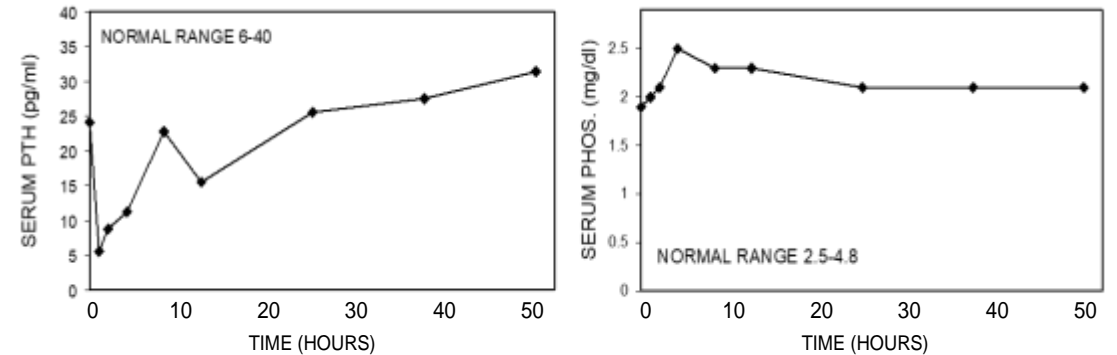
↑↑FGF23



# Cinacalcet Adjuvant for Treatment of TIO\*

- FGF23 action is PTH-dependent
- Adjuvant to calcitriol + phosphate
- No effect on FGF23 levels
- **Cause/worsen hypercalciuria**

Cinacalcet decreases PTH, increases phosphate



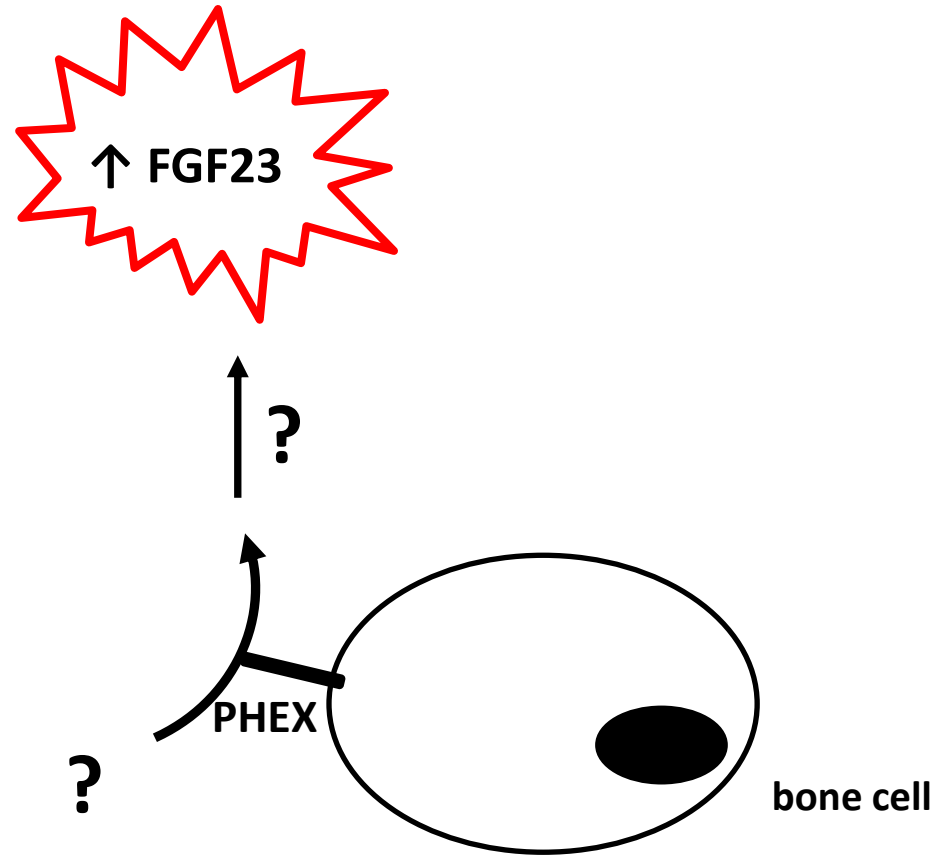
Cinacalcet heals osteomalacia



\*off-label treatment

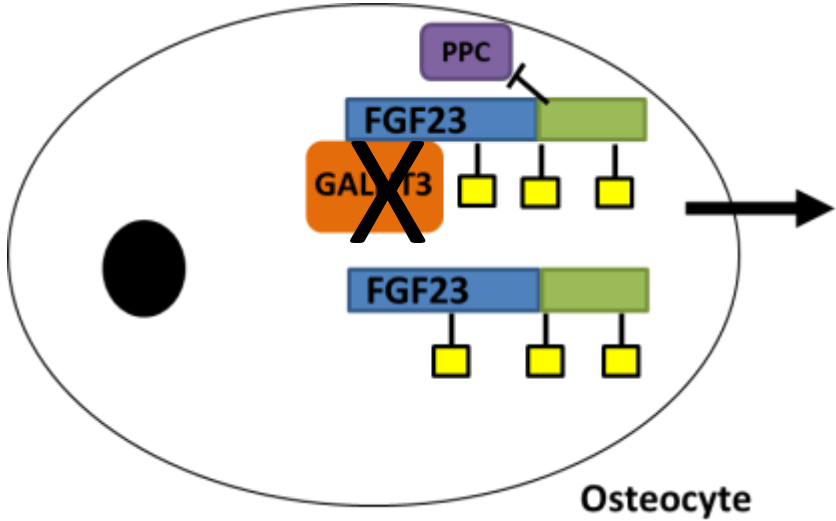


# Mechanism of X-linked Hypophosphatemia

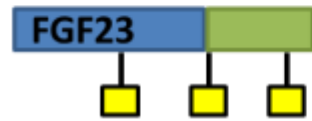


**PHEX = Phosphate-regulating neutral endopeptidase, X-linked**

# FGF23 Physiology



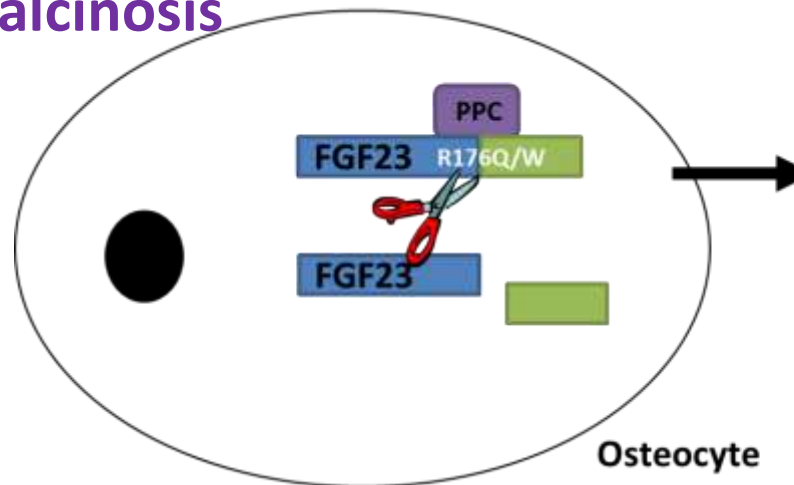
Formation of active intact FGF23 (iFGF23)



transcription and translation

posttranscription regulation

## Hyperphosphatemic Tumoral Calcinosis



Formation of inactive or C-terminal FGF23 (cFGF23)

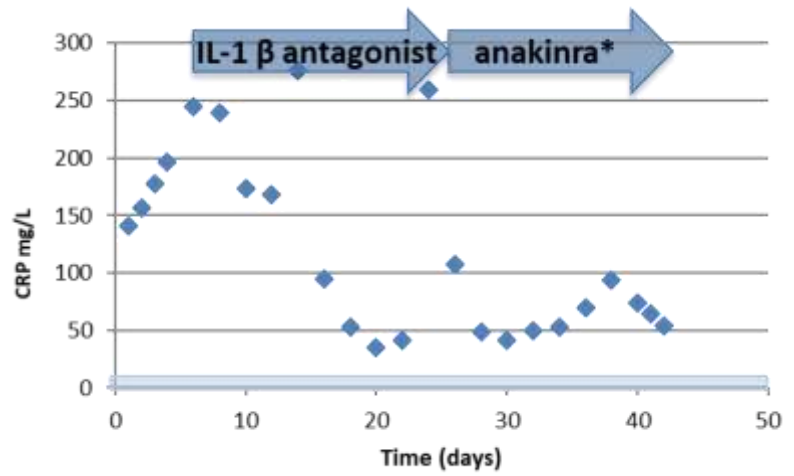
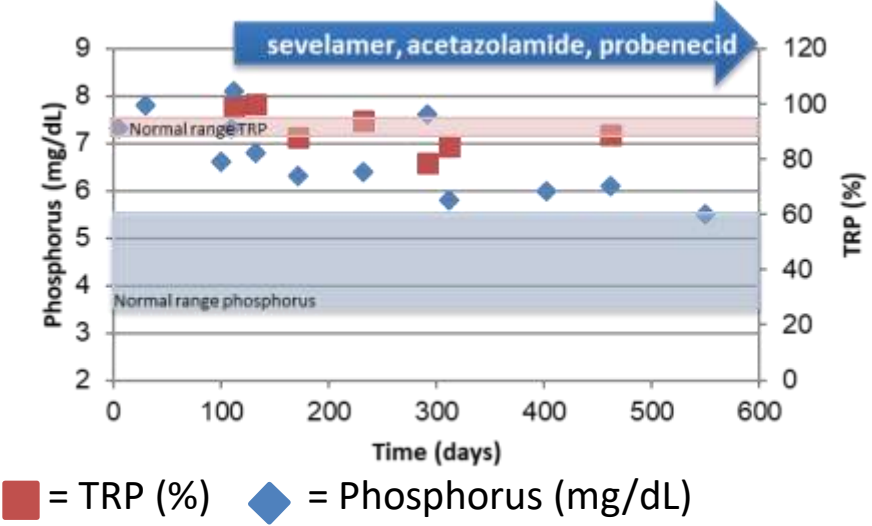


GALNT3 = polypeptide N-acetylgalactosaminyltransferase 3

☐ = glycosylation

PPC = proprotein convertase (furin)

# Effective Treatment Responses



\*IL-1R mAb

